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October | November 2024



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Alicante's Hottest Summer in Decades: Heat-Related Deaths Surge

Alicante Province has faced a marked rise in heat-related deaths this summer. According to the State Meteorological Agency, 2024 ranks as the third hottest summer in the last 70 years, with August proving the deadliest month, seeing 101 deaths linked to extreme heat.

The elderly, especially those over 65, were the most vulnerable. The Daily Mortality Monitoring System (MoMo) estimated these deaths based on temperature data, population statistics, and civil registry records.

Although these figures provide insight into excess mortality, they remain estimates. This summer has seen unusually warm nights, with an increased number of tropical nights compared to previous years.



Serial Dine-and-Dasher Caught After Faking Heart Attacks to Avoid Paying Bills

A serial dine-and-dasher, known for faking heart attacks to avoid paying his bill, has finally been caught.

He often posed as a Russian tourist, and would stage dramatic scenes, clutching his chest and collapsing to the floor. He would order lavish meals, including Russian salad, whisky, and lobster, then refuse to pay.

His scam caught up with him at [El Buen Comer](#) restaurant when the manager, Moisés Doménech, recognised the act.

After 20 similar incidents, the Dine&Dasher has now been jailed for 42 days, though each bill he skipped was relatively small, ranging from 13€ to 60€.

A Guide to Spanish Coffee ...

Types of Coffee You Can Enjoy in Spain

1.Café Solo – This is Spain's take on a classic espresso—small, strong, and bursting with flavour. It's perfect for those who enjoy their coffee intense and straight to the point. It's a favourite for people on the go, giving a quick energy boost.

2.Café con Leche – A true staple in Spanish coffee culture. It's a perfect balance of strong espresso and creamy hot milk, making it the go-to for breakfast or any time of day. The smoothness of the milk mellows the coffee, offering a deliciously comforting experience.

3.Café Cortado – If you like your coffee strong but with just a touch of milk, the cortado is for you. It's a rich espresso with just a dash of milk to "cut" the bitterness, leaving you with a robust yet soft flavour. Ideal for those who like balance in every sip.

4.Café Americano – For those who prefer a longer drink, the Americano offers a lighter coffee experience. It's an espresso diluted with hot water, giving you a more relaxed way to enjoy coffee while lingering over conversation or people-watching.

5.Café Bombón – Sweet tooth, rejoice! The café bombón is an indulgent treat made by mixing espresso with condensed milk. It's rich, sweet, and utterly satisfying—like dessert in a cup.

6.Café Carajillo – For something a bit stronger, try a carajillo. This coffee is spiked with a dash of alcohol, usually brandy, rum, or whisky. It's a bold drink often enjoyed after meals as a digestif, blending warmth and flavour.

7.Café con Hielo – When the sun's out and the heat is on, café con hielo is the perfect refreshment. It's a simple espresso served with ice—just pour your coffee over the ice, and enjoy a chilled version of your favourite brew.

8.Leche Manchada – For those who prefer a much milder coffee, this drink is mostly hot milk with just a hint of coffee. It's perfect for when you want the coffee aroma without the intensity.

9.Café Descafeinado – Spain doesn't forget about decaf lovers! You can enjoy a café descafeinado in espresso form or with milk, perfect for those avoiding caffeine but still craving the rich coffee flavour.

10.Café Doble – If one shot isn't enough, a café doble (double espresso) will give you the extra jolt you need. It's twice the caffeine and twice the flavour, making it the perfect pick-me-up when you need a real boost.



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Beautiful Townhouse...



Preciosa casa adosada...

3 Bedrooms | 3 Bathrooms (1 Ensuite) | 1 Guest Bathroom | Large Lounge Area | Fully Fitted Modern Kitchen | Large Covered Patio | Triplex Windows & Security | Enclosed Garden Leads to Pool Area | Off Street Parking



229,900 Euro | Ref: MLDVDA

This particular townhouse features three bedrooms, including a master bedroom with a private ensuite, a family bathroom, and an additional guest bathroom on the ground floor, 3 bathrooms in total.

The kitchen boasts an ultra-modern design complete with the latest fixtures. There is also a fully equipped utility room available.

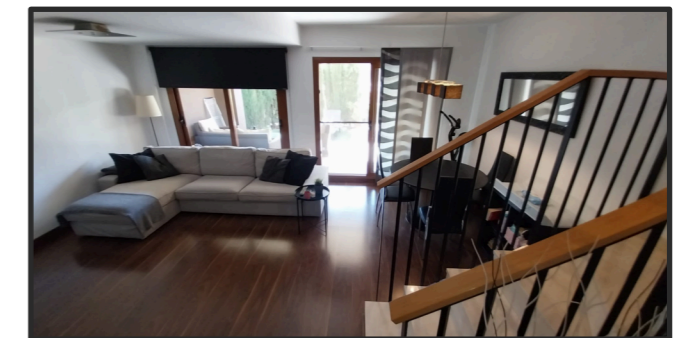
The property offers a spacious lounge and dining area that leads to a large patio and garden, ideal for outdoor dining and relaxation.

It comes partly furnished, equipped with triple-glazed windows for ePRICE

security and insulation. The décor is tasteful and contemporary, eliminating the need for further modernisation. The floor is laminated wood which is not only beautiful but easy to keep clean.

Additional conveniences include off-street parking suitable for a vehicle and proximity to a large communal swimming pool and expansive gardens from the back tree bordered garden.

The home is situated near all the amenities of Alenda Golf, including a state-of-the-art gym, cycling classes, a tapas bar with panoramic views, a paddle tennis court, and a comprehensive Dicost supermarket.

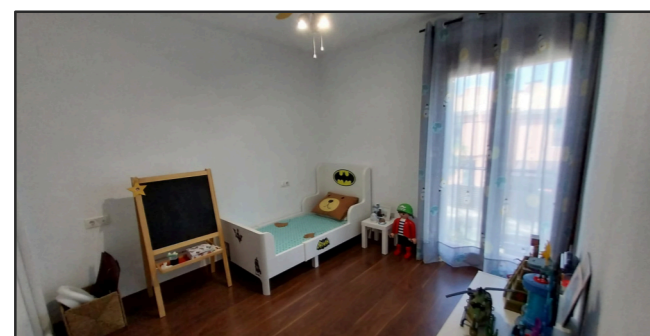
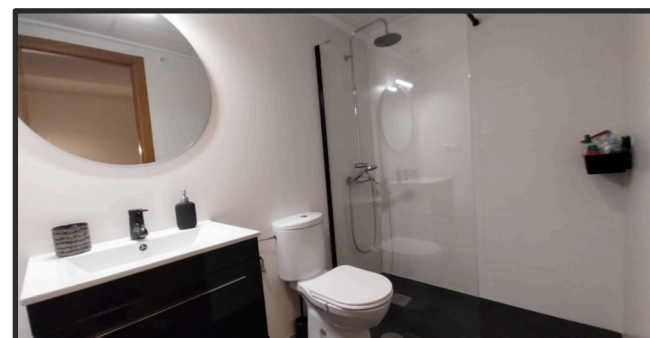


Esta casa adosada en particular cuenta con tres dormitorios, incluyendo un dormitorio principal con un baño privado, un baño familiar y un baño adicional para invitados en la planta baja, en total 3 baños. La cocina presume de un diseño ultra-moderno con los últimos accesorios.

También hay disponible un cuarto de servicio completamente equipado. La propiedad ofrece un amplio salón y área de comedor que conduce a un gran patio y jardín, ideal para comidas al aire libre y relajación. Viene parcialmente amueblada, equipada con ventanas de triple acristalamiento para una mayor seguridad y aislamiento.

La decoración es de buen gusto y contemporánea, eliminando la necesidad de más modernización. El suelo es de madera laminada que no solo es hermoso, sino también fácil de mantener limpio.

Las comodidades adicionales incluyen estacionamiento fuera de la calle adecuado para un vehículo y proximidad a una gran piscina comunitaria y amplios jardines desde el jardín trasero bordeado de árboles. La casa está situada cerca de todas las comodidades de Alenda Golf, incluyendo un gimnasio de última generación, clases de ciclismo, un bar de tapas con vistas panorámicas, una pista de pádel y un supermercado Dicost integral.



Golf School ...



The Alenda Golf National School has an excellent practice area with 25 driving range stations and areas where you can practice all levels of short and medium game.

There is a large putting area where you can practice chipping and putting, There is also a 9 hole practise golf course with holes across the lake which can be challenging

It has an audiovisual room equipped with the very latest technology (computer swing analysis), where the theory classes are held.

All our teachers are qualified and endorsed by the Royal Spanish Golf Federation.

Alenda Golf offers a range of courses for individuals and groups, with beginners' and advanced classes to meet our students' requirements.

Tel: +34 965 620 521 Email: cadymaster@alendagolf.com

Classes	Members	Non-Members
1 Person 1 Hour	35€	40€
2 Persons 1 Hour	47.50€	60€
10 Classess / 1 Person / 1 hour	315€	360€
10 Classes / 2 Persons / 1 hour	427.50€	540e

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Clients Comments ...

(Translated by Google)

Henry & Dee Huneberg

Desde nuestra primera consulta sobre la propiedad en Alenda Golf Estate, mostrándonos Elche, acompañándonos al banco y a la cita final en el Notario, ¡Gloria nos ha asesorado y apoyado en cada paso del camino! ¡Ha ido mucho más allá de su deber y su profesionalismo y eficiencia nos han dejado impresionados!

Además, lo que realmente apreciamos fue el conocimiento de Gloria sobre la zona, su atención al detalle y su evidente pasión por lo que hace. ¡Tratar con Gloria ha sido un verdadero placer, todo el proceso de compra ha transcurrido increíblemente bien y su paciencia con nuestras muchas preguntas es simplemente notable!

Simplemente no podríamos haberlo hecho sin Gloria y la recomendamos encarecidamente. ¡Nuestro sincero agradecimiento, Gloria!



From our initial enquiry regarding property at Alenda Golf Estate, to showing us around Elche, to accompanying us to the bank & final appointment at the Notary, Gloria has advised & supported us every step of they way ! She has gone way beyond her call of duty & her professionalism & efficiency has blown us away !

Also, what we very much appreciated was Gloria's knowledge of the area, her attention to detail & her obvious passion for what she does ! Gloria's been an absolute pleasure to deal with, the whole buying process has gone incredibly smoothly & her patience with our many questions is short of remarkable !

We simply couldn't have done it without Gloria & highly recommend her ! Our sincere thanks Gloria !

MAGNO International School

an Orbital Education School



MAGNO SWIMMING CLUB

We are excited to announce that the **Magno International School Swimming Club** is officially opening its doors on **October 1st!** Whether you're an adult looking to refine your technique or a parent seeking top-tier swimming lessons for your child, our club is designed to cater to swimmers of 6 years old onwards and skill levels. Led by our highly experienced club coordinator, **Rafa Aledo**, we offer an exceptional swimming experience that combines fun, skill development, and fitness in a state-of-the-art facility.

At Magno International School, we believe in providing the best learning environment for our swimmers. Our **heated pool** with a **telescopic cover** ensures a comfortable and safe space to swim year-round, regardless of the weather. We have various timetables: **Tuesdays and Thursdays from 7am to 9am or in the afternoons from 4.30pm to 5.30pm or 6.30pm to 7pm.**

Our swimming club is led by Rafa Aledo, a seasoned swimming coach with over 30 years of experience. Rafa has taught swimmers of all ages, from young beginners

just learning to feel comfortable in the water, to advanced athletes preparing for competition. His expertise in Total Immersion, an internationally acclaimed swimming technique, ensures that our swimmers learn not only to swim but to glide effortlessly through the water with efficiency and grace.

Rafa's passion for swimming extends beyond just the pool. He's committed to helping each of our members develop a lifelong love for the water, whether they're swimming in the calm of our pool or venturing out into open water like the sea. His coaching style focuses on personalized attention, guiding each swimmer to achieve their full potential, no matter their starting point.

Swimming Lessons for Everyone

At the Magno Swimming Club, we offer classes tailored to different age groups and experience levels:

- **Children's Classes:** These classes are ideal for beginners and young swimmers looking to build confidence in the water.

Our patient and friendly instructors will guide children through the basics of swimming, focusing on safety, fun, and fundamental skills like floating, kicking, and basic strokes. We make learning to swim an enjoyable and rewarding experience for the little ones!

- **Adult Classes:** Whether you're new to swimming or simply looking to improve your technique, our adult classes provide a welcoming and supportive environment for all. We'll help you refine your strokes, increase your endurance, and feel more at ease in the water. Swimming is not only a great way to stay in shape, but it's also a skill that can benefit you for life.

- How to Sign Up

Everyone can sign up today by filling out the registration form [HERE](#). Spaces are limited, so be sure to secure your spot early! Our swimming club opens on October 1st, and we can't wait to welcome you to the water.

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Spacious & Stunning 3 Floor Modern Townhouse | Alenda Golf



3 Bedrooms | 3 Bathrooms (1 Ensuite) | Large Lounge Area | Fully Fitted Modern Kitchen | 2 Large Covered Balconies | Garden & Communal Pool | Off Street Parking | Basement Fully Decorated | Access to Pool and Garden Fully Furnished



245,000 Euro | Ref: DVAG

This immaculate stunning 3-storey townhouse is the perfect retreat for golf enthusiasts, offering year-round access to golf without the inconvenience of winter greens. Located in a peaceful setting, it's just a short distance from vibrant Spanish towns and cities, combining the best of both worlds: tranquil mountain living with easy access to local culture and amenities.

Set against the backdrop of picturesque mountains, this property offers excellent opportunities to enjoy nature. There are walking trails, hiking paths, and cycling routes – including those used by the famous Vuelta a España, which passed through nearby Monforte Del Cid in August 2019.

The townhouse boasts 3 spacious bedrooms, including a master suite with a private ensuite bathroom, a family bathroom, and a convenient downstairs cloakroom. The tastefully decorated basement opens onto a beautiful garden, offering direct access to the communal pool.

The modern kitchen is fitted with sleek, contemporary fixtures and is complemented by a separate utility room. The open-plan living and dining area leads out to a front balcony, perfect for al fresco dining, while the chill-out area provides a serene spot to unwind and enjoy the view.

Fantastic Amenities at Alenda Golf



Esta impecable y deslumbrante casa adosada de 3 plantas es el refugio perfecto para los entusiastas del golf, ofreciendo acceso durante todo el año sin la incomodidad de los greens de invierno. Ubicada en un entorno tranquilo, se encuentra a poca distancia de vibrantes pueblos y ciudades españolas, combinando lo mejor de ambos mundos: la vida tranquila en la montaña con fácil acceso a la cultura local y a todas las comodidades.

La casa adosada cuenta con 3 amplios dormitorios, incluido un dormitorio principal con baño privado en suite, un baño familiar y un práctico aseo en la planta baja. El sótano, decorado con buen gusto, se abre a un hermoso jardín, que ofrece acceso directo a la piscina comunitaria.

La cocina moderna está equipada con accesorios contemporáneos y elegantes, complementada por un lavadero independiente. La sala de estar y el comedor de planta abierta dan acceso a un balcón delantero, perfecto para cenar al aire libre, mientras que la zona chill-out ofrece un espacio sereno para relajarse y disfrutar de las vistas.

Fantásticas Amenidades en Alenda Golf Ideal para Familias



Gimnasio Alenda Golf ...



De Lunes a Viernes
Sábados - Domingos - Festivos

Apertura	Cierre
8:00	21:15
8:00	14:00

Hora	Lunes	Martes	Miercoles	Jueves	Vienes
9.30 - 10.30	Ciclo Indoor Virtual	Ciclo Indoor Virtual	Ciclo Indoor Virtual	Ciclo Indoor Virtual	Ciclo Indoor Virtual
18.00 - 18.30	Aeropump	HIT High Intensity Interval Training	Aeropump	HIT High Intensity Interval Training	
18.30 - 19.00	Abdominales	TRX	Abdominales	TRX	
19.00 - 20.00	Ciclo Indoor	Strength Mobility	Ciclo Indoor	Strength Mobility	Ciclo Indoor
20.00 - 21.00		Ciclo Indoor		Ciclo Indoor	



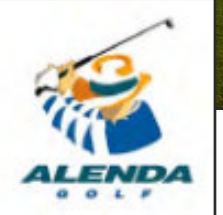
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The modern clubhouse features a fully equipped gym with fitness classes, a fantastic restaurant offering a menu del día, à la carte options, and tapas, along with a well-stocked pro shop. The changing rooms are clean and offer towels for convenience. Enjoy stunning views of Alicante, the sea, and the nearby mountains where eagles soar.

Located at the foot of the Sierra de las Águilas mountains, Alenda Golf Club offers a delightful 18-hole course with a challenging par 72. Suitable for all skill levels, it requires strategic use of every club in your bag.

The undulating greens demand precise putting, with regular flag changes testing your ability to read slopes and pace.

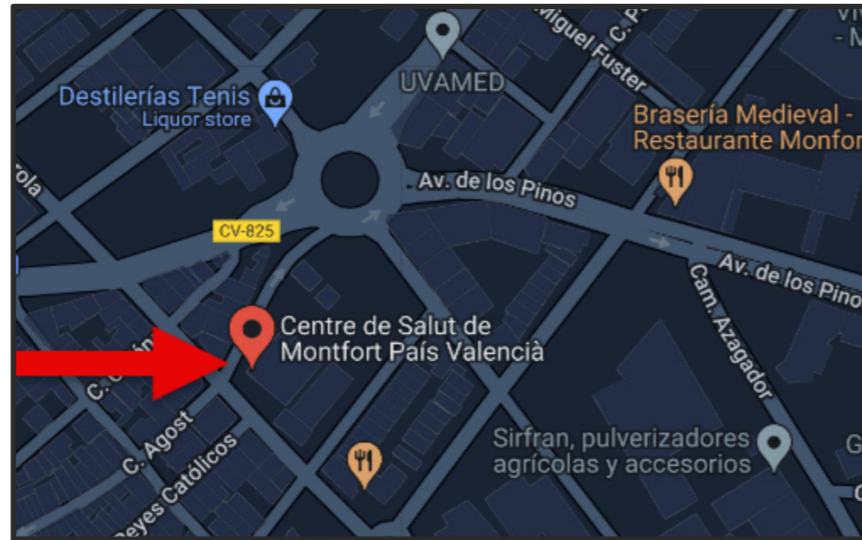
Designed by Roland Favrat and opened in 1999, the course is well laid out with short distances between tees and greens. The first nine holes have wide fairways, focusing on accuracy over power, while the back nine demands greater concentration on its technical layout.

The club also offers a spacious driving range, bunker, pitch & putt area, and a short game practice zone. The illuminated range is open until 10:00 pm.

The modern clubhouse includes a gym, a restaurant offering a menu del día, à la carte, and tapas, plus a well-stocked pro shop. Enjoy views of Alicante, the sea, and the mountains where eagles soar.



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¿Qué es la etiqueta en el golf?

La etiqueta en el golf es un conjunto de prácticas no escritas que buscan hacer el juego más seguro, agradable y proteger el estado del campo. Aunque no forman parte de las reglas oficiales, los jugadores de golf deben seguir estas pautas.



Un aspecto clave de la etiqueta es cuidar el campo, especialmente rellenando los divots. No hay nada más frustrante que caer en un divot sin reparar dejado por otro jugador. Para evitar esto, siempre rellena los divots durante tu partida. Esto ayuda a que el césped se recupere más rápido y mantiene el campo en buen estado.

Tomarte unos segundos para rellenar los divots con arena beneficiará a los demás jugadores y apoyará al personal de mantenimiento en la preservación del campo para futuras rondas. ¡Un pequeño gesto de cortesía puede mejorar mucho la experiencia de todos!

News Snippets ...

Spain is set to end its "golden visa" programme, which grants residency to foreigners making significant investments in the country's real estate market. Spanish Prime Minister Pedro Sánchez announced the move, aiming to prioritise affordable housing over what he called speculative investment.

Currently, non-EU citizens can obtain residency by investing at least €500,000 (£428,000) in Spanish property, which allows them to live and work in Spain for three years. However, Sánchez noted that 94% of these visas are linked to real estate in major cities, exacerbating housing shortages for locals.

Since its inception in 2013, nearly 5,000 golden visas have been issued. Chinese investors have been the most prominent, followed by Russians, who invested over €3.4 billion. A 2023 report by Transparency International raised concerns about whether the origins of these funds were thoroughly scrutinised.



What is Golf Etiquette?

Golf etiquette is a set of unwritten practices aimed at making the game safer, more enjoyable, and protecting the condition of the course. While not part of the official rules, golfers are expected to follow these guidelines.

A key aspect of etiquette is caring for the course, particularly by filling in divots. Nothing is more frustrating than landing in an unrepaired divot left by a previous player. To prevent this, always fill in divots during your game. Doing so helps the turf recover quickly and keeps the course in top shape.

Grabbing a bucket of sand, if available, and taking a few seconds to repair the damage will benefit fellow players and support the grounds staff in maintaining the course for future rounds. A little courtesy goes a long way in preserving the quality of your golfing experience!



Blanca Tourism Soars

Costa Blanca Tourism Soars to New Heights

Spain's Costa Blanca continues to attract international visitors in record numbers, with both tourist arrivals and spending hitting impressive milestones in 2024.

International Spending Boom: From January to July 2024, international tourists spent €71.1 billion, an 18.6% rise compared to the previous year.

Visitor Surge: A total of 53.4 million international tourists visited Spain during the same period, marking a 12% increase.

July Highlights: In July alone, 10.9 million international tourists arrived, a 7.3% increase from July 2023. Tourists spent €15.5 billion in the month, a rise of 11.9% year-on-year.

Top Tourist Origins

UK: Leading the pack with 2 million visitors in July, up by 2.5%.

France: 1.6 million tourists, an increase of 3.4%.

Germany: 1.2 million visitors, a 6.5% rise.

Notable Growth: Significant increases from Asia (11.5%) and the USA (11.3%).



Tourist Spending

UK: British tourists spent €2.8 billion in July, up by 10.3%.

Germany: €1.7 billion spent, a remarkable 16.7% growth.

France: €1.5 billion, showing a modest 1.4% increase.

Elche's Museums Flourish

Elche's cultural appeal continues to grow, with over 35,000 visitors flocking to its museums in 2024.

Costa Blanca's tourism industry is booming, with both arrivals and spending reaching record highs, making it a prime destination for international tourists.

Clients Comments ...

We have just recently sold our property on Alenda Golf with the help of Alenda Golf Properties.

We as a family can't recommend Gloria and George enough.

They are very professional and guided us through the whole process from start to finish. They took on everything that needed to be done and also went the extra mile to make sure we were always getting what we wanted and that we were happy.

Not very often people go above and beyond like this and for that we are very grateful.

Just a shame that we had a house on Alenda all those years and never met them both sooner.

The Jacksons

Recientemente hemos vendido nuestra propiedad en Alenda Golf con la ayuda de Alenda Golf Properties.

Como familia, no podemos recomendar lo suficiente a Gloria y George.

Son muy profesionales y nos guiaron durante todo el proceso de principio a fin.

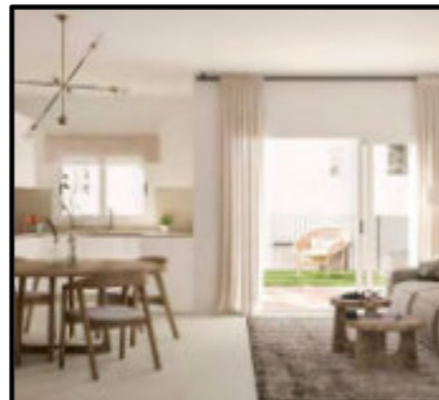
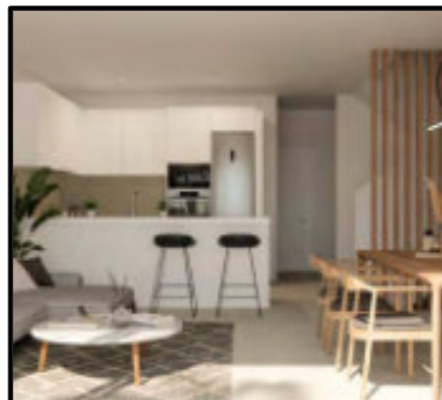
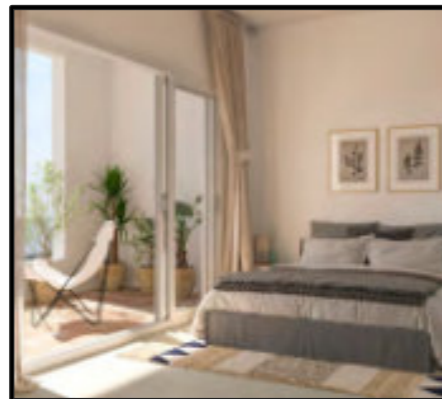
Se encargaron de todo lo que necesitaba hacerse y además hicieron un esfuerzo adicional para asegurarse de que siempre obtuviéramos lo que queríamos y de que estuviéramos satisfechos.

No es muy común que las personas vayan más allá como lo hicieron ellos, y por eso estamos muy agradecidos.

Es una pena que hayamos tenido una casa en Alenda durante tantos años y nunca los conociéramos antes.



Sunrise Views... Alenda Golf

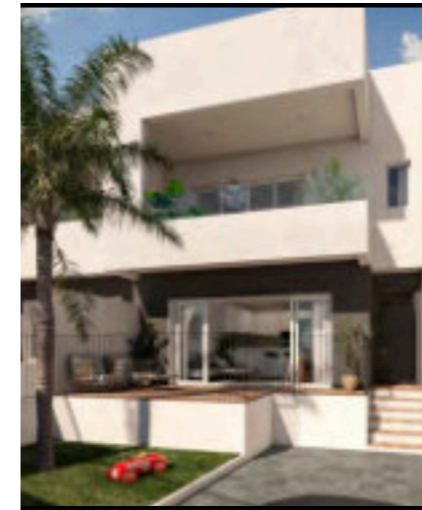


Sunrise Views se encuentra ubicada en un entorno tranquilo en las inmediaciones de Alenda Golf Course. Las viviendas cuentan con aerotermia completa, sistema de renovable que aprovecha la energía ambiental exterior.

Sunrise Views is located in peaceful surroundings at Alenda Golf Course in Monforte. The houses are provided with a complete aerothermal energy system for heating, air conditioning, and domestic hot water, a renewable energy system that takes advantage of external environmental energy.

DESDE / FROM 280,000€

For more information please call Gloria on + 34 649 649 018 or info@alendagolfproperty.com



Viviendos Tipo 1 | Houses Type 1

Enjoy a spacious duplex house with 3 bedrooms, 2 bathrooms, 1 guest toilet, a large front garden, and a roof solarium.

Type 1 properties have a garage space inside the individual plot, next to the garden.

Disfruta de una amplia vivienda en dúplex de 3 dormitorios, 2 baños, 1 aseo, amplio jardín delantero y zona solarium en azotea.

Las viviendas tipo 1 cuentan con una plaza de garaje en el interior de la parcela individual, junto al jardín



Viviendos Tipo 1G | Houses Type 1G

Enjoy a spacious duplex house with 3 bedrooms, 2 bathrooms, 1 guest toilet, a large front garden, and a solarium on the roof.

Type 1 properties have a garage space inside the individual plot, next to the garden.

Disfruta de una amplia vivienda en dúplex de 3 dormitorios, 2 baños, 1 aseo, amplio jardín delantero y zona solarium en azotea. Las viviendas tipo 1 cuentan con una plaza de garaje en el interior de la parcela individual, junto al jardín.



Viviendos Tipo 2 | Houses Type 2

Enjoy a spacious duplex house with 3 bedrooms, 3 bathrooms, two of them en suite, a basement, a large front garden, and a solarium on the roof.

One parking space on the private street within the urbanization.

Disfruta de una amplia vivienda en dúplex de 3 dormitorios, dos de ellos en suite, 3 baños, un sótano, amplio jardín delantero y zona solarium en azotea.

Plaza de parking en calle interior común.



Viviendos Tipo 2E | Houses Type 2E

Enjoy a spacious corner duplex house with 3 bedrooms, 3 bath rooms, two of them en suite, a basement, a large front garden and a solarium on the roof. Type 2E properties, as they are situated on corner plots, benefit of a large garden with a parking space on the individual plot.

Disfruta de una amplia vivienda en dúplex de esquina de 3 dormitorios, dos de ellos en suite, 3 baños, un sótano, amplio jardín delantero y zona solarium en azotea. Las viviendas tipo 2E, al tratarse de parcelas de esquina, disfrutan de amplias zonas ajardinadas con garaje en el interior de la parcela individual.

Avoid a €500 Fine TIE Card

How to Update Your Address on the TIE Card in Spain

Moved House? Here's how to update your address on the TIE card in Spain.

Failing to update your address on your TIE card after moving could result in fines of up to €500. The TIE, or "Tarjeta de Identidad de Extranjero," is the identification card for foreign residents in Spain. While those who lived in Spain before Brexit are not legally required to have a TIE card, it is often more practical than carrying the old green A4 residency paper.

In Spain, various government departments operate independently and do not share information due to data protection regulations and the absence of a centralised system. This means that updating your address with one department doesn't automatically update it elsewhere, potentially leading to unexpected problems. Ideally, registering your address through "empadronamiento" should be enough to update your details across the board, but unfortunately, that's not the case.

Step 1: Gather Your Documents

To change your address on the TIE, you will need:

- Your current TIE card.
- Proof of your new address, such as the "Padron" (official proof of address).
- Your passport.
- The completed application form (EX-17) for the TIE.
- A recent passport-sized photo with a white background.
- The payment form (Tasa modelo 790 Código 012) and the receipt from the bank confirming the fee has been paid.

Make copies of all documents to take to your appointment, along with the originals.

Step 2: Book an Appointment

You need to book a "cita previa" (appointment) via the government's online system. Availability can be limited during peak times, so you may need to check back regularly. Some professionals, known as "gestores," often block-book appointments for their clients, which can make it harder for individuals to find slots.

Step 3: Attend the Appointment

- On the day of your appointment, bring:
- Your current TIE card.
- Proof of your new address (the "Padron" is recommended).
- Your passport.
- The completed EX-17 form.
- A recent passport-sized photograph with a white background.
- Proof of payment for the fee.

Appointments usually take place at a local police station dealing with foreign affairs. Plan for delays as appointments can sometimes run late.

Step 4: Collect Your Updated TIE

After your appointment, you'll receive a notification when your updated TIE is ready for collection. This process typically takes a few weeks.

It's important to update your address as soon as possible to avoid fines.



Dining in Spain? ...

Here's a Quick Tip to Blend In Like a Local!

When dining out in Spain, there's a simple trick that can help you enjoy a more authentic experience – and maybe even save you some cash!

In Spain, service is laid-back, and waiting staff won't constantly hover around your table. If you're after more drinks, another menu, or even the bill, you'll need to take charge!

Don't wait for them to come to you – politely raise your hand and say "disculpe" to get their attention.

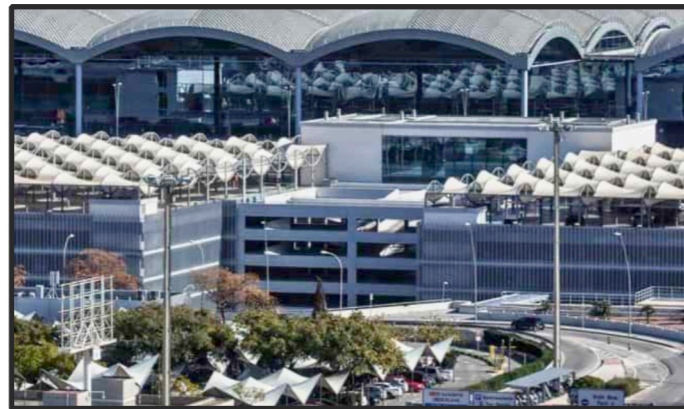
Spaniards are in no rush when dining, and the bill won't arrive until you ask for it. So, stay relaxed, be assertive, and you'll fit in just like a local.

News Snippets ...

Alicante-Elche Airport Expansion Begins

The Alicante-Elche Miguel Hernández Airport is set for a major upgrade, with construction starting on a new aircraft taxiway aimed at improving aircraft manoeuvrability during takeoffs and landings, scheduled to start by early 2025. The project, expected to be completed by 2027 or early 2028, will boost the airport's capacity beyond its current 40 operations per hour.

This expansion is part of a broader plan to increase passenger capacity to 26 million annually, alongside a terminal expansion. Despite growing demand, there are no immediate plans for a second runway, with current figures showing a record 15.7 million passengers in 2023, expected to be surpassed this year



News Snippets ...

Sunflower Cooking Oil

Sunflower oil has replaced olive oil as Spain's top cooking oil. Spain, typically responsible for around 40% of global olive oil production, saw a significant 18% drop in olive oil sales in early 2023. Meanwhile, sunflower oil sales rose 25%. The price disparity is notable: sunflower oil averaged €1.86 per litre last year, while olive oil reached over €6 per litre, marking a 50% price increase from 2022.

Droughts and heatwaves reduced olive yields, doubling olive oil prices, making it unaffordable for many households. Middle and upper classes were the primary consumers of olive oil by the end of 2023.

Some stores charged as much as €14.50 for extra virgin olive oil, leading to security tagging in shops. In response, the Spanish government cut VAT on olive oil, and Mercadona, the largest supermarket chain, reduced olive oil prices by 25%, offering it for under €7 to attract customers back.



News Snippets ...

Lidl Joins the Dating Game with "La Hora del Amor"

In a bold move, Lidl has joined the supermarket dating trend in Spain, following Mercadona's viral "Tinder-Dona" campaign. While Mercadona had shoppers signalling availability with upside-down pineapples, Lidl has its own fruity twist.

Lidl's "La Hora del Amor" invites singles to shop between 6 pm and 7 pm, encouraging them to place a watermelon in their trolley. The idea? Gently bump trolleys with another watermelon shopper as a flirty gesture!

With added promotions during this hour, including 10% off watermelons, Lidl is turning grocery shopping into a cheeky matchmaking experience. Whether you find love or not, there's still a sweet deal!

News Snippets ...

Lidl se une al juego de las citas con "La Hora del Amor"

En un movimiento audaz, Lidl ha seguido la tendencia de citas en supermercados en España, después de la campaña viral de Mercadona, "Tinder-Dona".

Mientras que Mercadona invitaba a los compradores a señalar su disponibilidad con piñas al revés, Lidl ha optado por su propio toque frutal.

"La Hora del Amor" de Lidl invita a los solteros a hacer la compra entre las 6 pm y las 7 pm, animándolos a colocar una sandía en su carrito. ¿La idea? Chocar suavemente los carritos con otro comprador de sandías como un gesto coqueto.

Con promociones añadidas durante esa hora, incluyendo un 10% de descuento en sandías, Lidl está convirtiendo las compras en una experiencia de citas divertida. Ya sea que encuentres el amor o no, ¡aún te llevas un dulce descuento!



Dicost Supermarket...



The local Dicost supermarket has everything one could need, including many well-known European brands and specialities.

It is owned and run by two of the nicest and customer focused entrepreneurs you will ever have the pleasure of meeting Adrian and Alain.

They are motivated Elche Football supporters, but unfortunately, the team is not doing well this season and are currently in the 2nd division so give them some support.

If they do not stock what you are looking for they will do their best to get it for you.

They will also make deliveries on Alenda Golf, and their bread, made fresh every few hours all day and is the best bread around by far.

The fresh fruit, salads, and vegetables are very reasonably priced and make great eating.

Large fridge and freezer section with everything you could ever need.

Also check out the wine and beer section, lots to choose from.

The fillet steaks they are selling are well worth the try.



El supermercado local Dicost tiene todo lo que uno podría necesitar, incluyendo muchas marcas y especialidades europeas bien conocidas.

Está dirigido y administrado por dos de los empresarios más amables y enfocados en el cliente que jamás tendrás el placer de conocer: Adrian y Alain.

Son apasionados seguidores del Elche Football, pero desafortunadamente, el equipo no está teniendo una buena temporada y actualmente se encuentra en la 2^a división, así que dales un poco de apoyo.

Si no tienen lo que estás buscando, harán todo lo posible para conseguirlo para ti.

También realizan entregas en Alenda Golf, y su pan, hecho fresco cada pocas horas durante todo el día, es el mejor pan con diferencia.

Las frutas frescas, ensaladas y verduras tienen precios muy razonables y son deliciosas.

Además, cuentan con una gran sección de refrigerados y congelados con todo lo que podrías necesitar.

No olvides echar un vistazo a la sección de vinos y cervezas, hay mucho de donde elegir.

Los filetes de solomillo que están vendiendo valen mucho la pena probarlos.

NEW OPENING HOURS

Open Hours		Horario de Atención
Monday - Friday	8 am - 3 pm / 4 pm - 9pm	Lunes a viernes
Saturday	8 am - 3 pm / 5 pm - 9pm	Sábado
Sunday	8 am - 2-30 pm	Domingo



Domingo y Festivos Sunday and Holidays Medio día

Allure Apartments & Duplexes at Alenda Golf

This private development of beautiful 2- and 3-bedroom apartments, combines the tranquil area of the Alenda Golf Course with a more lively beachfront nightlife easily accessible in just 15 minutes.

All the Allure apartments include fully fitted kitchens equipped with a vitroceramic hob, extractor fan and an oven, hot water by aerothermal heating, smooth white paint on walls and ceiling, PVC doors and windows with double glazing.

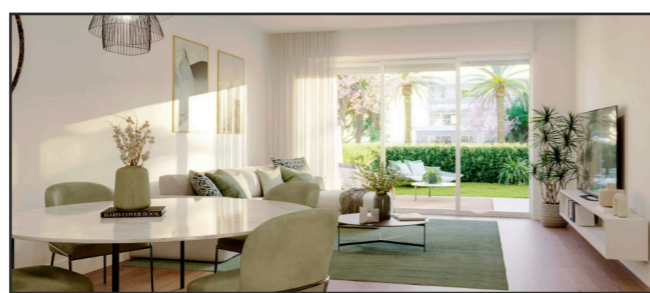
They also have air conditioning/heating units, and complete fitted wardrobes in all the bedrooms. Allure apartments also include a garden, private parking, communal swimming pool for adults and children, and multipurpose room. Ground floor have a private garden, while the duplex apartments have large terraces.

Perfect for all day dining, the terraces are either surrounded by the spectacular Sierra de las Aguilas Mountains, or the stunning view over the golf course.

The historical village of Monforte del Cid is also nearby offering a selection of local amenities.

Within the Alenda Golf development residents will have access to a small supermarket, restaurant and bar, clubhouse, fitness centre and paddle tennis courts.

Due to its prime location, it is just 15 minutes from the golden beaches of Alicante, Alicante Airport and the town of Elche.



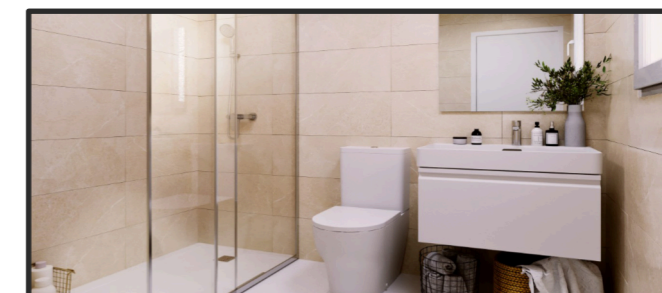
Translated by Google

Inmobiliaria Alenda Golf

Los nuevos apartamentos y dúplex en venta son de 2 y 3 dormitorios y 2 baños, con amplias terrazas y jardines comunitarios, formando un residencial privado, reducido y tranquilo. Todas las viviendas se entregan con cocinas totalmente amuebladas y equipadas con vitrocerámica, campana extractora y horno. También cuentan con aire acondicionado con bomba de calor, agua caliente por aerotermia, pintura lisa blanca en paredes y techo, puertas y ventanas en PVC con doble acristalamiento y armarios empotrados en los dormitorios. Las viviendas en planta baja disponen de jardín, mientras que los dúplex cuentan con grandes terrazas.

Taylor Wimpey de España lleva construyendo en España desde 1958 con altos estándares de calidad e impecables índices de satisfacción entre sus miles de clientes y con la absoluta seguridad y tranquilidad de pertenecer a una multinacional que además le ofrece un trato directo y personalizado a través de su Web y su red de ventas. ¡Póngase en contacto con nosotros y se sorprenderá!

La urbanización cuenta con jardines privados, piscina comunitaria de adultos y niños, más sala multiusos, La cercana casa Club del campo de golf, cuenta con gimnasio, bar y restaurante y pistas de pádel. Además, en la misma urbanización, hay un colegio bilingüe y un supermercado, por lo que la oferta de servicios de Alenda es muy buena y se complementa con la amplia oferta de la ciudad de Elche / Elx a sólo unos minutos.



Alenda Golf Property: Your Expert Guide to New Build Homes

Here are five key points on how we can assist you:

1. Exclusive Listings of New Build Prime Properties
2. 20 Years Residential In-Depth Market Knowledge
3. Tailored Property Tours
4. Expert Financial Advice & Direction
5. Seamless Buying Process & Building Updates

From initial consultation to final purchase, Alenda Golf Property ensures a seamless buying experience. We handle all the paperwork, negotiations, and help with legalities, allowing you to focus on the excitement of moving into your new home.

Pride and Prosperity:

Costa Blanca sets sights on booming LGBTI tourism market

Minister Nuria Montes announced that the Valencian Government will request Turespaña to incorporate targeted promotional efforts for LGBTI tourism.

The regional minister for Innovation, Industry, Trade, and Tourism emphasised the significance of this sector, which accounts for over 10 per cent of all international travel and generates a global expenditure exceeding 165 billion dollars.

LGTBI Tourism

With the segment growing at an annual rate of more than 10 per cent, she highlighted the importance of promoting LGBTI tourism both domestically and internationally.

Montes pointed out that the British market is a key source of tourists for the Valencian Community, and the government has already initiated efforts to promote this type of tourism, starting this year at Manchester Pride.

LGTBI Community

The World Tourism Organisation (UNWTO) reports that the LGBTI community represents 10 per cent of international travellers and is the fastest-growing segment in the industry, with an annual growth rate of 10.3 per cent.

These factors, combined with the community's substantial economic impact, reinforce the need for focused tourism strategies targeting this group.

Joint Promotion

The minister confirmed: "Together with the Spain brand and other destinations with interests in LGBTI tourism, we can do a joint promotion and have a prominent presence in an international market where it is crucial to be united".



Orgullo y Prosperidad:

Costa Blanca Apunta al Creciente Mercado de Turismo LGBTI



La ministra Nuria Montes ha anunciado que el Gobierno Valenciano solicitará a Turespaña que incluya esfuerzos promocionales específicos para el turismo LGBTI. La ministra regional de Innovación, Industria, Comercio y Turismo destacó la importancia de este sector, que representa más del 10% de los viajes internacionales y genera un gasto global superior a 165 mil millones de dólares.

Crecimiento del Turismo LGBTI

Con un crecimiento anual superior al 10%, Montes subrayó la necesidad de promover el turismo LGBTI tanto a nivel nacional como internacional. Señaló que el mercado británico es una fuente clave de visitantes para la Comunidad Valenciana. Este año, el gobierno inició sus esfuerzos promocionales en el Manchester Pride.

Impacto de la Comunidad LGBTI

Según la Organización Mundial del Turismo (OMT), la comunidad LGBTI representa el 10% de los viajeros internacionales y es el segmento de mayor crecimiento en la industria turística, con un crecimiento anual del 10,3%. Esto, junto con la importante influencia económica de la comunidad, resalta la necesidad de desarrollar estrategias turísticas específicas.

Promoción Colaborativa

Montes también enfatizó la importancia de la colaboración, afirmando: "Trabajando conjuntamente con la marca España y otros destinos centrados en el turismo LGBTI, podemos promovernos de forma conjunta y asegurar una fuerte presencia en este importante mercado internacional."

Interesting Article ...

How Do Mosquitoes Select Their Victims?

If you're someone who seems to get bitten by mosquitoes more than others, it's easy to feel singled out. The frustration of scratching those itchy red bumps can leave you wondering: "Why me?"



While it's true that blood type plays a role—those with Type O blood tend to attract mosquitoes more than Type A—it's not the sole factor. Mosquitoes are also drawn to the carbon dioxide we exhale, meaning simply breathing can make you a target.

Sweating can make matters worse. Our bodies release chemicals like carboxylic acid, ammonia, and lactic acid, all of which contribute to our unique scent. Some people have the unfortunate combination of chemicals that mosquitoes find irresistible.

What you consume can also have an impact, though the evidence isn't conclusive. A small study suggests that drinking beer or eating bananas could increase your appeal to mosquitoes, but it's not enough to warrant changing your diet.

Mosquitoes are heat-seekers, too. They can detect even slight differences in body temperature, so the warmer you are, the more attractive you become—especially on hot summer nights.

And ladies, if you're pregnant, you're more likely to be bitten. Pregnancy boosts your metabolism, increasing the heat and carbon dioxide your body produces—two things mosquitoes love.

So, are you a mosquito magnet or one of the fortunate few they tend to ignore?

News Snippets ...

Home Sales See Biggest July Increase Since 2007

The purchase and sale of homes registered an increase of 19.4% in July compared to the same month in 2023, reaching a total of 57,302 transactions, its highest figure in any month since September 2022 and the highest in a month of July since 2007, when more than 63,000 transactions were made, the National Institute of Statistics (INE) reported this week.

News Snippets ...

Headline: Triple Lock Pension Protection Under Threat

UK pensioners could face significant changes as the government considers scrapping the Triple Lock system, which guarantees annual pension increases to match inflation, wage growth, or 2.5%. At the same time, the Winter Fuel Payment is set to be cut, sparking anger among pensioners and Labour Party members. Labour, while committed to maintaining the Triple Lock, remains divided as the government seeks to address a €22 billion deficit.

This news comes as pensioners brace for potential economic challenges amidst growing concerns in the political sphere.

News Snippets ...

Spain: A Hotspot for Property Investment

Spain is a top destination for property investment, particularly in coastal and golf areas.

- 44% of real estate investments in Alicante come from foreign buyers (Association of Registrars via Sonneil).
- Both Spanish and international buyers are drawn to coastal homes for the climate and lifestyle.
- British buyers lead international purchases, making up 9.4% of transactions, followed by Germans (7%) and French (6%).

News Snippets ...

Imerso Travel Program

This week, the highly anticipated Imerso travel program for pensioners launched, causing long lines at travel agencies across Spain. The program offers affordable 10-day trips to various Spanish destinations, with the Canary and Balearic Islands being among the most popular choices. On Monday, the first day of sales, travel agencies experienced a surge in customers eager to secure their spots.

To qualify, participants must be pensioners or at least 65 years old. Meanwhile, the Valencian government introduced a new "Bono Viaje" program for over-65s, receiving 6,000 applications on its first day.

Highly Sought Investment - Golf Holiday Rental Home



Beautiful 3 Floor Townhouse...

Preciosa casa adosada...

3 Bedrooms | 3 Bathrooms (1 Ensuite) | 1 Guest Bathroom | Large Lounge Area | Fully Fitted Modern Kitchen | 2 Large Covered Patio | Basement Chill Out / Games area with Garden To Pool Area | Off street Parking

225,000 Euro | Ref: EGHAG

Esta casa adosada en particular cuenta con tres dormitorios, incluyendo un dormitorio principal con un baño privado en suite, un baño familiar y un baño adicional para invitados en la planta baja.

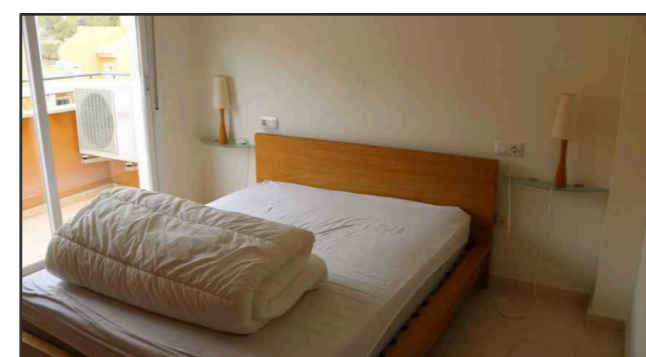
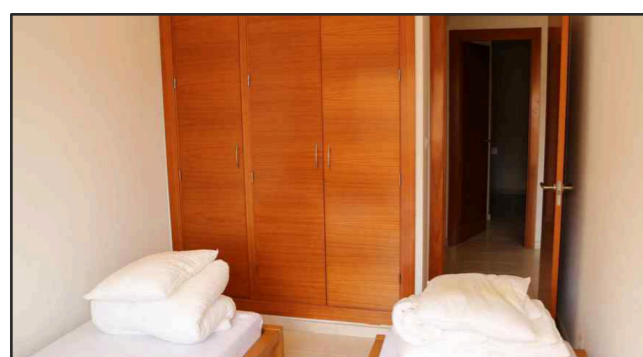
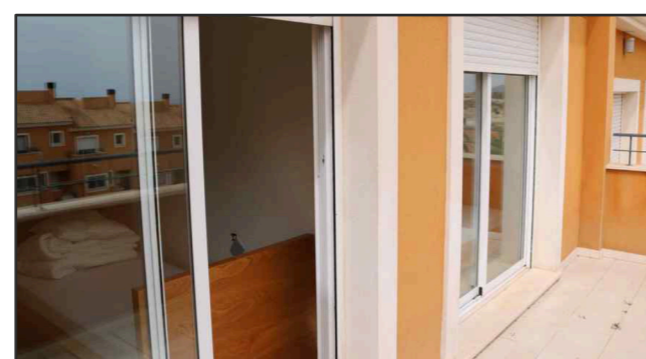
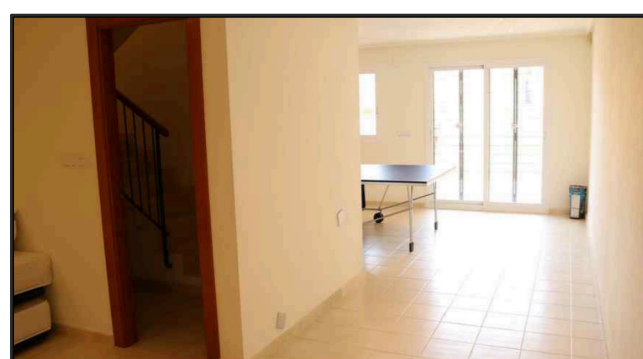
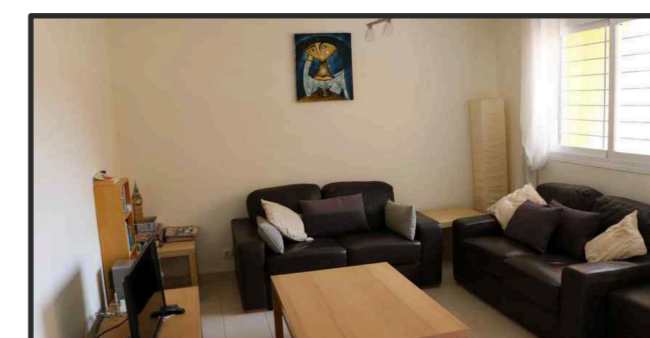
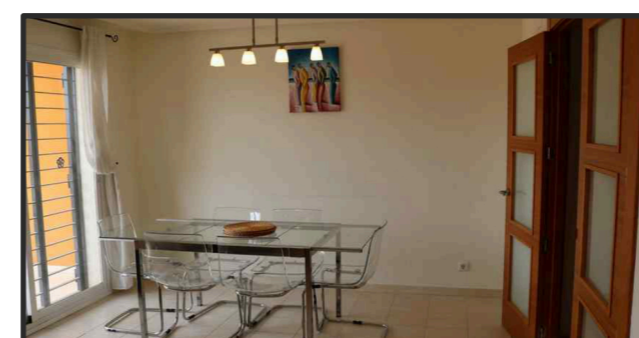
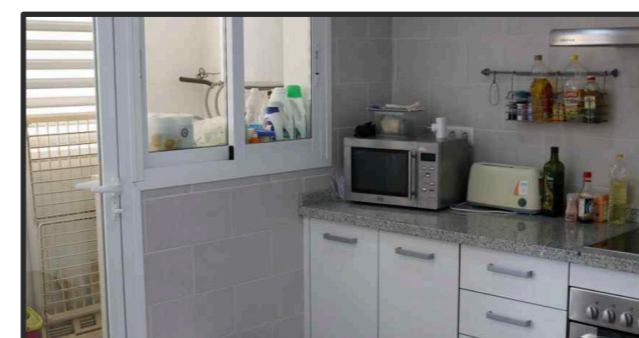
La cocina presume de un diseño ultra-moderno equipado con los últimos accesorios. También hay disponible un cuarto de lavado completamente equipado.

La propiedad ofrece un amplio salón y zona de comedor que conduce a un balcón de buen tamaño con vistas al patio, jardín y área de la piscina, ideal para comidas al aire libre y relajación. Hay un sótano muy grande que conduce a un jardín y área de piscina.

Viene amueblada, con una decoración elegante y contemporánea, eliminando la necesidad de más modernización.

Las comodidades adicionales incluyen estacionamiento fuera de la calle adecuado para un vehículo y proximidad a una gran piscina comunitaria y extensos jardines desde el jardín del sótano.

La casa está situada cerca de todas las comodidades de Alenda Golf, incluyendo un gimnasio de última generación, clases de ciclismo, un bar de tapas con vistas panorámicas, una pista de pádel y un supermercado Dicost completo.



This particular townhouse features three bedrooms, including a master bedroom with a private ensuite, a family bathroom, and an additional guest bathroom on the ground floor,

The kitchen boasts an ultra-modern design complete with the latest fixtures. There is also a fully equipped utility room available.

The property offers a spacious lounge and dining area that leads to a good sized balcony over looking the patio, garden, and pool area ideal for outdoor dining and relaxation. There is a very large basement that leads to a garden and pool area.

It comes furnished, with tasteful and contemporary decoration, eliminating the need for further modernisation.

Additional conveniences include off-street parking suitable for a vehicle and proximity to a large communal swimming pool and expansive gardens from the basement garden.

The home is situated near all the amenities of Alenda Golf, including a state-of-the-art gym, cycling classes, a tapas bar with panoramic views, a paddle tennis court, and a comprehensive Dicost supermarket.

Alenda Golf Property -

This is Our Client Commitment ...



- Our fees are consistently maintained at 2% of the selling price, plus VAT.
- We guarantee exclusive photographic representation of your property, ensuring no mixing with images of other listings.
- We engage professional services to capture high-resolution photographs of your property, ensuring premium presentation.
- Additionally, we will create and distribute a digital video showcasing your property, enhancing its online presence.
- We will design and produce a downloadable brochure for your property, providing potential buyers with detailed information.
- We collaborate closely with our clients to ensure all marketed content is accurate and portrays the property in the best light.
- Our commitment is to represent our clients' interests to the fullest extent, leveraging the best of our professional expertise.
- We will add your property to our magazine, "Alenda Golf Life" see it [HERE!](#)
- We will add your property free to "IDEALISTA"
- With 20 years of residency, we offer unparalleled local knowledge and experience, adding value to our service.
- We actively engage with local communities and authorities, such as Juntas and the Police, to support and foster positive relationships.
- We ensure that all property viewings are conducted with a representative accompanying potential buyers, guaranteeing a professional experience.
- Our firm is an ethical and experienced local entity dedicated to diligently facilitating property transactions.
- Following each viewing, we provide comprehensive feedback, keeping you informed throughout the process.
- We will communicate all offers received, ensuring you have the necessary information to make informed decisions.
- We will help you through the legal and selling process to ensure you are properly represented.
- We conduct due diligence on potential buyers' financial backgrounds to the best of our ability, aiming to secure credible transactions.
- Your property will be listed on "Costa Blanca Golf Property" at no additional charge, providing extensive market exposure.

Nuestro compromiso con el cliente ...



- Nuestras tarifas se mantienen consistentemente en 2% del precio de venta, más IVA.
- Garantizamos una representación fotográfica exclusiva de su propiedad, asegurando que no se mezcle con imágenes de otras ofertas.
- Contratamos servicios profesionales para capturar fotografías de alta resolución de su propiedad, asegurando una presentación premium.
- Además, crearemos y distribuiremos un video digital mostrando su propiedad, mejorando su presencia en línea.
- Diseñaremos y produciremos un folleto descargable para su propiedad, proporcionando a los posibles compradores información detallada.
- Colaboramos estrechamente con nuestros clientes para asegurar que todo el contenido comercializado sea preciso y retrate la propiedad de la mejor manera.
- Nuestro compromiso es representar los intereses de nuestros clientes al máximo aprovechando nuestra experiencia profesional.
- Añadiremos su propiedad a nuestra revista, "Alenda Golf Life"; ¡véalo AQUÍ!
- Añadiremos su propiedad gratuitamente a "IDEALISTA". Con 20 años de residencia, ofrecemos un conocimiento y experiencia local sin igual, agregando valor a nuestro servicio.
- Nos involucramos activamente con las comunidades y autoridades locales, como Juntas y la Policía, para apoyar y fomentar relaciones positivas.
- Nos aseguramos de que todas las visitas a la propiedad se realicen con un representante acompañando a los posibles compradores, garantizando una experiencia profesional.
- Nuestra firma es una entidad local ética y experimentada dedicada a facilitar diligentemente las transacciones inmobiliarias.
- Después de cada visita, proporcionamos una retroalimentación completa, manteniéndolo informado a lo largo del proceso.
- Comunicaremos todas las ofertas recibidas, asegurando que tenga la información necesaria para tomar decisiones informadas.
- Le ayudaremos a través del proceso legal y de venta para asegurarse de que esté debidamente representado.
- Realizamos la debida diligencia sobre los antecedentes financieros de los posibles compradores lo mejor que podemos, con el objetivo de asegurar transacciones creíbles.
- Su propiedad se enumerará en "Costa Blanca Golf Property" sin ningún cargo adicional, proporcionando una amplia exposición en el mercado.

Spain: A Cost-Effective Haven for Expats ...

Looking to stretch your retirement dollars or live la vida loca on a budget? Spain might just be your ticket to affordable European living. Despite rising costs across the continent, the land of tapas and siestas continues to offer expats a high quality of life at a fraction of the price compared to many other EU countries.

The Numbers Don't Lie

Let's break down why Spain remains a cost-effective choice for expats:

Housing:

Spanish households spend just 22.3% of their budget on housing and utilities, compared to 25.7% in the UK and 26.2% in France.

Food:

Groceries account for only 13% of household spending in Spain, below the EU average of 13.6% and significantly less than the UK's 16.7%.

Healthcare:

At a mere 3.2% of household expenditure, Spain's healthcare costs are remarkably low compared to 4.6% in France and 4.9% in Germany.

Beyond the Basics : It's not just essentials where Spain shines:

Dining Out:

Enjoy world-class cuisine without breaking the bank. A meal for two at a mid-range restaurant averages around €50, compared to €65 in France or €70 in Germany.

Transportation:

Monthly public transit passes in major Spanish cities often cost 30-40% less than in other European capitals.

Leisure:

From museums to beaches, Spain offers countless free or low-cost entertainment options.

The Bottom Line

While costs are rising globally, Spain continues to offer expats a chance to live well for less. With careful budgeting, a couple can comfortably enjoy life in many Spanish cities for around €2,000-€2,500 per month – a figure that would barely cover rent in some other European hotspots.

So, if you're dreaming of sun-soaked plazas, vibrant culture, and a wallet that doesn't constantly feel under siege, it might be time to say "¡Hola!" to Spain.



Sunshine and Health: Unlocking the Secrets of Vitamin D

Vitamin D! Let's explore the amazing benefits of this "sunshine vitamin" and how easy it is to get your daily dose.

The Sun's Gift: Vitamin D Synthesis: Your body is a remarkable vitamin D factory, and all it needs is a little sunshine to get working. When sunlight touches your skin, it triggers a process that converts cholesterol into vitamin D. The best part? You only need about 20 minutes of sun exposure a day to reap the benefits. A simple walk outside in shorts and a t-shirt is often enough to boost your vitamin D levels.

Bone Health Champion: Vitamin D plays a crucial role in maintaining strong, healthy bones. It helps your body absorb calcium efficiently, which is essential for bone strength. Research has shown that adequate vitamin D levels can slow down bone loss associated with osteoporosis, keeping you standing tall and strong as you age.

Immune System Booster: Want to give your immune system a helping hand? Vitamin D has been shown to strengthen immunity, especially in older adults. It may even help fight off respiratory infections. In fact, researchers are currently investigating its potential role in preventing and treating COVID-19.

Abundance of Benefits: These are just a few highlights of what vitamin D can do for you. An abundance of this vital nutrient has been linked to:

- Improved mood and reduced risk of depression
- Better heart health
- Potential cancer risk reduction
- Enhanced muscle strength and reduced fall risk in older adults
- Improved cognitive function
- Soak Up the Sun Safely



While sunlight is the best natural source of vitamin D, it's important to **balance sun exposure with skin protection**. Aim for short periods of sun exposure, and always protect your skin if you'll be out for extended periods like playing golf.

Clients Comments ...



Nieves Romero

“Expresamos nuestro agradecimiento por todo el tiempo y esfuerzos durante todo el proceso.

Plena confianza en Gloria, por su impecable mediación.

Detallista, resolutiva y diligente.

Emocionados y felices en nuestro hogar.

Qué importante es poner Corazón al trabajar.

¡Gran equipo y mejores personas, Gloria & Jorge!

Translated by Google

We express our gratitude for all the time and efforts during the whole process.

Full confidence in Gloria, for her impeccable mediation.

Detailed, decisive and diligent.

Excited and happy in our home.

How important it is to put heart into your work.

Translated by Google

News Snippets ...

Entry Fees for Santa Barbara Castle and Museums Increase

The City of Alicante has announced plans to charge entry fees for the Santa Barbara Castle and municipal museums. According to the local government, the move aims to enhance the value of the city's cultural heritage and improve its maintenance and modernisation.

Despite concerns, local residents will not be exempt, as this would breach European law. However, a free digital citizen card will offer discounts and bonuses at other attractions.

With over 800,000 visitors last year, the new fees could generate between one and three million euros annually. Mayor Toni Gallego stated that many Spanish cities already charge for entry to their monuments, and Alicante will follow suit to support its heritage.



A Quick Guide to Spain's Police Forces ...

When visiting or living in Spain, you'll likely encounter three main police forces: they are the Guardia Civil, Policia Nacional and Policia Local. Understanding their roles can help ensure a smooth experience if you need assistance.

1. Guardia Civil

The Guardia Civil is Spain's oldest law enforcement agency, primarily responsible for rural areas, highways, and national borders. They handle traffic accidents, environmental issues, and smuggling. Their green uniforms and military-style appearance might seem intimidating, but they are known for being professional and fair. You'll often see them in more remote areas. To reach them, call 062.

2. Policia Nacional

Operating in larger towns and cities, the Policia Nacional focuses on criminal investigations, counter-terrorism, and immigration control. They are also responsible for identification numbers (NIEs) and handling requests to find English-speaking officers.

Their uniform is dark blue with red and yellow accents. Contact them at 091.

3. Policia Local

The Policia Local is responsible for maintaining order in towns and cities, handling traffic, local regulations, and minor disturbances. They are the most visible force for everyday issues like parking and local events. Their uniforms vary, but usually include light blue or white shirts. To contact them, dial 092.

Emergency Number:

Dial 112, a free number available 24/7 with operators speaking multiple languages, including English.



Alicante to Santa Pola Half Marathon

A Coastal Journey Enter Here



On November 10, 2024, the prestigious Alicante Half Marathon—a challenging 21.0975-kilometre race — will take place. This event holds a coveted spot on the National calendar of the Royal Spanish Athletics Federation.

The starting line awaits participants on Avenida de la Estación, nestled in the heart of Alicante. From there, runners will set forth, tracing their path along Avenida de Elche and onward to Urbanova.

The sea breeze shall accompany them as they approach Arenales del Sol, a picturesque coastal enclave. But the journey doesn't end there. The course continues, hugging the coastline, until it reaches the Santa Pola Lighthouse road — a beacon guiding them forward.

And finally, like triumphant seafarers returning to port, the runners will cross the finish line at Varadero beach, gracing Avenida Santiago Bernabéu with their determination and sweat.

May the waves cheer them on, and may their strides echo through the streets of Alicante—a testament to endurance and the thrill of the run.

Media Maratón Alicante-Santa Pola

Un viaje por la costa... ..Entra aquí



El 10 de noviembre de 2024 se disputará la prestigiosa Media Maratón de Alicante, una exigente carrera de 21,0975 kilómetros, una cita de gran prestigio en el calendario nacional de la Real Federación Española de Atletismo.

La salida espera a los participantes en la Avenida de la Estación, en pleno centro de Alicante. Desde allí, los corredores partirán siguiendo su camino por la Avenida de Elche hasta Urbanova.

La brisa marina les acompañará en su aproximación a Arenales del Sol, un pintoresco enclave costero.

Pero el viaje no acaba ahí. El recorrido continúa, pegado a la costa, hasta llegar a la carretera del Faro de Santa Pola, un faro que les guía hacia adelante.

Y finalmente, como marineros triunfantes que regresan a puerto, los corredores cruzarán la meta en la playa de Varadero, adornando la Avenida Santiago Bernabéu con su determinación y su sudor.

Que las olas les animen y sus pasos resuenen en las calles de Alicante, testimonio de la resistencia y la emoción de la carrera.

Translated by Google



Most Brits would vote to rejoin the EU ...

A recent YouGov poll shows that 59% of Brits would support rejoining the European Union if a new referendum were held, with 41% against.

Despite this, the majority believe the Labour government, led by Prime Minister Keir Starmer, lacks the mandate to pursue full EU membership. While Starmer has stated that rejoining the EU is not on the table "in his lifetime," his party's manifesto advocates for improved trade and security relations with the EU.

Labour's Foreign Secretary, David Lammy, has already initiated talks with European nations, calling for a "reset" in UK-EU relations.

Additionally, Starmer has engaged with Spain's Prime Minister Pedro Sanchez over potential youth mobility schemes, though these efforts come amid growing anti- migration protests.



Alenda Golf Walk Regularly

10 Reasons Why Alenda Golf Residents Should Walk Regularly

1. Improves Heart Health

One of the greatest benefits of walking is its ability to improve heart health. Regular walking can reduce the risk of heart disease and stroke. It helps enhance blood circulation and strengthens the heart muscle, making your heart work more efficiently.

1.1. Lowers Blood Pressure

Walking can also help lower blood pressure. With improved blood circulation, the pressure on artery walls decreases, which in turn can reduce the risk of hypertension.

2. Aids in Weight Loss

If you're looking for an effective way to lose weight without hitting the gym, walking is the answer. This activity burns calories, boosts metabolism, and helps shed body fat.

2.1. Boosts Metabolism

By walking regularly, your body's metabolism will increase, making it more efficient in burning calories even at rest.

3. Reduces Diabetes Risk

Walking can help control blood sugar levels, which is crucial for preventing and managing type 2 diabetes. This physical activity improves insulin sensitivity, allowing your body to better manage blood sugar levels.

4. Enhances Mental Health

Walking is not only beneficial for physical health but also for mental well-being. It can reduce stress, anxiety, and depression.

4.1. Improves Mood

Physical activities like walking stimulate the production of endorphins, also known as happiness hormones. This can help you feel happier and more relaxed.

5. Strengthens Bones and Muscles

Walking is an excellent way to strengthen your bones and muscles. This is crucial for preventing osteoporosis and maintaining muscle strength as you age.

5.1. Improves Balance and Coordination

Additionally, walking helps improve balance and coordination, which can prevent falls and injuries, especially in older adults.

6. Boosts Immune System

Walking can enhance your immune system, making you more resistant to various illnesses. With a stronger immune system, you will fall ill less frequently and feel healthier overall.

7. Improves Sleep Quality

If you often have trouble sleeping, walking can be the solution. This physical activity helps regulate your sleep patterns, allowing you to sleep more soundly and wake up feeling refreshed.

8. Enhances Creativity

Believe it or not, walking can boost your creativity. When you walk, your mind becomes more relaxed, allowing you to think more clearly and creatively.

9. Reduces Cancer Risk

Regular walking has been shown to reduce the risk of several types of cancer, including breast and colon cancer. This physical activity helps maintain a healthy weight and improve overall health, which can reduce cancer risk.

10. Improves Quality of Life

Ultimately, regular walking can improve your overall quality of life. With a healthier body and a calmer mind, you can enjoy life better and longer.

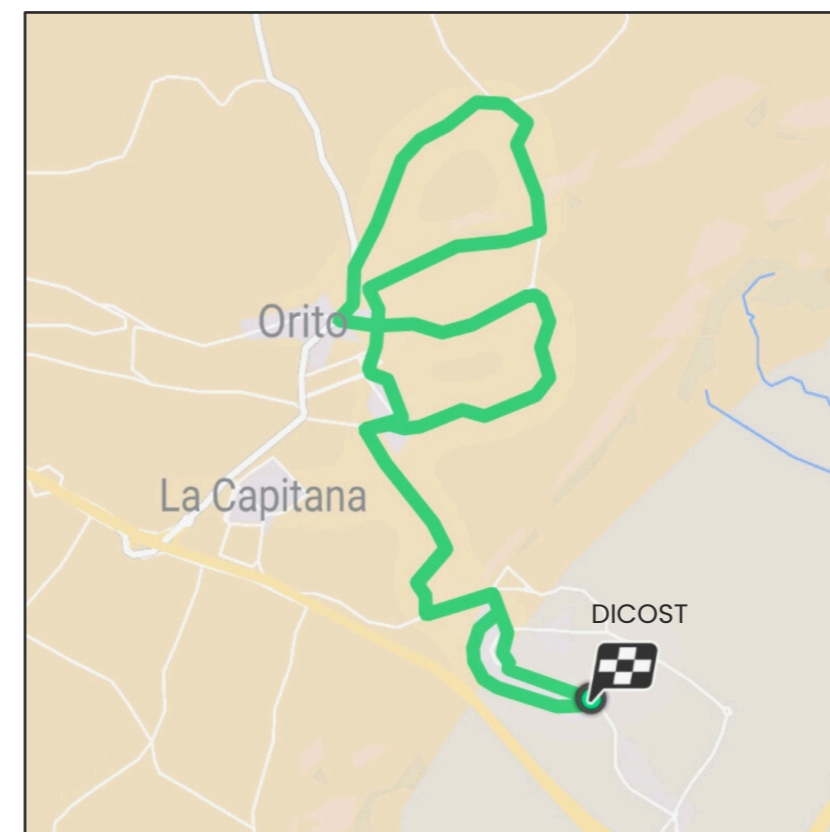
Conclusion

Walking is a simple activity but comes with a myriad of health benefits for both physical and mental well-being. As residents of Alenda Golf, you have the perfect environment to walk with beautiful scenery and fresh air. So, what are you waiting for?

Start walking regularly and experience its benefits in your life.

Check out the recommended routes.

Happy walking and stay healthy!



Start at Dicost Supermarket

Passed & Round Orito

Walk 5.6 km/h

Distance 11.74 km

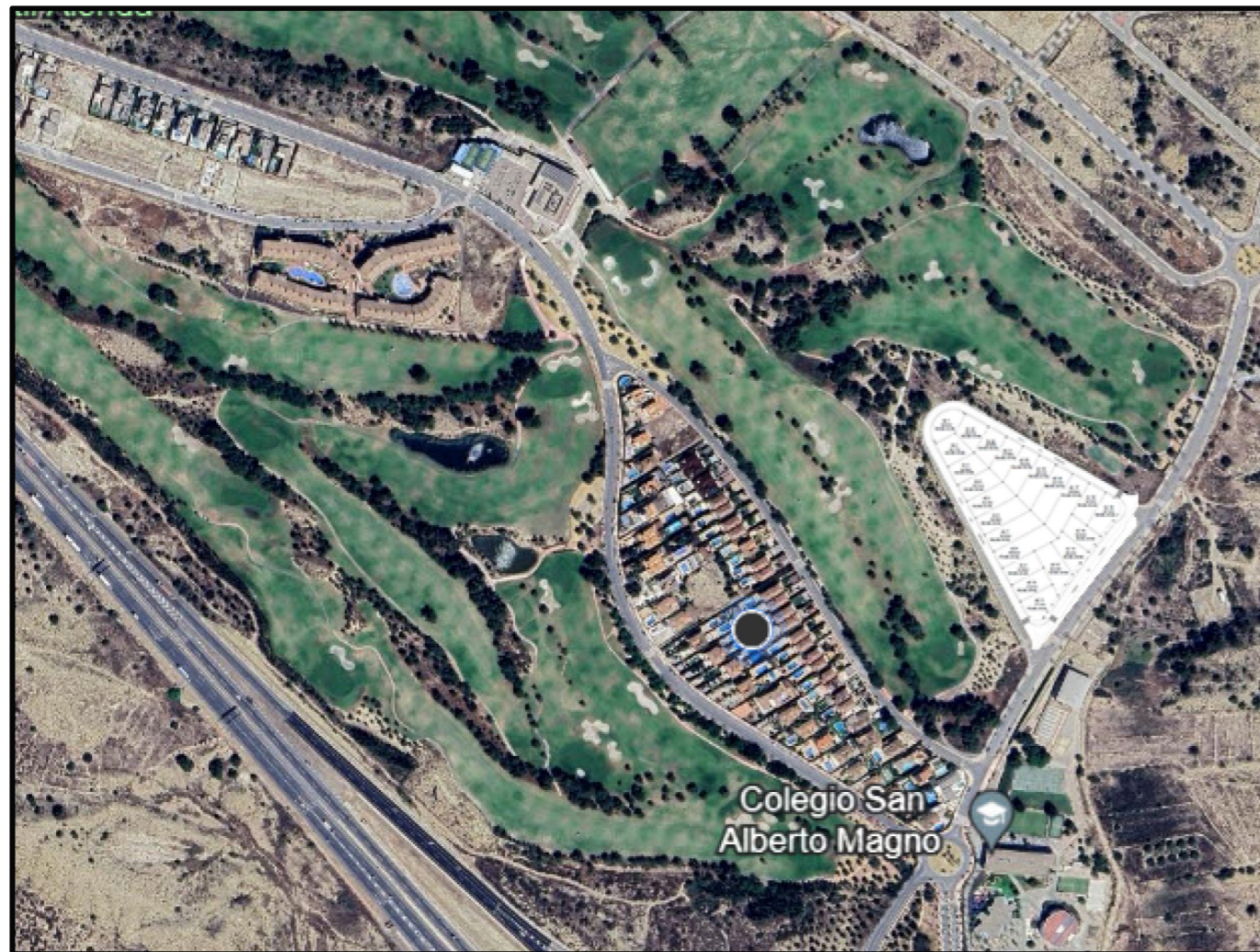
Target Time 2:05 Hours



Building Plots For Sale ...



Gloria Cornelius
Alenda Golf Property
+ 34 649 649 018 |
nfo@alendagolfproperty.com
www.alendagolfproperty.com



Number	Sq Mtrs	Price
42.01	605.93	120.00
42.02	603.17	120.00
42.03	603.98	120.00
42.04	651.81	125.00
42.05	746.10	130.00
42.06	840.38	145.00
42.07	934.60	160.00
42.08	1028.84	175.000
42.09	615.85	105.000
42.10	615.87	105.000
42.11	673.18	115.000
42.12	834.51	125.000
42.13	658.20	100.000
42.14	632.03	95.000
42.15	681.76	100.000
42.16	622.55	95.000
42.17	1028.96	175.000
42.18	934.70	160.000
42.19	840.41	145.000
42.20	746.34	130.000
42.21	651.86	125.000
42.22	603.90	120.000
42.23	603.07	120.000



Translated by Google

Great Location with Clear Views over the Golf Course Towards the Mountains

Discover a world where your dream of golf-front living merges seamlessly with the opportunity for an exceptional investment.

Nestled in the heart of the picturesque Alicante region, Alenda Golf presents an exclusive chance to own a piece of paradise on frontline golf land. This isn't just any land; it's your canvas to create a home that embodies your aspirations, life style, and love for space.

Plot prices of this elite community start from just €95,000 plus IVA, extending up to €175,000 plus IVA for the most expansive plot.

Plots range from 603.03 m² to 1028.96 m², and are advantageously placed between the 7th and 8th fairways, ensuring every homeowner enjoys uninterrupted views of the lush fairways and the majestic Sierra de Las Aguilas mountains.



Excelente Ubicación Con Vistas Claras Sobre El Campo de Golf Hacia Las Montañas

Descubre un mundo donde tu sueño de vivir frente a un campo de golf se fusiona a la perfección con la oportunidad de realizar una inversión excepcional.

Anidado en el corazón de la pintoresca región de Alicante, Alenda Golf presenta una oportunidad exclusiva de poseer un pedazo de paraíso en terrenos de primera línea de golf. Este no es simplemente cualquier terreno; es tu lienzo para crear un hogar que encarne tus aspiraciones, estilo de vida y amor por el espacio.

Los precios de los terrenos de esta comunidad de élite comienzan desde solo €95,000 más IVA, extendiéndose hasta €175,000 más IVA para la parcela más grande.

Las parcelas varían de 603.03 m² a 1028.96 m² y están ventajosamente ubicadas entre los hoyos 7 y 8, asegurando que cada propietario disfrute de vistas ininterrumpidas de las exuberantes calles y las majestuosas montañas de la Sierra de Las Aguilas.



La llegada de Uber al Aeropuerto de Alicante

En junio de 2024, Uber lanzó oficialmente sus servicios en el aeropuerto Alicante-Elche Miguel Hernández. Esta expansión tiene como objetivo aliviar parte de la presión para conseguir taxis, especialmente durante las temporadas turísticas altas, cuando las largas colas han sido un problema persistente.

Detalles del servicio:

Se han emitido un total de 40 nuevas licencias de Uber.
30 vehículos están dedicados a servir el aeropuerto y el área de Alicante.
10 vehículos están limitados a operar dentro de la ciudad de Elche.

Impacto y reacciones:

La introducción de Uber ha generado reacciones mixtas:

Perspectiva positiva:

Mejora en las opciones de transporte para turistas y residentes.
Posible reducción en los tiempos de espera en el aeropuerto.

Preocupaciones y oposición:

Los taxistas locales están molestos con la introducción de Uber.
Algunos conductores creen que podrían haber resuelto los problemas de las colas sin involucrar a las compañías de transporte bajo demanda.
Preocupaciones sobre la competencia desleal y las amenazas a los medios de vida de los taxis tradicionales.

Desarrollos adicionales:

1. Cabify se une al mercado: Poco después del lanzamiento de Uber, Cabify también comenzó a operar en el aeropuerto de Alicante-Elche, expandiendo aún más las opciones de transporte.
2. Negociaciones en curso: Las asociaciones de taxis han estado en conversaciones con el Ministerio de Obras Públicas para abordar las preocupaciones y regular la industria de transporte bajo demanda.
3. Contexto más amplio: Este desarrollo es parte de una tendencia más amplia en España, donde los servicios de transporte bajo demanda han enfrentado oposición por parte de los taxistas tradicionales, incluidas huelgas en grandes ciudades.

Si bien la introducción de Uber y Cabify busca mejorar las opciones de transporte en Alicante, especialmente en el aeropuerto, también ha intensificado el debate sobre el futuro de la movilidad urbana y el equilibrio entre los servicios de transporte tradicionales y los nuevos.



Uber's Arrival at Alicante Airport

In June 2024, Uber officially launched its services at Alicante-Elche Miguel Hernandez airport. This expansion aims to alleviate some of the pressure on getting taxis, particularly during peak tourist seasons when long queues have been a persistent issue.

Service Details:

40 new Uber licenses have been issued in total
30 vehicles are dedicated to serving the airport and Alicante area
10 vehicles are limited to operating within the city of Elche

Impact and Reactions

The introduction of Uber has sparked mixed reactions:

Positive Outlook:

Improved transport options for tourists and locals
Potential reduction in wait times at the airport

Concerns and Opposition:

Local taxi drivers are upset with Uber's introduction
Some drivers believe they could have solved queue problems without involving ride-booking com
Concerns about unfair competition and threats to tr

Additional Developments

1. Cabify Joins the Market: Shortly after Uber's launch, Cabify also began operating at Alicante-Elche airport, further expanding ride-hailing options.
2. Ongoing Negotiations: Taxi associations have been in talks with the public works ministry to address concerns and regulate the ride-hailing industry.
3. Wider Context: This development is part of a broader trend in Spain, where ride-hailing services have faced opposition from traditional taxi drivers, including strikes in major cities.

While the introduction of Uber and Cabify aims to improve transportation options in Alicante, particularly at the airport, it has also intensified the ongoing debate about the future of urban mobility and the balance between traditional and new transportation services.



Treating age as just a number

Positive ageing is a powerful mindset that embraces the idea that age is just a number, emphasising how our attitude toward growing older can significantly impact our overall well-being.

This approach recognises that our perspective on ageing can shape our physical, mental, and emotional health in profound ways.

By adopting a positive view of ageing, individuals tend to lead healthier and more fulfilling lives, demonstrating that life doesn't have to slow down unless we allow it to.

Scientific research supports the notion that treating age as just a number can contribute to positive ageing outcomes.

Studies have shown that individuals with more positive age beliefs perform better both physically and cognitively compared to those with negative perceptions.

These benefits extend to various aspects of life, including improved recovery from severe disabilities, better memory function, faster walking speed, and even increased longevity. In fact, one striking study found that participants with the most positive views of ageing lived an average of seven and a half years longer than those with the most negative views.

This evidence underscores the importance of cultivating a positive mindset toward ageing, as it can lead to tangible improvements in quality of life and overall health.



Tratar la edad como solo un número

El envejecimiento positivo es una mentalidad poderosa que abraza la idea de que la edad es solo un número, destacando cómo nuestra actitud hacia el envejecimiento puede impactar significativamente nuestro bienestar general.

Este enfoque reconoce que nuestra perspectiva sobre el envejecimiento puede moldear nuestra salud física, mental y emocional de maneras profundas.

Al adoptar una visión positiva del envejecimiento, las personas tienden a llevar vidas más saludables y satisfactorias, demostrando que la vida no tiene por qué desacelerarse a menos que lo permitamos.

La investigación científica respalda la idea de que tratar la edad como un simple número puede contribuir a resultados positivos de envejecimiento.

Los estudios han demostrado que las personas con creencias más positivas sobre la edad rinden mejor tanto física como cognitivamente en comparación con aquellas que tienen percepciones negativas.

Estos beneficios se extienden a diversos aspectos de la vida, incluidos una mejor recuperación de discapacidades graves, una mejor función de la memoria, mayor velocidad al caminar e incluso una mayor longevidad.

De hecho, un estudio revelador encontró que los participantes con las visiones más positivas sobre el envejecimiento vivieron un promedio de siete años y medio más que aquellos con las visiones más negativas.

Esta evidencia subraya la importancia de cultivar una mentalidad positiva hacia el envejecimiento, ya que puede llevar a mejoras tangibles en la calidad de vida y en la salud general.



Grocery prices set to rise in Spain

Expect Supermarket Price Hikes in Spain as VAT Cuts End

Consumers in Spain should be prepared for higher supermarket prices starting this October, as the temporary reduction of VAT (Value Added Tax) on essential food items is set to expire.

The VAT reduction was originally introduced as a response to surging inflation following the war in Ukraine, aiming to ease the financial pressure on households. While the Spanish government extended this relief measure until 30th September 2024, the grace period has now ended, meaning VAT will soon be reinstated on a range of basic foodstuffs.

Why Was VAT Cut?

To mitigate the rising cost of living, Spain introduced a VAT reduction on essential goods. This move helped families cope with higher prices and brought relief to their shopping bills. In the first quarter of 2024 alone, the VAT cut led to a €440 million reduction in tax revenue.

While this tax break was widely welcomed by consumers, it also played a crucial role in preventing inflation from spiralling out of control. However, the European Commission has now urged EU member states to gradually restore their VAT rates, and Spain will follow this directive, meaning VAT on basic goods will return.

What Will Change?

From 1st October 2024, food items that were previously exempt from VAT (0%) will now be taxed at 2%, while products that were taxed at 5% will see their rate rise to 7.5%. This change will affect a variety of staple foods.

Consumers can expect price increases on items such as:

- Olive oil
- Bread
- Flour
- Milk
- Cheese
- Eggs
- Fruit and vegetables
- Pulses
- Cereals



Additionally, the VAT rate on pasta and seed oils, including sunflower oil, will increase from 5% to 7.5%. The government plans to gradually phase in these VAT increases on a month-by-month basis, so shoppers will see prices rise incrementally over time.

What Does This Mean for Shoppers?

The return of VAT on essential foods will inevitably lead to higher prices at the checkout, making it more important than ever for consumers to keep a close eye on their spending. These changes, although necessary for restoring normal tax revenues across the EU, could further stretch household budgets in the coming months.

Shoppers in Spain will start noticing the impact of these VAT adjustments from October onwards, as supermarket prices rise in response to the gradual reintroduction of the tax.

Stayd Legal

What to Keep in Your Car According to Spanish Law

In Spain, certain documents and items must always be kept in your vehicle. Here's a summary of what's legally required:

- Valid driving licence: You must carry a valid
- Licence appropriate for your vehicle, or use a notarised copy or the MiDGT app.
- Permiso de Circulación and Ficha Técnica

These documents confirm the vehicle's registration in your name and provide details like make, model, and registration number. Notarised copies or the MiDGT app are also acceptable.

ITV certificate, windscreen sticker, and proof of insurance: The ITV (MOT) certificate shows your vehicle has passed its inspection, required every two years (or annually for vehicles over 10 years old). Proof of third-party liability insurance is mandatory.

European accident form: This standardised form is used across Europe to report accidents and helps in resolving claims.

Reflective jackets and warning triangles/V16 light signals: You must have a reflective jacket inside the vehicle and two warning triangles for breakdowns or accidents. From 2026, V16 light signals will be compulsory.

Spare tyre and repair kit: A spare tyre and repair kit are essential for roadside emergencies.

Additional recommended items include a first aid kit, fire extinguisher, and spare light bulbs. Failure to comply with these requirements can result in fines and legal issues. Keeping these documents and items ensures both legal compliance and road safety.

A Gift from the Spanish Government... ..

Subsidised Holidays in Spain: A Gift from the Spanish Government

Even the most beautiful places can start to feel a little routine when you see them every day. That's why the Spanish Government has introduced Imsero, a subsidised holiday programme designed specifically for pensioners living in Spain. Here's everything you need to know about this fantastic opportunity:

What is Imsero?

Imsero is a holiday scheme for pensioners, sponsored by the Spanish Government. It offers cheaper holidays during the off-peak season (October to June) for resident pensioners, regardless of nationality.

The programme provides access to a variety of destinations, including:

- Mainland Spain
- The Balearic Islands
- The Canary Islands
- Portugal

Holidays last between 5 to 15 days and include full board at three or four-star hotels. Options include:

- 5-day cultural tours
- Rural tourism holidays
- Standard holidays of 8, 10, or 15 days

Who is Eligible?

The Imsero programme is open to residents of Spain who meet the following criteria:

- Aged 65 or over
- Aged 55 or over and receiving a widow's pension
- Aged 60 or over and receiving an invalidity pension or early retirement pension

You can also bring a companion, even if they aren't a pensioner!



What Does Each Holiday Include?

Each Imsero holiday package typically offers:

- Transport to and from the capital city of your province (e.g. Alicante) to the hotel
- Full board accommodation (double or single rooms available)
- Group travel insurance
- National health medical attention at the hotel (except for cultural and scenic tours)
- Entertainment programmes
- Accommodation in three or four-star hotels meeting government standards

How Much Does It Cost?

Here are some examples of prices from the 2012/2013 programme:

- 8 days in Andalucía – €198 per person
- 8 days in Portugal – €208 per person
- 10 days in the Canary Islands – €379 per person
- 15 days in Andalucía – €358 per person
- 5-day cultural tour – €235 per person

An Imsero holiday is often more affordable than staying at home!

How Can You Apply?

Applying for Imsero is simple. Complete an application form with details such as:

- NIE number
- Type of pension and monthly income
- Preferred destinations

Once accepted, you'll receive a key number, allowing you to book your holiday through a participating travel agent or online. Then, all that's left is to enjoy your holiday!

This government-sponsored programme offers a wonderful opportunity for pensioners to explore beautiful destinations at affordable prices while enjoying a well-deserved break.

Perros ...

Los perros son hermosos, inteligentes y quieren saber ¿por qué algunos de sus dueños en Alenda Golf no los recogen después de ellos? Recoger los excrementos de su perro es lo correcto

Dogs are beautiful, intelligent and want to know why some of their owners at Alenda Golf don't pick up after them? Pick up after your dog it's the right thing to do

Translated by Google



Dispositivos Anti-Ladridos ...

Barking doesn't always mean something is wrong and isn't always corrected through training. Some dogs are naturally dramatic and bark at any emotion. If you've tried everything and need peace, anti-barking devices can help. They are often overlooked but are the most effective solution for managing noise.

Ladran no siempre significa que algo esté mal y no siempre se corrige con entrenamiento. Algunos perros son naturalmente dramáticos y ladran ante cualquier emoción. Si has intentado todo y necesitas tranquilidad, los dispositivos anti-ladridos pueden ayudar. A menudo se pasan por alto, pero son la solución más efectiva para manejar el ruido.

Ven Aquí
Go Here

Pick Up Pets Waste ...



Picking up your pet waste in the Alenda Golf area is crucial for the local environment because it reduces the spread of harmful bacteria, and maintains a clean and healthy community.

Additionally, unattended pet waste can attract pests and contribute to unpleasant odors, detracting from the beauty and enjoyment of the Alenda Golf area.

By responsibly picking up after pets, individuals contribute to a cleaner, safer, and more sustainable environment for everyone in this beautiful community.



Recoger los desechos de tus mascotas en el área de Alenda Golf es crucial para el medio ambiente local, ya que reduce la propagación de bacterias dañinas y mantiene una comunidad limpia y saludable.

Además, los desechos de mascotas no recogidos pueden atraer plagas y contribuir a malos olores, lo que resta belleza y disfrute al área de Alenda Golf.

Al recoger responsablemente después de las mascotas, las personas contribuyen a un entorno más limpio, seguro y sostenible para todos en esta hermosa comunidad.

Rules of Golf ...

Question One:

If you hit a ball into the woods and play another ball without calling it a provisional, can you still play your original ball if you find it later?

Answer:

No, unless you declared the second ball as a provisional, it's treated as stroke-and-distance relief. You must take a penalty stroke and continue with the second ball. The original ball cannot be played.



Question Two:

If your ball is wedged against the flagstick and pops out when removing it, can you claim it was holed with the previous stroke?

Answer:

Yes, if any part of the ball was below the surface of the green, it is considered holed, even if it comes out when the flagstick is removed.

Tee it High to Let it Fly ...



"Tee it high and let it fly" is a well-known golf cliché. The idea is that a higher tee results in longer drives, while a lower tee helps with accuracy. But does tee height really impact distance and accuracy?

Here's what was found:

Low tee: Avg. ball speed: 175.2 mph | Avg. carry: 308 yards | Avg. dispersion: 17.4 yards

Medium tee: Avg. ball speed: 175.6 mph | Avg. carry: 304.6 yards | Avg. dispersion: 25.8 yards

High tee: Avg. ball speed: 176 mph | Avg. carry: 319 yards | Avg. dispersion: 26.8 yards

Conclusion: As tee height increases, so does ball speed. The higher tee produced the fastest ball speed (176 mph), while the lower tee had the slowest (175.2 mph).tee.

Recogida de Enseres ...

Recogida gratuita de muebles y electrodomésticos

¿Tienes muebles o electrodomésticos para desechar?

Ofrecemos un servicio de recogida cómodo y rápido, ¡absolutamente gratis!

Contacta con nosotros vía WhatsApp o llama con tu dirección: 654 897 984

Disponibles de lunes a viernes de 09:00 a 14:00 horas.

Nota: El incumplimiento de las ordenanzas municipales puede dar lugar a multas que oscilan entre 600 € y 30.000 €, según la infracción.

Ayuntamiento de Monforte del Cid



Recogida de enseres
Cómodo, rápido ¡Y GRATUITO!
Si tienes muebles o electrodomésticos de los que quieras deshacerte:
 Envía un WhatsApp o llama indicando tu dirección al: **654 897 984**
 De Lunes a Viernes de 09:00 a 14:00
El no cumplimiento de la Ordenanza Municipal puede acarrear sanciones entre 600€ y 30.000 € según la infracción
 Ayuntamiento de **MONFORTE DEL CID**

Collection of Old Belongings ...

Free Furniture and Appliance Pickup

Do you have furniture or appliances to dispose of?

We offer a convenient and fast pickup service, absolutely free!

Contact us via WhatsApp or call with your address: **654 897 984**

Available Monday to Friday, 09:00 to 14:00.

Note: Non-compliance with municipal ordinances can result in fines ranging from €600 to €30,000, depending on the violation.

Monforte del Cid Town Hall



Teléfonos de Interés

Servicios Públicos

Farmacia Jesús Juana Roa, C/Castro Richart,12, Tel. 965620034 Farmacia

Javier Llopico, C/Vinalopó 2b, 1, Tel. 965621754

Farmacia-Ortopedia Charo Ayela, C/ Hermanos Kennedy, 3, Tel. 965620364 –

Centro De Salud, C/ Agost,52 , Tel. 966908050

Correos Y Telégrafos, Avda. De Aspe, 17 Bajo, Tel. 965620285

Coop. Agrícola, Camino Agozador, 2, D. Manuel Ramón Fernández, Tel. 965620281 Comunidad De

Regantes, Avda. De Alicante, 123, D. Carlos Ibarra, Tel. 965620330 C.P. Jorge Juan, Enrique Santos, S/N, Tel. 965 620 130

Colegio S.Alberto Magno, Avda. De Levante, 10, Tel. 965625200

IES Monforte, Avda. Miguel Candela, S/N, Tel. 96 6908125 / 96 5621492 Campo Golf Alenda, Avda. Del Mediterráneo, 52, Tel. 965620521

Campo Golf Font Del Llop, Ctra. Alicante-Aspe Cv 847 Km 3,5, Tel. 966126767



VIDEO

Ayuntamiento

Policía Local, Plaza De España, 3, Tel. 965620239/609903189

Oficina Guardia Civil, Plaza De San Pascual, Tel. 966195756

Casa Consistorial, Plaza De España, 1, Tel. 965620025/6

Oficina De Turismo, Plaza De España, 1, Tel. 965626417 Museo

Íbero, Plaza Bonifacio Amorós,10, Tel. 966186345 Servicios

Sociales, C/ Joan Miró, 13 Bajo, Tel. 965621828 Biblioteca, C/Juan De La Torre, 8, Tel. 966195733

Fpa Monforte, C/ Joan Miró, 13, Tel. 966195780

Club 3ª Edad, Avda. De Alicante, 43, Tel. 965620787

Hotel De Asociaciones, C/ Colombia S/N, 965620043 Escuela

Infantil, C/ Vicente Blasco Ibáñez, 2, Tel. 965621443 Televisión

Monforte, C/ Ramón Y Cajal, 9 1º, Tel. 965626422

Pabellón Municipal, Ronda Maestro Rodrigo, S/N Tel. 966195757

Polideportivo, Avda. Jaime I, S/N, Tel. 965621266

Campo De Fútbol, C/ Eusebio Sempere, S/N, Tel. 966180215

Centro De Información Juvenil, C/ Colombia S/N, Tel. 965621190

Zona Acampada Orito, Subida Vehículos Hacia Cueva, Tel. 965620025/6

Casa De La Música, C/ Guillén Gras, 6, Tel. 965620710/678623547

Monforte Del Cid



Make Alenda Golf Your Home

10 Compelling Reasons

Nestled in the heart of Spain's sun-drenched Costa Blanca, Alenda Golf offers an unparalleled living experience for those seeking a perfect blend of luxury, tranquility, and active lifestyle.

Here are ten reasons why you should consider making Alenda Golf your new home:

1. World-Class Golf at Your Doorstep

Alenda Golf boasts an 18-hole championship course designed by Roland Favrat. Whether you're a seasoned pro or a beginner, you'll have access to top-notch golfing facilities right outside your front door.

2. Mediterranean Climate

Enjoy over 300 days of sunshine per year, with mild winters and warm summers. The Costa Blanca's climate is perfect for outdoor enthusiasts and those seeking a healthier lifestyle.

3. Stunning Natural Beauty

Surrounded by picturesque mountains and lush landscapes, Alenda Golf offers breathtaking views and a serene environment to call home.

4. Proximity to Beaches

Just a short drive from some of Spain's most beautiful beaches, you can easily enjoy the crystal-clear waters of the Mediterranean Sea whenever you please.

5. Modern Infrastructure and Amenities

Alenda Golf provides state-of-the-art facilities, including a clubhouse, restaurants, swimming pools, and sports facilities, ensuring all your needs are met within the community.

6. Vibrant Expat Community

Join a welcoming international community of like-minded individuals who have chosen to make the Costa Blanca their home.

7. Rich Spanish Culture

Immerse yourself in the local culture, with easy access to traditional Spanish towns, festivals, and cuisine. Experience the best of both worlds – a modern lifestyle with authentic Spanish charm.

8. Excellent Healthcare

The Costa Blanca region boasts top-quality healthcare facilities and services, giving you peace of mind for your well-being.

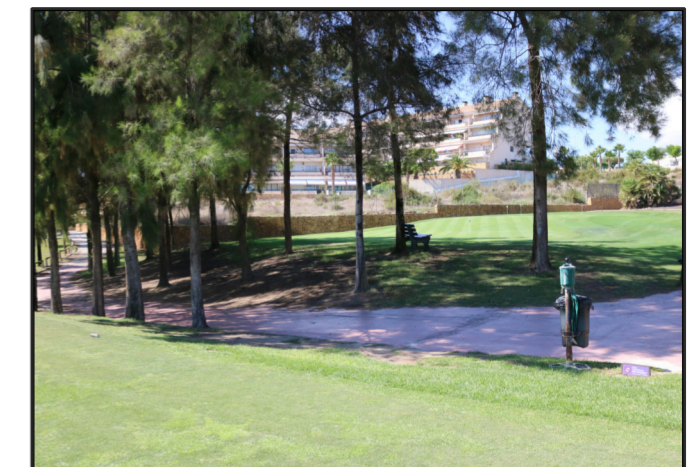
9. Strategic Location

Alenda Golf is conveniently located near Alicante and its international airport, making it easy to travel and receive visitors from around the world.

10. Investment Potential

Property in this desirable area of Spain has shown steady appreciation over the years, making Alenda Golf not just a wonderful place to live but also a smart investment for your future.

Experience the perfect blend of luxury living, natural beauty, and active lifestyle at Alenda Golf. Come and see why so many people have chosen to make this slice of Costa Blanca paradise their home.



Haz de Alenda Golf Tu Hogar

10 Razones Convincente

Ubicado en el corazón de la soleada Costa Blanca en España, Alenda Golf ofrece una experiencia de vida inigualable para aquellos que buscan una combinación perfecta de lujo, tranquilidad y un estilo de vida activo.

Aquí tienes diez razones por las que deberías considerar hacer de Alenda Golf tu nuevo hogar:

1. Golf de Clase Mundial a Tu Puerta

Alenda Golf cuenta con un campo de golf de 18 hoyos diseñado por Roland Favrat. Tanto si eres un profesional experimentado como un principiante, tendrás acceso a instalaciones de golf de primera calidad justo frente a tu casa.

2. Clima Mediterráneo

Disfruta de más de 300 días de sol al año, con inviernos suaves y veranos cálidos. El clima de la Costa Blanca es perfecto para los amantes de las actividades al aire libre y para quienes buscan un estilo de vida más saludable.

3. Belleza Natural Impresionante

Rodeado de montañas pintorescas y paisajes exuberantes, Alenda Golf ofrece vistas impresionantes y un entorno sereno para llamar hogar.

4. Cercanía a las Playas

A solo un corto trayecto en coche de algunas de las playas más hermosas de España, puedes disfrutar fácilmente de las aguas cristalinas del Mar Mediterráneo siempre que quieras.

5. Infraestructura Moderna y Servicios

Alenda Golf ofrece instalaciones de última generación, que incluyen una casa club, restaurantes, piscinas y facilidades deportivas, garantizando que todas tus necesidades estén cubiertas dentro de la comunidad.

6. Vibrante Comunidad de Expatriados

Únete a una comunidad internacional acogedora de personas afines que han elegido hacer de la Costa Blanca su hogar.

7. Rica Cultura Española

Sumérgete en la cultura local, con fácil acceso a pueblos tradicionales españoles, festivales y gastronomía. Disfruta de lo mejor de ambos mundos: un estilo de vida moderno con el encanto auténtico de España.

8. Excelente Atención Médica

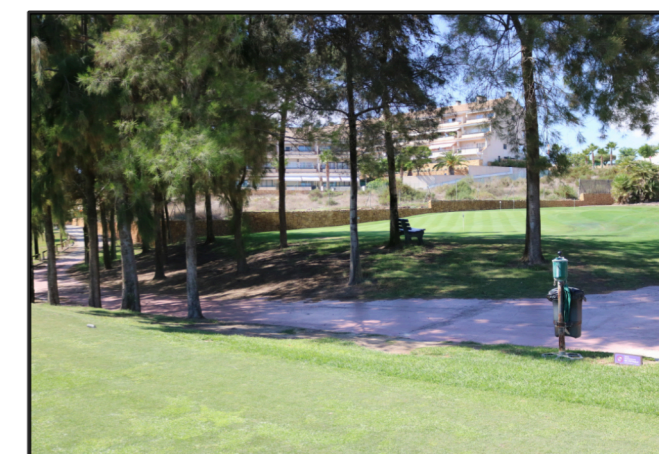
La región de la Costa Blanca cuenta con servicios e instalaciones de atención médica de alta calidad, brindándote tranquilidad para tu bienestar.

9. Ubicación Estratégica

Alenda Golf está convenientemente ubicado cerca de Alicante y su aeropuerto internacional, lo que facilita viajar y recibir visitas de todo el mundo.

10. Potencial de Inversión

Las propiedades en esta codiciada zona de España han mostrado una apreciación constante a lo largo de los años, lo que convierte a Alenda Golf no solo en un lugar maravilloso para vivir, sino también en una inversión inteligente para el futuro.



New Child Car Seat Rules

What You Need to Know

From 1 September 2024, new child car seat regulations take effect across Europe, including Spain. The ECE R129 standard, also known as i-Size, replaces the older ECE R44/04 regulation. Here's what parents should know:

Key Changes

- Car seats now categorised by child's height, not weight
- Mandatory side-impact testing
- Isofix system required for easier installation

Benefits of ECE R129

- Better fit as children grow
- Enhanced protection in side collisions
- Reduced risk of incorrect installation

What This Means for You

- New seats must meet ECE R129 standard
- Existing R44/04 seats can still be used
- Consider upgrading for improved safety features

Compliance in Spain

- Fines up to €200 for non-compliance
- No immediate replacement required for existing R44/04 seats
- Check for ECE R129 compliance when buying new seats

While not mandatory to replace existing seats, the advanced safety features of ECE R129 seats make upgrading a worthwhile consideration for your child's protection

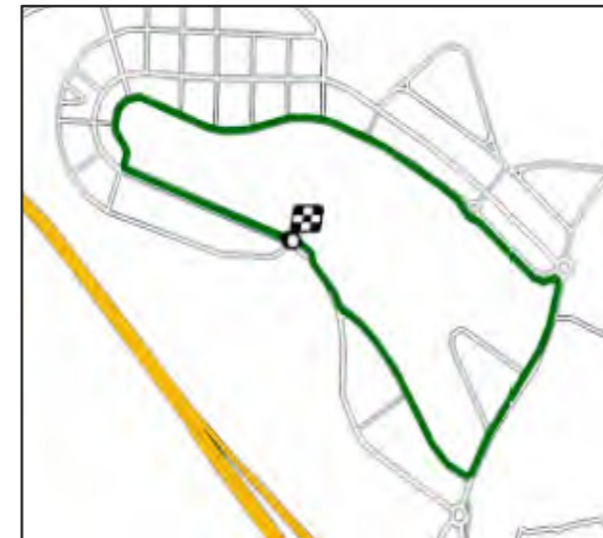
In Spain, you can purchase child car seats from various retailers. Here are some notable options:

1. MIMOS
Location: Carrer Vicente Blasco Ibáñez, 17, 03660 Novelda, Alicante
Phone: +34 965 49 43 02
Website: mimosnovelda.com
2. BebéCenter Alicante
Location: Avinguda Novelda, 253, 03009 Alacant, Alicante
Phone: +34 966 44 68 84
Website: bebecenter.es
3. Babymania España
Location: C. San José, 55, Almoradí, Alicante
Phone: +34 672 79 84 70
Website: babymania.es



Alenda Golf Walk Regularly

Walking is a simple, accessible way to enhance your health and support weight loss. So, lace up your walking shoes, head to Alenda Golf's beautiful walking routes, and start reaping the many benefits today!



Hug the Course Route
Walk 6.0 km/h
Distance 3.00 km
Target Time 30.00mins



Outside Course Route
Walk 5.5 km/h
Distance 4.45 km
Target Time 48.32mins



Up & Over
Walk 5.5 km/h
Distance 6.42 km
Target Time 69.00mins



Why the Spanish Eat Late

The Spanish are renowned for their late mealtimes, which often perplex visitors. While most Europeans lunch between 11:30 and 13:30 and dine from 17:00 to 19:00, Spaniards typically have lunch from 14:00 to 16:00 and dinner after 21:30.

This peculiar schedule stems from a decision made by Spanish dictator Francisco Franco in 1942. He changed Spain's time zone to align with Nazi Germany, putting the country an hour ahead of its natural time zone. Consequently, when the sun is at its zenith, Spanish clocks show 13:30 rather than 12:00.

Additionally, Spanish work schedules often involve longer hours or split shifts, with many finishing work around 19:00 or 20:00. This naturally pushes mealtimes later into the evening.

These factors combine to create Spain's unique dining culture, where restaurants may not open for dinner until 21:00 or later, much to the bewilderment of hungry tourists seeking an earlier meal.

There are regional variations in Spanish mealtimes, influenced by local customs and climate.

Generally, Spaniards eat five meals a day, but the timing can differ significantly across regions.

Common Mealtimes Across Spain

- Breakfast (Desayuno): Typically from 7 am to 9 am.
- Mid-Morning Snack (Almuerzo): Around 10 am to 11 am, especially for schoolchildren.
- Lunch (Comida): Usually between 1 pm and 3 pm, considered the main meal of the day.
- Afternoon Snack (Merienda): Generally from 5 pm to 7 pm.
- Dinner (Cena): Typically served from 9 pm to 11 pm, often lighter than lunch.

Regional Differences

Andalusia: In the south, where temperatures can be extreme, dinner may start later often around 10 pm, to avoid the heat.

Basque Country: In the north, mealtimes can be slightly earlier, with dinner often starting around 8:30 pm, reflecting the milder climate.

Catalonia: Breakfast is referred to as "esmorzar," and the timing and types of food can vary slightly from the rest of Spain. wards, as supermarket prices rise in response to the gradual reintroduction of the tax.



What the Spanish Eat Regionally ...

Spain has a rich and diverse culinary tradition, with many regional specialties.

Here are some traditional dishes specific to different regions in Spain:

Andalusia

- Gazpacho: A cold tomato-based soup made with vegetables and olive oil
- Flamenquín: A rolled and breaded pork dish

Basque Country

- Pintxos: Small snacks or appetizers, often served on bread
- Bacalao al Pil Pil: Salted cod with garlic and olive oil sauce

Catalonia

- Calçots: Char-grilled green onions served with romesco sauce
- Pa amb tomàquet: Toasted bread rubbed with tomato and olive oil

Valencia

- Paella: The famous rice dish with various ingredients like seafood, chicken, rabbit, etc.

Madrid

- Cocido Madrileño: A hearty stew with chickpeas, meat, and vegetables

Galicia

- Pulpo á feira: Octopus seasoned with paprika and olive oil
- Empanada gallega: A savory pie filled with tuna or cod

Asturias

- Fabada: A hearty bean stew with pork and sausages

Extremadura

- Migas: A dish made with breadcrumbs, chorizo, and pancetta
- Castilla y León
- Lechazo: Roasted suckling lamb



Alenda Golf Property Page ...



More About How We Do What We Do!

With over 18 years of experience assisting clients in purchasing their dream homes, Alenda Golf Property stands out in eliminating the common uncertainties and headaches that come with buying a property.

Whether you're looking for an investment, a holiday home, or a primary residence, we ensure your new home meets all your needs and expectations.

We guide you through the essential legal procedures to complete your buying or selling process, including registering your new property and transferring utilities. Alenda Golf Property makes the entire process straightforward and secure.

Moreover, we offer financial solutions, including opening bank accounts and introducing you to banks that match your financial needs, mortgage brokers, and mortgage intermediaries.

If you need to transfer currencies for a purchase or sale, we can connect you with leaders in the foreign exchange market, offering favorable and competitive exchange rates for significant savings.

Our additional client support includes assistance with NIE applications and translation services. We don't just sell properties; we accompany you throughout the entire process. Our goal is to provide an unparalleled, comprehensive, and superior level of service. You can see what our customers say on our Alenda Golf Property website.

Should you need to purchase furniture, curtains, decor, or install lighting, we can provide you with a list of professional providers. If you are out of the country, our Project Management Service ensures that all works are completed to your satisfaction.

As dual citizens bilingual in both English and Spanish, we understand the cultures and expectations of both British and Spanish clients.

With previous experience in the City of London, including a role as a Personal Assistant to the Managing Director of Investment Banking at Morgan Stanley, we bring considerable expertise in the Spanish real estate market. This positions us uniquely to help our clients navigate any linguistic and legal challenges they may encounter in Spain.

A Secure and Simple Process.



Gloria Cornelius
Alenda Golf Property
+ 34 649 649 018

info@alendagolfproperty.com
www.alendagolfproperty.com



¡Más sobre cómo hacemos lo que hacemos!

Con más de 18 años de experiencia ayudando a clientes a comprar la casa de sus sueños, Alenda Golf Property se destaca por eliminar las incertidumbres y dolores de cabeza comunes que vienen con la compra de una propiedad.

Ya sea que esté buscando una inversión, una casa de vacaciones o una residencia principal, nos aseguramos de que su nuevo hogar cumpla con todas sus necesidades y expectativas.

Lo guiamos a través de los procedimientos legales esenciales para completar su proceso de compra o venta, incluyendo el registro de su nueva propiedad y la transferencia de servicios públicos. Alenda Golf Property hace que todo el proceso sea sencillo y seguro.

Además, ofrecemos soluciones financieras, incluyendo la apertura de cuentas bancarias y la presentación a bancos que se ajusten a sus necesidades financieras, así como a corredores e intermediarios hipotecarios.

Si necesita transferir divisas para una compra o venta, podemos conectarlo con líderes en el mercado de cambio de divisas, ofreciendo tipos de cambio favorables y competitivos para ahorros significativos.

Nuestro soporte adicional al cliente incluye asistencia con aplicaciones de NIE y servicios de traducción. No solo vendemos propiedades; lo acompañamos durante todo el proceso. Nuestro objetivo es proporcionar un nivel de servicio incomparable, integral y superior. Puede ver lo que dicen nuestros clientes en nuestro sitio web de Alenda Golf Property.

Si necesita comprar muebles, cortinas, decoración o instalar iluminación, podemos proporcionarle una lista de proveedores profesionales. Si está fuera del país, nuestro Servicio de Gestión de Proyectos asegura que todos los trabajos se completen a su satisfacción.

Como ciudadanos duales bilingües en inglés y español, entendemos las culturas y expectativas tanto de los clientes británicos como españoles.

Con experiencia previa en la City de Londres, incluyendo un rol como Asistente Personal del Director General de Banca de Inversión en Morgan Stanley, aportamos una considerable experiencia en el mercado inmobiliario español. Esto nos posiciona de manera única para ayudar a nuestros clientes a navegar cualquier desafío lingüístico y legal que puedan encontrar en España.

Un Proceso Seguro y Sencillo.

Gloria Cornelius
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www.alendagolfproperty.com

Clients Comments ...

"When we made a decision to sell our property In Alenda Golf, being based in Birmingham we were unsure of what way to proceed.

Looking online we came across **Alenda Golf Properties** and sent an email. In a very short time frame I receive a response from George and we arranged a call.

From this initial call we were so impressed with his courtesy and professionalism that we had no qualms with asking him to carry out the sale of our property for us.

When we next visited Spain we arranged to meet up and go through everything that we needed to do. On this visit we also meet Gloria and instantly felt comfortable, this visit filled us with even more confidence that we had made the right choice .

Over the following months we were kept informed of every step of our sale and we were able to submit any required paperwork as and when needed, everything was handled with professionalism and ease.

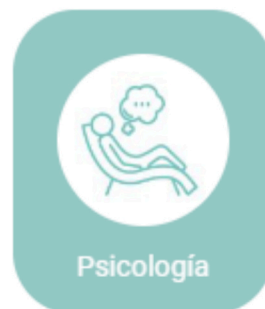
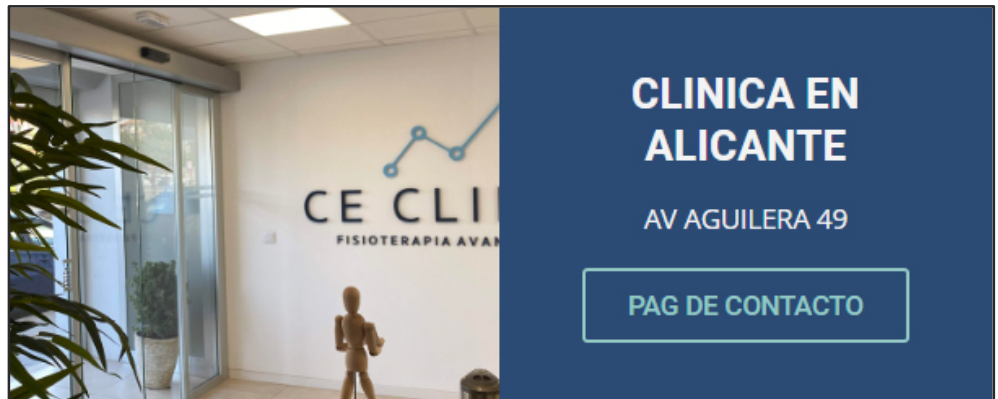
George & Gloria were both available and attentive to all our requests and issues (we had a few) they responded quickly putting us at ease..... absolutely nothing was any bother to them.

Our selling process was ultimately smooth, efficient and fast, all down to a perfect team

If you are looking for an agent to assist with your sale, do not hesitate to contact Alenda Golf Properties, they are amazing people."

Patricia Minnock | Birmingham | UK

¿Tienes
una
lesión de
golf?



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