

# ALENDA GOLF LIFE

Space to Breathe | Space to Live | Space to Play

## FREE MAGAZINE

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**August | September 2024**

Magazine Sponsored by Alenda Golf Property

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## Alicante-Elche Airport on the Brink of Collapse ...

### Tourist Warning: Alicante-Elche Airport on the Brink of Collapse

Holidaymakers heading to Alicante this summer are warned of potential disruptions due to an unprecedented surge in passenger numbers at Alicante-Elche Airport. The airport experienced its fourth record-breaking month in April, with 1,590,828 passengers, raising concerns about its capacity.

Local officials and industry experts are calling for urgent action, warning that the airport's infrastructure is struggling to cope. Projections for 2026 have already been exceeded in 2023, with passenger numbers expected to reach two million annually. Without immediate action, the province could face significant economic losses and the risk of up to 14,800 jobs.

In response, Aena's president, Maurici Lucena, announced plans to expand Alicante-Elche Airport by the end of this year. However, the focus will be on enlarging the terminal rather than constructing a second runway, which many believe is essential. The Alicante Chamber of Commerce and Valencian Tourism Councillor, Nuria Montes, argue that a second runway is crucial to meet future demand.



Tourists are advised to stay informed about potential disruptions and plan accordingly. Ensuring the region can continue to welcome visitors without compromising service quality is critical as summer approaches.



## 15<sup>th</sup> August 2024 ... National Holiday

15th August is a religious and cultural celebration commemorating the Assumption of the Virgin Mary into heaven. This Spanish holiday is one of the most important in the liturgical calendar and is celebrated in many countries, especially those with a Catholic tradition.

In Spain, the feast of 15th August has special significance, coinciding with the day of the Virgen de la Paloma in Madrid. The capital dresses up for the festival, and numerous religious and popular events are organised in honour of the Virgin. These include a floral offering, a procession, open-air dances, concerts and fireworks displays. Many people also take the opportunity to visit other Marian shrines around the country, such as Covadonga in Asturias, El Rocío in Huelva and Montserrat in Catalonia.

## Beat the August Heat in Spain ...

### Prepare Sensibly for Spain's Rising Temperatures

As August approaches, Spain is gearing up for its first heatwave of the summer, with temperatures expected to soar above 40°C (104°F). Here are some essential tips to stay cool and ensure everyone's safety during the heatwave:

#### Hydration is Key

Staying hydrated is crucial in hot weather. Drink plenty of water throughout the day, even if you don't feel thirsty. Avoid sugary drinks and excessive alcohol, as they can dehydrate you further.

#### Stay Indoors During Peak Heat

During the hottest parts of the day (typically between 12pm and 4pm), stay indoors in air-conditioned spaces or find shady areas outdoors.

#### Wear Appropriate Clothing

Wear loose, lightweight, and breathable clothing made from natural fibres like cotton or linen. Light-coloured clothing reflects heat, while dark colours absorb it.

#### Protect Your Pets

Never leave pets unattended in parked cars. Even with the windows slightly open, the inside of a car can quickly become dangerously hot. Provide ample fresh, cool water and ensure your pets have constant access to clean water throughout the day. Avoid walks during the hottest part of the day. If you must walk your dog, choose shady paths and keep walks short. Provide shaded areas with good ventilation for your pets to rest.

#### Look Out for the Elderly

Regularly check in on older adults who live alone to ensure they are staying hydrated and cool. Assist them with tasks like closing curtains or blinds during the day and opening windows at night for cooler air.

By following these tips and looking out for each other, we can all navigate the upcoming heatwave safely and comfortably. Remember, even if the initial weather brings storms, the scorching temperatures are just around the corner. Be prepared!



# Small Advert Pages ...

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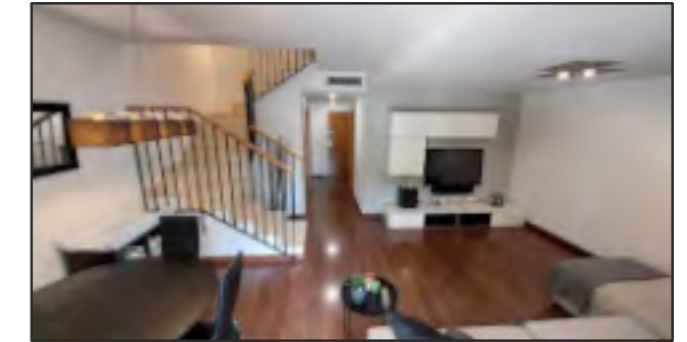
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# Beautiful Townhouse...



## Preciosa casa adosada...

3 Bedrooms | 3 Bathrooms (1 Ensuite) | 1 Guest Bathroom | Large Lounge Area | Fully Fitted Modern Kitchen | Large Covered Patio | Triplex Windows & Security | Enclosed Garden Leads to Pool Area | Off Street Parking



**229,900 Euro | Ref: MLDVDA**

This particular townhouse features three bedrooms, including a master bedroom with a private ensuite, a family bathroom, and an additional guest bathroom on the ground floor, 3 bathrooms in total.

The kitchen boasts an ultra-modern design complete with the latest fixtures. There is also a fully equipped utility room available.

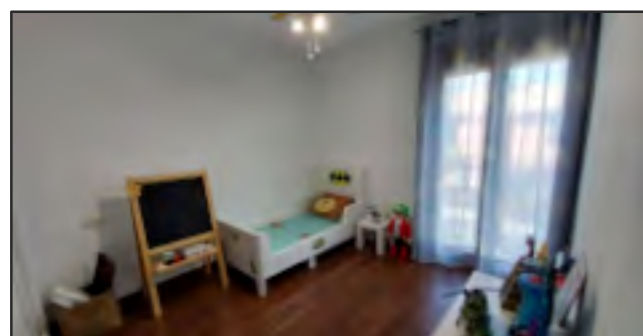
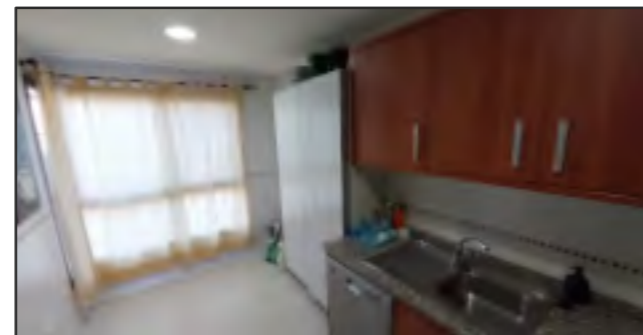
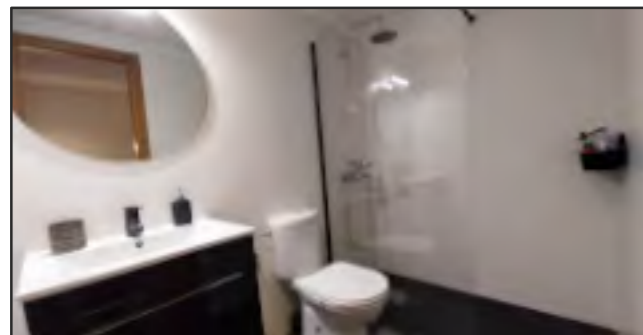
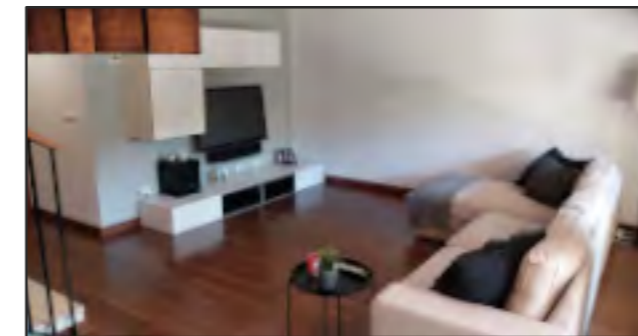
The property offers a spacious lounge and dining area that leads to a large patio and garden, ideal for outdoor dining and relaxation.

It comes partly furnished, equipped with triple-glazed windows for ePRICE

security and insulation. The décor is tasteful and contemporary, eliminating the need for further modernisation. The floor is laminated wood which is not only beautiful but easy to keep clean.

Additional conveniences include off-street parking suitable for a vehicle and proximity to a large communal swimming pool and expansive gardens from the back tree bordered garden.

The home is situated near all the amenities of Alenda Golf, including a state-of-the-art gym, cycling classes, a tapas bar with panoramic views, a paddle tennis court, and a comprehensive Dicost supermarket.



Esta casa adosada en particular cuenta con tres dormitorios, incluyendo un dormitorio principal con un baño privado, un baño familiar y un baño adicional para invitados en la planta baja, en total 3 baños. La cocina presume de un diseño ultra-moderno con los últimos accesorios.

También hay disponible un cuarto de servicio completamente equipado. La propiedad ofrece un amplio salón y área de comedor que conduce a un gran patio y jardín, ideal para comidas al aire libre y relajación. Viene parcialmente amueblada, equipada con ventanas de triple acristalamiento para una mayor seguridad y aislamiento.

La decoración es de buen gusto y contemporánea, eliminando la necesidad de más modernización. El suelo es de madera laminada que no solo es hermoso, sino también fácil de mantener limpio.

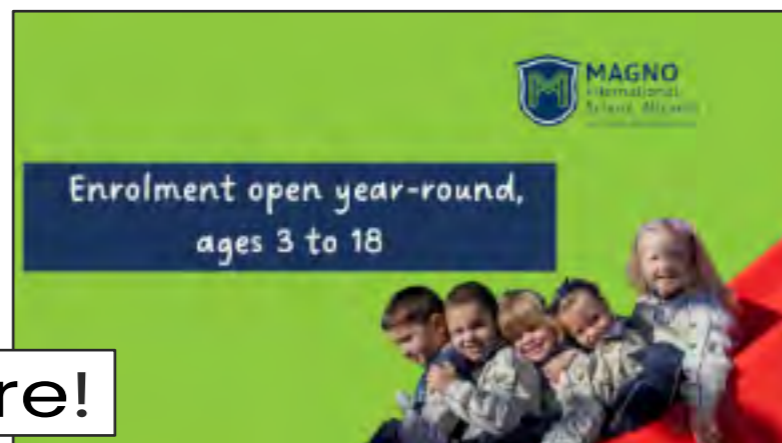
Las comodidades adicionales incluyen estacionamiento fuera de la calle adecuado para un vehículo y proximidad a una gran piscina comunitaria y amplios jardines desde el jardín trasero bordeado de árboles. La casa está situada cerca de todas las comodidades de Alenda Golf, incluyendo un gimnasio de última generación, clases de ciclismo, un bar de tapas con vistas panorámicas, una pista de pádel y un supermercado Dicost integral.

# MAGNO International School

an Orbital Education School



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## Magno International School: Embracing a New Identity with Unwavering Commitment

As part of our ongoing journey to enhance educational standards and provide the best possible environment for our students, we are excited to announce a significant development at our school.

What was once known as San Alberto Magno is now Magno International School (MIS).

This name change marks a pivotal moment in our history, aligning us more closely with international educational benchmarks while maintaining the heart and soul that have always defined us.

### A Symbol of Excellence and Vision

Our new name, Magno International School, is more than a mere rebranding. It embodies our dedication to educational excellence and our forward-looking vision.

We firmly believe that this evolution will strengthen our visual identity without losing the familiarity and warmth that our community cherishes.

### Introducing Our New Logo

Along with our new name, we are proud to unveil our new logo, a visual representation of this exciting new chapter.

The shield emblem, featuring a prominent "M" at its core, emphasizes the essence of our school: MAGNO. Just as our name suggests greatness, we are committed to nurturing our students to become MAGNificent individuals.

The colors of our logo draw inspiration from our beautiful surroundings: the Mediterranean blue and the vibrant green of the golf course that envelops our campus.

These colors symbolize the harmony between our educational ethos and our natural environment.

### A New Era Begins

In the coming days and weeks, you will begin to see our new logo across various platforms and materials.

We wanted to ensure that you, our valued community, are the first to experience this new image.

This change is a testament to our unwavering commitment to providing an exceptional educational experience, rooted in our longstanding values and traditions.

We invite you to join us in celebrating this new era for Magno International School.

Together, we will continue to build a bright future for our students, one that is rich with opportunity and promise.

Warm regards,

Magno International School



# Golf School ...



The Alenda Golf National School has an excellent practice area with 25 driving range stations and areas where you can practice all levels of short and medium game.

There is a large putting area where you can practice chipping and putting, There is also a 9 hole practise golf course with holes across the lake which can be challenging

It has an audiovisual room equipped with the very latest technology (computer swing analysis), where the theory classes are held.

All our teachers are qualified and endorsed by the Royal Spanish Golf Federation.

Alenda Golf offers a range of courses for individuals and groups, with beginners' and advanced classes to meet our students' requirements.

Tel: +34 965 620 521 Email: [cadymaster@alendagolf.com](mailto:cadymaster@alendagolf.com)

Classes	Members	Non-Members
1 Person 1 Hour	35€	40€
2 Persons 1 Hour	47.50€	60€
10 Classess / 1 Person / 1 hour	315€	360€
10 Classes / 2 Persons / 1 hour	427.50€	540e

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## Clients Comments ...

(Translated by Google)

**Henry & Dee Huneberg**

Desde nuestra primera consulta sobre la propiedad en Alenda Golf Estate, mostrándonos Elche, acompañándonos al banco y a la cita final en el Notario, ¡Gloria nos ha asesorado y apoyado en cada paso del camino! ¡Ha ido mucho más allá de su deber y su profesionalismo y eficiencia nos han dejado impresionados!

Además, lo que realmente apreciamos fue el conocimiento de Gloria sobre la zona, su atención al detalle y su evidente pasión por lo que hace. ¡Tratar con Gloria ha sido un verdadero placer, todo el proceso de compra ha transcurrido increíblemente bien y su paciencia con nuestras muchas preguntas es simplemente notable!

Simplemente no podríamos haberlo hecho sin Gloria y la recomendamos encarecidamente. ¡Nuestro sincero agradecimiento, Gloria!



From our initial enquiry regarding property at Alenda Golf Estate, to showing us around Elche, to accompanying us to the bank & final appointment at the Notary, Gloria has advised & supported us every step of they way ! She has gone way beyond her call of duty & her professionalism & efficiency has blown us away !

Also, what we very much appreciated was Gloria's knowledge of the area, her attention to detail & her obvious passion for what she does ! Gloria's been an absolute pleasure to deal with, the whole buying process has gone incredibly smoothly & her patience with our many questions is short of remarkable !

We simply couldn't have done it without Gloria & highly recommend her ! Our sincere thanks Gloria !

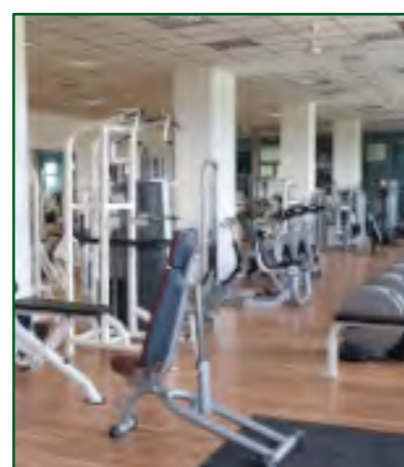
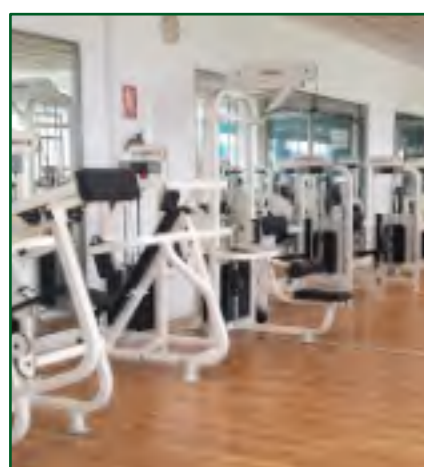
# Gimnasio Alenda Golf ...



De Lunes a Viernes  
Sábados - Domingos - Festivos

Apertura      Cierre  
8:00              21:15  
8:00              14:00

Hora	Lunes	Martes	Miercoles	Jueves	Vienes
9.30 - 10.30	Ciclo Indoor Virtual	Ciclo Indoor Virtual	Ciclo Indoor Virtual	Ciclo Indoor Virtual	Ciclo Indoor Virtual
18.00 - 18.30	Aeropump	HIT High Intensity Interval Training	Aeropump	HIT High Intensity Interval Training	
18.30 - 19.00	Abdominales	TRX	Abdominales	TRX	
19.00 - 20.00	Ciclo Indoor	Strength Mobility	Ciclo Indoor	Strength Mobility	Ciclo Indoor
20.00 - 21.00		Ciclo Indoor		Ciclo Indoor	



# Alenda Golf

Stroke Saver Here!



BOOK HERE



The Alenda Golf course was designed and built by Roland Favrat with the maximum respect for the original lay of the land and the estate's natural vegetation, avoiding any aggressive movements of earth during the construction process.

The golf course was completed in October 1999. It covers 49 hectares of land, 18 holes, par 72 and 6,257 metres length, as well as an excellent practice area.



[www.alendagolf.com](http://www.alendagolf.com) | + 34 965 62 05 21

## Local Healthcare Location & Telephone ...



CENTRO DE SALUD, C/ Agust,52 , Tel. 966908050

FARMACIA JESÚS JUANA ROA, C/Castro Richart,12, Tel. 965620034

FARMACIA JAVIER LLOPICO, C/Vinalopó 2B, 1, Tel. 965621754

FARMACIA-ORTOPEDIA CHARO AYELA, C/ Hermanos Kennedy, 3, Tel. 965620364

## Etiqueta De Golf ...

### RASTRILLOS: ¿DENTRO O FUERA?

O incluso, ¿medio dentro y medio fuera? Es una pregunta que no tiene una respuesta definitiva. Si le preguntas a un jardinero de un club, te dirá lo que es mejor, pero si le preguntas a uno de otro club, es posible que te diga algo completamente diferente.

Dejar el rastrillo fuera del búnker crea la posibilidad de que tu bola se quede apoyada contra él, o peor aún, que rebote contra él. Pero si lo dejas en la arena, se produce una disyuntiva similar, ¡además de que el mango se llenará de arena!

### RAKES – IN OR OUT?

Or even half in, half out? It's a question that has no real answer. Ask a greenkeeper from one club and they'll tell you what's best, but ask one from a different club and they might tell you something completely different.

Leaving the rake outside the bunker creates a chance that your ball rests up against it, or worse cannons off it, but leave it in the sand and you produce a similar conundrum – plus the handle will be all sandy!



## News Snippets ...

Tourists in Spain's Costa Blanca face a €250 (£210) fine for reserving early-morning beach spots, according to authorities.

This rule on the Costa Blanca targets those leaving towels, chairs, and umbrellas on the beach before 9:30am. The ban also applies to unattended items left by the sea for over three hours.

Tourism leaders want to avoid "empty but reserved" loungers this summer near Benidorm, as numerous complaints have been received over the years.

The €250 fine aims to stop people from occupying beach space with belongings while they are not present, making beach cleaning easier and preventing "indiscriminate occupation" of the public domain.



Los turistas en la Costa Blanca de España se enfrentan a una multa de 250 € (210 £) por reservar lugares en la playa temprano en la mañana, según las autoridades. Esta normativa en la Costa Blanca está dirigida a aquellos que dejan toallas, sillas y sombrillas en la playa antes de las 9:30 am. La prohibición también se aplica a los objetos desatendidos que se dejen junto al mar por más de tres horas.

Los líderes del turismo quieren evitar tumbonas "vacías pero reservadas" este verano cerca de Benidorm, ya que se han recibido numerosas quejas a lo largo de los años. La multa de 250 € tiene como objetivo impedir que las personas ocupen espacio en la playa con pertenencias mientras no están presentes, facilitando la limpieza de la playa y previniendo la "ocupación indiscriminada" del dominio público.

### Dog Friendly Beach – Agua Amarga Beach, Alicante

The dog friendly beach of Agua Amarga this summer 2024, one of the best places to cool off with a dip in the sea. This beach is located between the city of Alicante and Urbanova and has around 250 metres of coastline to be enjoyed.

You can even find special parasols for dogs, as well as sun loungers for humans, and for this reason, since 2016 this has been one of the very best beaches to go on holiday with dogs in Spain.

# La Eliminación del IVA en el Aceite de Oliva en España ...

España, conocida por su excelencia culinaria y como uno de los mayores productores de aceite de oliva, ha decidido eliminar el impuesto sobre las ventas (IVA) de este producto esencial. Esta medida promete impactar significativamente la economía, la salud y la cultura del país.

## Impacto Económico

- Beneficios para los Productores Locales
- La eliminación del IVA reduce los costos de producción, lo que fortalece la competitividad de los productores locales en los mercados internacionales.
- Influencia en los Precios al Consumidor
- Los consumidores pueden esperar una disminución en los precios del aceite de oliva, haciéndolo más accesible y promoviendo un aumento en el consumo doméstico.

## Beneficios para la Salud

- Ventajas Nutricionales
- El aceite de oliva es rico en grasas monoinsaturadas, antioxidantes y propiedades antiinflamatorias, asociado con la reducción del riesgo de enfermedades cardíacas y mejoras en la función cognitiva.

## Fomento de una Dieta Saludable

- Con precios más bajos, el gobierno español fomenta una dieta más saludable entre la población, alineándose con las recomendaciones de la dieta mediterránea.

## Significado Cultural

- Papel en la Cocina Española
- El aceite de oliva es fundamental en la cocina española, presente en numerosos platos tradicionales, desde tapas hasta ensaladas.

## Festivales y Tradiciones

- España celebra muchos festivales centrados en el aceite de oliva, reflejando su importancia cultural y económica.



## Consideraciones Ambientales

- Prácticas de Agricultura Sostenible
- La exención fiscal podría incentivar prácticas agrícolas más sostenibles entre los productores de aceite de oliva.

## Spain's Removal of Sales Tax on Olive Oil: A Brief Analysis

Spain, renowned for its culinary excellence and as one of the world's largest producers of olive oil, has taken a significant step by eliminating the sales tax on this essential product. This move is expected to have a notable impact on the economy, health, and culture of the country.

## Economic Impact

- Benefits for Local Producers
- The removal of the sales tax reduces production costs, enhancing the competitiveness of local producers in international markets.
- Influence on Consumer Prices
- Consumers can anticipate a reduction in olive oil prices, making this healthy product more accessible and potentially increasing domestic consumption.

## Health Benefits

- Nutritional Advantages
- Olive oil is rich in monounsaturated fats, antioxidants, and anti-inflammatory properties. It is associated with reducing the risk of heart disease and improving cognitive function.

## Promoting a Healthier Diet

- By lowering prices, the Spanish government is promoting a healthier diet among its population, aligning with recommendations for a Mediterranean diet known for its positive health outcomes.

## Cultural Significance

- Role in Spanish Cuisine
- Olive oil is a cornerstone of Spanish cuisine, integral to many traditional dishes, from tapas to salads.

## Festivals and Traditions

- Spain celebrates numerous festivals centred around olive oil, reflecting its importance in cultural and economic practices.

## Environmental Considerations

- Sustainable Farming Practices
- The tax exemption could encourage more sustainable farming practices among olive oil producers, focusing on organic and environmentally friendly methods.



# Sunrise Views... Alenda Golf



Sunrise Views se encuentra ubicada en un entorno tranquilo en las inmediaciones de Alenda Golf Course. Las viviendas cuentan con aerotermia completa, sistema de renovable que aprovecha la energía ambiental exterior.

Sunrise Views is located in peaceful surroundings at Alenda Golf Course in Monforte. The houses are provided with a complete aerothermal energy system for heating, air conditioning, and domestic hot water, a renewable energy system that takes advantage of external environmental energy.

**DESDE / FROM 280,000€**

For more information please call Gloria on + 34 649 649 018 or [info@alendagolfproperty.com](mailto:info@alendagolfproperty.com)



## Viviendos Tipo 1 | Houses Type 1

Enjoy a spacious duplex house with 3 bedrooms, 2 bathrooms, 1 guest toilet, a large front garden, and a roof solarium.

Type 1 properties have a garage space inside the individual plot, next to the garden.

Disfruta de una amplia vivienda en dúplex de 3 dormitorios, 2 baños, 1 aseo, amplio jardín delantero y zona solarium en azotea.

Las viviendas tipo 1 cuentan con una plaza de garaje en el interior de la parcela individual, junto al jardín



## Viviendos Tipo 1G | Houses Type 1G

Enjoy a spacious duplex house with 3 bedrooms, 2 bathrooms, 1 guest toilet, a large front garden, and a solarium on the roof.

Type 1 properties have a garage space inside the individual plot, next to the garden.

Disfruta de una amplia vivienda en dúplex de 3 dormitorios, 2 baños, 1 aseo, amplio jardín delantero y zona solarium en azotea. Las viviendas tipo 1 cuentan con una plaza de garaje en el interior de la parcela individual, junto al jardín.



## Viviendos Tipo 2 | Houses Type 2

Enjoy a spacious duplex house with 3 bedrooms, 3 bathrooms, two of them en suite, a basement, a large front garden, and a solarium on the roof.

One parking space on the private street within the urbanization.

Disfruta de una amplia vivienda en dúplex de 3 dormitorios, dos de ellos en suite, 3 baños, un sótano, amplio jardín delantero y zona solárium en azotea.

Plaza de parking en calle interior común.



## Viviendos Tipo 2E | Houses Type 2E

Enjoy a spacious corner duplex house with 3 bedrooms, 3 bath rooms, two of them en suite, a basement, a large front garden and a solarium on the roof. Type 2E properties, as they are situated on corner plots, benefit of a large garden with a parking space on the individual plot.

Disfruta de una amplia vivienda en dúplex de esquina de 3 dormitorios, dos de ellos en suite, 3 baños, un sótano, amplio jardín delantero y zona solárium en azotea. Las viviendas tipo 2E, al tratarse de parcelas de esquina, disfrutan de amplias zonas ajardinadas con garaje en el interior de la parcela individual.

## Anti-Bullfighting Protest Sends Clear Message of Compassion ...

A significant anti-bullfighting protest organised by Mallorca Against Bullfighting (MAB) on June 15 drew a diverse crowd in a peaceful demonstration against the cruel practice. This rally, held outside the bullring in Muro, showcased a unified stance advocating for empathy and respect for all living beings.

### Mallorca Unites Against Bullfighting

The event saw participants from various age groups, symbolising a collective hope for a compassionate future. The demonstrators, dressed in white to represent peace, held banners and sang songs that echoed their message of hope and unity. The atmosphere was charged with a shared commitment to ending bullfighting and other forms of animal cruelty.

The peaceful demonstration was a clear testament to the power of collective action. By gathering in such numbers, the protesters underscored their dedication to a more humane world. The symbolism of the white attire and the poignant messages on the banners reinforced their call for empathy and respect for all living beings.

### A Call to Action

Natasha Retzmann, a prominent figure within MAB, highlighted the significance of the diverse turnout. "Among the protesters were people of every age, also children, symbolising a generation full of hope and potential. Their presence was a powerful reminder of our responsibility to create a more humane and compassionate future," she said.

Retzmann emphasised that the protest was not just about opposing bullfighting but also about promoting a society where kindness and empathy prevail. "Together, we set a powerful example, showing that through unity and peaceful action, we can make significant strides toward ending cruelty and promoting kindness," she added.

The protest's message was unequivocal: bullfighting and animal suffering have no place in today's world. The demonstrators aimed to highlight that a future built on empathy and respect is not only desirable but also achievable.

### The Power of Peaceful Protest

The demonstration by MAB illustrated the potential of peaceful protests to effect change. The group's actions served as a powerful reminder of the impact that a united, non-violent stance can have in advocating for animal rights. The sight of children among the protesters served to remind everyone of the legacy we leave for future generations and the kind of world we wish to create.



The protest in Muro was more than just a gathering; it was a significant moment in the ongoing fight against bullfighting. It showed that with unity, peaceful action, and a shared vision for a kinder world, substantial progress could be made.

### Looking Ahead

The demonstration by Mallorca Against Bullfighting has set a precedent for future actions. It has inspired many to join the cause and work towards a future where empathy and respect for all living beings are the norm. The powerful message sent by the protestors is likely to resonate for a long time, influencing both public opinion and policy towards ending bullfighting.

In conclusion, the anti-bullfighting protest in Muro was a profound demonstration of solidarity and hope. It showcased the strength of peaceful action and the collective will to create a more compassionate world. As the movement against bullfighting gains momentum, the vision of a future where cruelty is replaced by kindness seems ever more attainable.

## What do you think?

## Clients Comments ...

We have just recently sold our property on Alenda Golf with the help of Alenda Golf Properties.

We as a family can't recommend Gloria and George enough.

They are very professional and guided us through the whole process from start to finish. They took on everything that needed to be done and also went the extra mile to make sure we were always getting what we wanted and that we were happy.

Not very often people go above and beyond like this and for that we are very grateful.

Just a shame that we had a house on Alenda all those years and never met them both sooner.

### The Jacksons

Recientemente hemos vendido nuestra propiedad en Alenda Golf con la ayuda de Alenda Golf Properties.

Como familia, no podemos recomendar lo suficiente a Gloria y George.

Son muy profesionales y nos guiaron durante todo el proceso de principio a fin. Se encargaron de todo lo que necesitaba hacerse y además hicieron un esfuerzo adicional para asegurarse de que siempre obtuviéramos lo que queríamos y de que estuviéramos satisfechos.

No es muy común que las personas vayan más allá como lo hicieron ellos, y por eso estamos muy agradecidos.

Es una pena que hayamos tenido una casa en Alenda durante tantos años y nunca los conociéramos antes.



## Dicost Supermarket...



The local Dicost supermarket has everything one could need, including many well-known European brands and specialities.

It is owned and run by two of the nicest and customer focused entrepreneurs you will ever have the pleasure of meeting Adrian and Alain.

They are motivated Elche Football supporters, but unfortunately, the team is not doing well this season and are currently in the 2<sup>nd</sup> division so give them some support.

If they do not stock what you are looking for they will do their best to get it for you.

They will also make deliveries on Alenda Golf, and their bread, made fresh every few hours all day and is the best bread around by far.

The fresh fruit, salads, and vegetables are very reasonably priced and make great eating.

Large fridge and freezer section with everything you could ever need.

Also check out the wine and beer section, lots to choose from.

The fillet steaks they are selling are well worth the try.



El supermercado local Dicost tiene todo lo que uno podría necesitar, incluyendo muchas marcas y especialidades europeas bien conocidas.

Está dirigido y administrado por dos de los empresarios más amables y enfocados en el cliente que jamás tendrás el placer de conocer: Adrian y Alain.

Son apasionados seguidores del Elche Football, pero desafortunadamente, el equipo no está teniendo una buena temporada y actualmente se encuentra en la 2ª división, así que dales un poco de apoyo.

Si no tienen lo que estás buscando, harán todo lo posible para conseguirlo para ti.

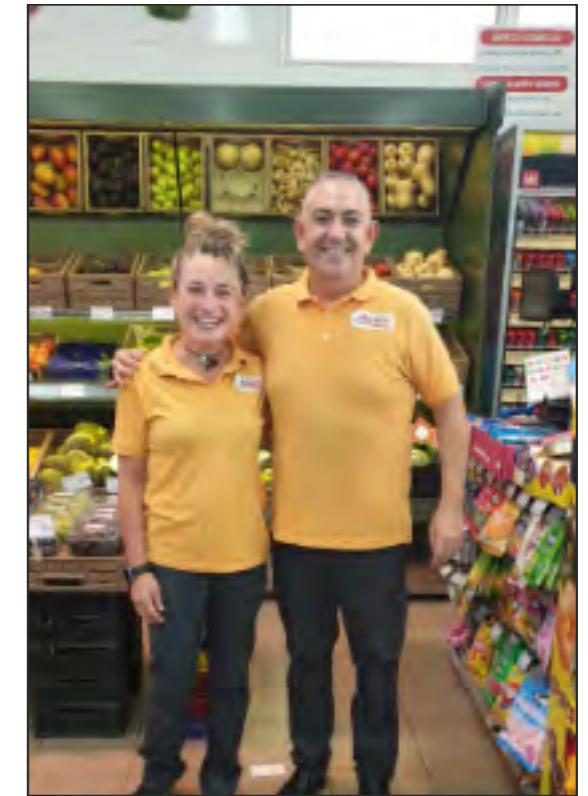
También realizan entregas en Alenda Golf, y su pan, hecho fresco cada pocas horas durante todo el día, es el mejor pan con diferencia.

Las frutas frescas, ensaladas y verduras tienen precios muy razonables y son deliciosas.

Además, cuentan con una gran sección de refrigerados y congelados con todo lo que podrías necesitar.

No olvides echar un vistazo a la sección de vinos y cervezas, hay mucho de donde elegir.

Los filetes de solomillo que están vendiendo valen mucho la pena probarlos.



**Horario / Hours**  
**Lunes a Sabado**  
**Monday to Saturday**  
**de 8h a 15h / de 17h a 21h**  
**Domingo y Festivos Sunday**  
**and Holidays Medio día**

## Allure Apartments & Duplexes at Alenda Golf

This private development of beautiful 2- and 3-bedroom apartments, combines the tranquil area of the Alenda Golf Course with a more lively beachfront nightlife easily accessible in just 15 minutes.

All the Allure apartments include fully fitted kitchens equipped with a vitroceramic hob, extractor fan and an oven, hot water by aerothermal heating, smooth white paint on walls and ceiling, PVC doors and windows with double glazing.

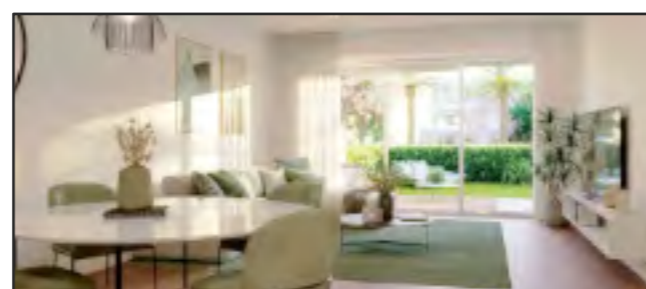
They also have air conditioning/heating units, and complete fitted wardrobes in all the bedrooms. Allure apartments also include a garden, private parking, communal swimming pool for adults and children, and multipurpose room. Ground floor have a private garden, while the duplex apartments have large terraces.

Perfect for all day dining, the terraces are either surrounded by the spectacular Sierra de las Aguilas Mountains, or the stunning view over the golf course.

The historical village of Monforte del Cid is also nearby offering a selection of local amenities.

Within the Alenda Golf development residents will have access to a small supermarket, restaurant and bar, clubhouse, fitness centre and paddle tennis courts.

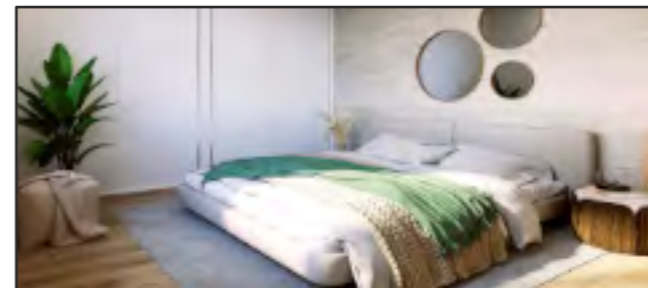
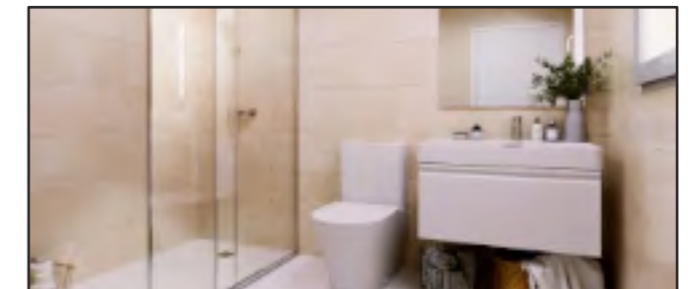
Due to its prime location, it is just 15 minutes from the golden beaches of Alicante, Alicante Airport and the town of Elche.



Los nuevos apartamentos y dúplex en venta son de 2 y 3 dormitorios y 2 baños, con amplias terrazas y jardines comunitarios, formando un residencial privado, reducido y tranquilo. Todas las viviendas se entregan con cocinas totalmente amuebladas y equipadas con vitrocerámica, campana extractora y horno. También cuentan con aire acondicionado con bomba de calor, agua caliente por aerotermia, pintura lisa blanca en paredes y techo, puertas y ventanas en PVC con doble acristalamiento y armarios empotrados en los dormitorios. Las viviendas en planta baja disponen de jardín, mientras que los dúplex cuentan con grandes terrazas.

Taylor Wimpey de España lleva construyendo en España desde 1958 con altos estándares de calidad e impecables índices de satisfacción entre sus miles de clientes y con la absoluta seguridad y tranquilidad de pertenecer a una multinacional que además le ofrece un trato directo y personalizado a través de su Web y su red de ventas. ¡Póngase en contacto con nosotros y se sorprenderá!

La urbanización cuenta con jardines privados, piscina comunitaria de adultos y niños, más sala multiusos, La cercana casa Club del campo de golf, cuenta con gimnasio, bar y restaurante y pistas de pádel. Además, en la misma urbanización, hay un colegio bilingüe y un supermercado, por lo que la oferta de servicios de Alenda es muy buena y se complementa con la amplia oferta de la ciudad de Elche / Elx a sólo unos minutos.



### Allure Golf Property: Your Expert Guide to New Build Homes

Here are five key points on how we can assist you:

1. Exclusive Listings of New Build Prime Properties
2. 20 Years Residential In-Depth Market Knowledge
3. Tailored Property Tours
4. Expert Financial Advice & Direction
5. Seamless Buying Process & Building Updates

From initial consultation to final purchase, Alenda Golf Property ensures a seamless buying experience. We handle all the paperwork, negotiations, and help with legalities, allowing you to focus on the excitement of moving into your new home.

## Estafadores contra personas mayores...

### Ciberdelincuentes una preocupación creciente en España

En la era digital actual, la tecnología impregna la vida cotidiana, pero no todas las actividades en línea son seguras. Los ciberdelincuentes están aumentando sus ataques a personas mayores en España, aprovechando su desconocimiento de las herramientas digitales. Los mayores, especialmente los mayores de 65 años, son particularmente vulnerables. Al no ser expertos en tecnología, a menudo no pueden reconocer estafas sofisticadas. Su confianza inherente en las personas y en la información los convierte en presas fáciles para los actores malintencionados.

### Cómo operan los ciberdelincuentes

Los estafadores suelen ganar confianza haciéndose pasar por empresas o bancos de renombre, encantando a sus víctimas para crear una falsa sensación de seguridad. Su objetivo es acceder a datos personales, contraseñas e información bancaria. El impacto de las estafas cibernéticas va más allá de la pérdida financiera, haciendo que las víctimas se sientan tontas, avergonzadas y aisladas. Muchos sufren en silencio, con dos tercios necesitando apoyo de salud mental después de su experiencia.

### Estafas comunes dirigidas a personas mayores

- Correos electrónicos de phishing: mensajes fraudulentos de fuentes aparentemente legítimas.
- Estafas de soporte técnico: llamadas falsas de soporte técnico que acceden a las computadoras.
- Fraudes de inversión: oportunidades de inversión engañosas.
- Estafas de caridad: solicitudes falsas de donaciones.
- Estafas románticas: depredadores que fingen interés romántico.
- Estafas de lotería: falsos premios de lotería que requieren una tarifa.

Prevención y concienciación

### Las personas mayores deben:

- Verificar correos electrónicos o llamadas no solicitadas.
- Utilizar contraseñas fuertes y únicas.
- Ser cautelosos al compartir información personal en línea.
- Buscar asistencia de familiares o profesionales de confianza.

Comprender las tácticas de estafa ayuda a las personas mayores a protegerse contra el ciberdelito. Es vital fomentar la vigilancia y el apoyo, asegurando que nuestra población mayor se mantenga segura en el mundo digital.

**Noticia de Última Hora:** Arrestos por Estafas a Ancianos | 54 estafadores telefónicos españoles arrestados | Operación conjunta: Policía Nacional Española, Mossos d'Esquadra, Policía Judicial Portuguesa | Robaron €2.5 millones a 84 ancianos | Estafadores se hicieron pasar por funcionarios bancarios, robaron a las víctimas en sus hogares | Redadas en toda la península ibérica el 4 de junio | Un sospechoso atrapado con detalles bancarios de una víctima en su computadora | 40 sospechosos bajo custodia en España, 3 detenidos en Portugal en espera de extradición

## Scammers Targeting Seniors ...

### Cyber Scammers A Growing Concern in Spain

In today's digital age, technology permeates daily life, but not all online activities are safe. Cyber scammers increasingly target seniors in Spain, exploiting their unfamiliarity with digital tools. Seniors, especially those over 65, are particularly vulnerable. Lacking tech-savvy, they often cannot recognise sophisticated scams. Their inherent trust in people and information makes them easy prey for malicious actors.



### .How Cyber Scammers Operate

Scammers typically gain trust by impersonating reputable companies or banks, charming their victims to create a false sense of security. Their goal is to access personal data, passwords, and banking information.

The impact of cyber scams extends beyond financial loss, causing victims to feel foolish, ashamed, and isolated. Many suffer in silence, with two-thirds needing mental health support after their ordeal.

### Common Scams Targeting Seniors

- Phishing Emails: Fraudulent messages from seemingly legitimate sources.
- Tech Support Scams: Fake tech support calls accessing computers.
- Investment Frauds: Deceptive investment opportunities.
- Charity Scams: False appeals for donations.
- Romance Scams: Predators feigning romantic interest.
- Lottery Scams: Fake lottery wins requiring a fee.

### Prevention and Awareness

. Seniors should:

- Verify unsolicited emails or calls.
- Use strong, unique passwords.
- Be cautious about sharing personal information online.
- Seek assistance from trusted family members or professionals.

Understanding scam tactics helps seniors safeguard against cybercrime.

It's vital to foster vigilance and support, ensuring our elderly population stays safe in the digital world.

**News Flash:** Elderly Scam Arrests | 54 Spanish phone fraudsters arrested | Joint operation: Spanish National Police, Mossos d'Esquadra, Portuguese Judicial Police | €2.5 million stolen from 84 elderly victims | Fraudsters posed as bank officials, robbed victims at their homes | Raids across Iberian Peninsula on June 4 | One suspect caught with victim's bank details on computer | 40 suspects in custody in Spain, 3 detained in Portugal awaiting extradition



## Spain's most popular White Wine grape

Verdejo is probably one of the most popular Spanish white wine grapes in Spain. Walk into just about any bar and order a white wine and the chances are you'll be offered a Verdejo first.

Its popularity shot up in the noughties as it became a sort of substitute for the ever-popular Sauvignon Blanc. Nowadays, 4 in every 10 bottles of white wine sold in Spain is made from Verdejo. Verdejo is mainly grown in Castilla & León and particularly in the Denominación de Origen Rueda, which is just south of Valladolid in northwest Spain. Here it makes up nearly 90% of the harvest. So, it really is the dominant grape variety.

Rueda is an area of long, cold winters and hot, dry summers. Rainfall levels are very low, but you do get the occasional thunderstorm. Vineyards in Rueda sit at between 700 and nearly 900 metres above sea-level. That means there's a considerable difference between temperatures during the day and at night. That's a good thing because it maintains the balance between the grapes' sugar levels, which develop in the heat, and the acidity, which is helped by the cool nights.

Now Verdejo may be a very popular grape in Spain, but from a winemaker's perspective, it can be quite a tricky grape to work with. It's delicate and quite thin-skinned which means it can be prone to oxidation, and you have to make Verdejo wines carefully to preserve all the aromatics and freshness.

Fortunately, modern wine-making techniques help overcome most of these problems. The majority of harvesting takes place at night when it's cooler, and using temperature-controlled, stainless-steel vats, and tools like vacuum filters allow the



wines to ferment and develop without losing any of that clean fresh flavour.

Speaking of flavour, some people dismiss Verdejo as reliable but rather bland. It's true that the more mass-produced Verdejo wines can be a bit like that. But overlook this wine at your peril. A good wine made from

Verdejo will be brimming with fruit flavours like apple, fresh lime and maybe even a touch of melon. Mixed with aromas like fresh grass, pine and even a bit of fennel.

And increasingly, winemakers in Rueda are experimenting with things like barrel fermenting which add touches of oak and vanilla to those fresh fruit flavours that are typical of Verdejo. But in general, these are fresh, bright, crisp wines that are perfect for a hot, summer day. So, if you're looking for a really refreshing – and very affordable – crisp white wine, then Verdejo is the perfect option.

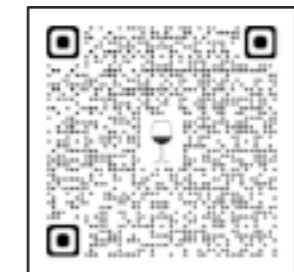
## WINE OF THE MONTH

### Viña Clavidor Cepa Viejas

Just €6.99 on Simply Spanish Wine

Old vine magic from a hidden gem in Rueda

- Producer: Bodegas Vidal Soblechero
- Region: DO Rueda
- Vintage: 2020
- ABV: 13%
- Grapes: Verdejo, Viura

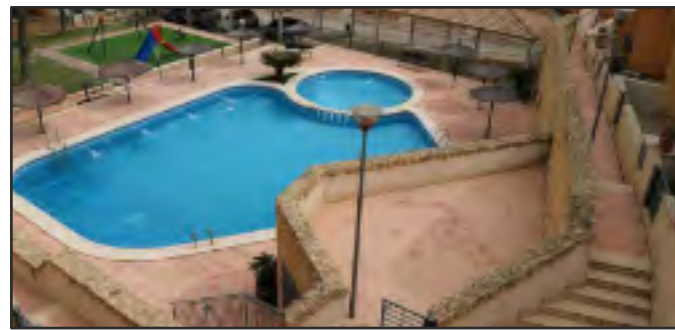


Viña Clavidor is a delicious blend of Verdejo and Viura grapes from Bodegas Vidal Soblechero. Based in the village of La Seca in the heart of DO Rueda, more than half of the estate is planted with Verdejo vines that are around 80 years old. The family also grow old vine Viura grapes, which bring floral aromas and a touch of white fruit to this wine.

The vineyard is now into its third generation and current owners, brother and sister Alicia and Vidal, still tend vines planted by their grandfather and follow the traditional techniques passed down through the generations. Whether it's avoiding pesticides or herbicide in the vineyard, using hawks to keep pests under control, or fermenting with natural yeasts, everything the family does is based on winemaking tradition, a natural approach and minimum intervention. All of which allows the terroir, the vines and the grapes to express themselves in their wonderful wines.

The result here is a wine with great personality and a rich expression of white fruit, mountain herbs, and a distinctive hint of minerality. Perfect for a summer lunch or drunk on its own as a pre-lunch snifter. And at just €6.99 a bottle, you're getting a lot

Highly Sought Investment - Golf Holiday Rental Home



Beautiful 3 Floor Townhouse...

Preciosa casa adosada...

3 Bedrooms | 3 Bathrooms (1 Ensuite) | 1 Guest Bathroom | Large Lounge Area | Fully Fitted Modern Kitchen | 2 Large Covered Patio | Basement Chill Out / Games area with Garden To Pool Area | Offstreet Parking

**225,000 Euro | Ref: EGHAG**

Esta casa adosada en particular cuenta con tres dormitorios, incluyendo un dormitorio principal con un baño privado en suite, un baño familiar y un baño adicional para invitados en la planta baja.

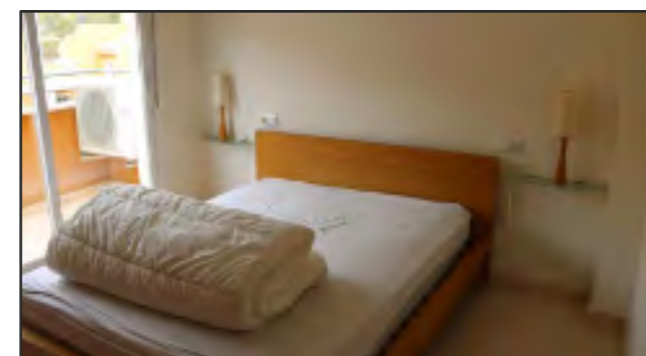
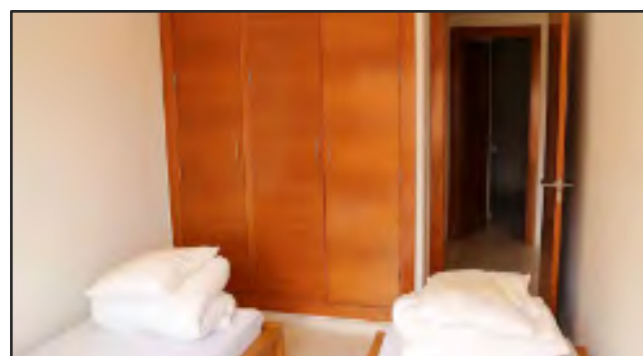
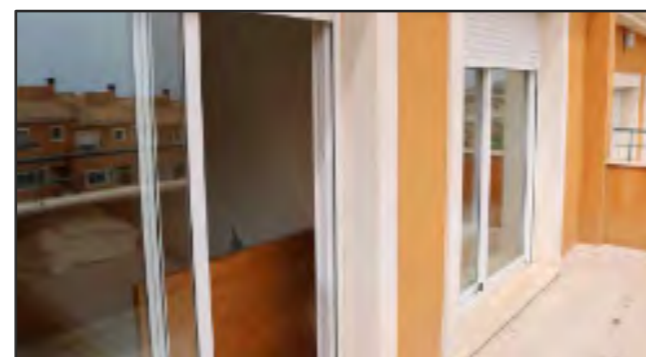
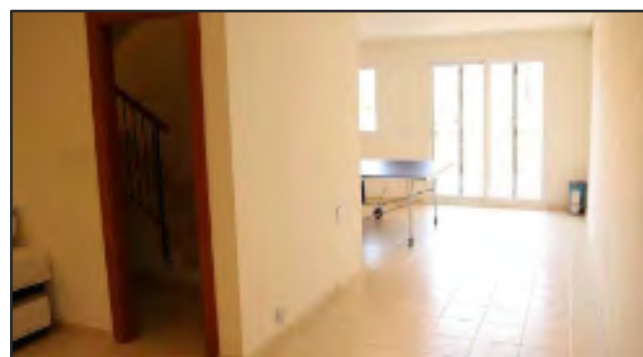
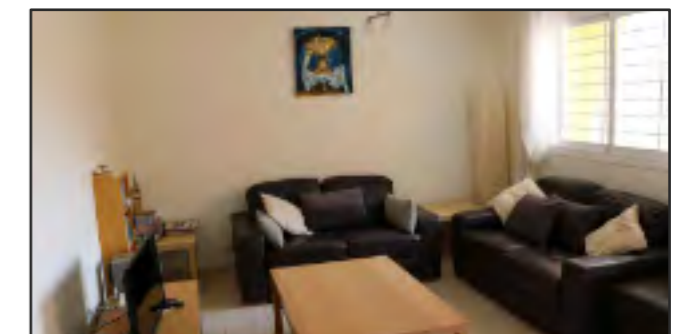
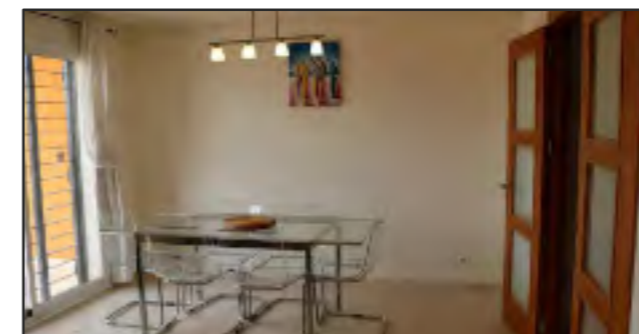
La cocina presume de un diseño ultra-moderno equipado con los últimos accesorios. También hay disponible un cuarto de lavado completamente equipado.

La propiedad ofrece un amplio salón y zona de comedor que conduce a un balcón de buen tamaño con vistas al patio, jardín y área de la piscina, ideal para comidas al aire libre y relajación. Hay un sótano muy grande que conduce a un jardín y área de piscina.

Viene amueblada, con una decoración elegante y contemporánea, eliminando la necesidad de más modernización.

Las comodidades adicionales incluyen estacionamiento fuera de la calle adecuado para un vehículo y proximidad a una gran piscina comunitaria y extensos jardines desde el jardín del sótano.

La casa está situada cerca de todas las comodidades de Alenda Golf, incluyendo un gimnasio de última generación, clases de ciclismo, un bar de tapas con vistas panorámicas, una pista de pádel y un supermercado Dicost completo.



This particular townhouse features three bedrooms, including a master bedroom with a private ensuite, a family bathroom, and an additional guest bathroom on the ground floor,

The kitchen boasts an ultra-modern design complete with the latest fixtures. There is also a fully equipped utility room available.

The property offers a spacious lounge and dining area that leads to a good sized balcony over looking the patio, garden, and pool area ideal for outdoor dining and relaxation. There is a very large basement that leads to a garden and pool area.

It comes furnished, with tasteful and contemporary decoration, eliminating the need for further modernisation.

Additional conveniences include off-street parking suitable for a vehicle and proximity to a large communal swimming pool and expansive gardens from the basement garden.

The home is situated near all the amenities of Alenda Golf, including a state-of-the-art gym, cycling classes, a tapas bar with panoramic views, a paddle tennis court, and a comprehensive Dicost supermarket.

## Alenda Golf Property - This is Our Client Commitment ...

- Our fees are consistently maintained at 2% of the selling price, plus VAT.
- We guarantee exclusive photographic representation of your property, ensuring no mixing with images of other listings.
- We engage professional services to capture high-resolution photographs of your property, ensuring premium presentation.
- Additionally, we will create and distribute a digital video showcasing your property, enhancing its online presence.
- We will design and produce a downloadable brochure for your property, providing potential buyers with detailed information.
- We collaborate closely with our clients to ensure all marketed content is accurate and portrays the property in the best light.
- Our commitment is to represent our clients' interests to the fullest extent, leveraging the best of our professional expertise.
- We will add your property to our magazine, "Alenda Golf Life" see it [HERE!](#)
- We will add your property free to "IDEALISTA"
- With 20 years of residency, we offer unparalleled local knowledge and experience, adding value to our service.
- We actively engage with local communities and authorities, such as Juntas and the Police, to support and foster positive relationships.
- We ensure that all property viewings are conducted with a representative accompanying potential buyers, guaranteeing a professional experience.
- Our firm is an ethical and experienced local entity dedicated to diligently facilitating property transactions.
- Following each viewing, we provide comprehensive feedback, keeping you informed throughout the process.
- We will communicate all offers received, ensuring you have the necessary information to make informed decisions.
- We will help you through the legal and selling process to ensure you are properly represented.
- We conduct due diligence on potential buyers' financial backgrounds to the best of our ability, aiming to secure credible transactions.
- Your property will be listed on "Costa Blanca Golf Property" at no additional charge, providing extensive market exposure.



## Nuestro compromiso con el cliente ...

- Nuestras tarifas se mantienen consistentemente en 2% del precio de venta, más IVA.
- Garantizamos una representación fotográfica exclusiva de su propiedad, asegurando que no se mezcle con imágenes de otras ofertas.
- Contratamos servicios profesionales para capturar fotografías de alta resolución de su propiedad, asegurando una presentación premium.
- Además, crearemos y distribuiremos un video digital mostrando su propiedad, mejorando su presencia en línea.
- Diseñaremos y produciremos un folleto descargable para su propiedad, proporcionando a los posibles compradores información detallada.
- Colaboramos estrechamente con nuestros clientes para asegurar que todo el contenido comercializado sea preciso y retrate la propiedad de la mejor manera.
- Nuestro compromiso es representar los intereses de nuestros clientes al máximo aprovechando nuestra experiencia profesional.
- Añadiremos su propiedad a nuestra revista, "Alenda Golf Life"; ¡véalo AQUÍ!
- Añadiremos su propiedad gratuitamente a "IDEALISTA". Con 20 años de residencia, ofrecemos un conocimiento y experiencia local sin igual, agregando valor a nuestro servicio.
- Nos involucramos activamente con las comunidades y autoridades locales, como Juntas y la Policía, para apoyar y fomentar relaciones positivas.
- Nos aseguramos de que todas las visitas a la propiedad se realicen con un representante acompañando a los posibles compradores, garantizando una experiencia profesional.
- Nuestra firma es una entidad local ética y experimentada dedicada a facilitar diligentemente las transacciones inmobiliarias.
- Después de cada visita, proporcionamos una retroalimentación completa, manteniéndolo informado a lo largo del proceso.
- Comunicaremos todas las ofertas recibidas, asegurando que tenga la información necesaria para tomar decisiones informadas.
- Le ayudaremos a través del proceso legal y de venta para asegurarse de que esté debidamente representado.
- Realizamos la debida diligencia sobre los antecedentes financieros de los posibles compradores lo mejor que podemos, con el objetivo de asegurar transacciones creíbles.
- Su propiedad se enumerará en "Costa Blanca Golf Property" sin ningún cargo adicional, proporcionando una amplia exposición en el mercado.



## New Bottle Cap Regulation ...

A significant change is coming to Europe's bottle industry. From July 3rd, a new EU directive mandates that all bottle caps on containers of plastic use by incentivizing the recycling of plastic bottles.

### Broader Implications for Plastic Waste

The new regulations extend beyond just bottle caps. By 2025, all PET (Polyethylene Terephthalate) bottles must contain at least 25% recycled plastic, increasing to 30% by 2030. This policy aims to embed recycling and reuse into production processes, addressing plastic waste at its core.

Supporting these EU measures, the Spanish Waste Law promotes waste reduction through various initiatives. The law encourages the sale of bulk products and the use of reusable containers, fostering a shift towards more sustainable consumption.

### Public Reaction to the Bottle Cap Regulation

The new regulation has sparked mixed reactions across Europe, impacting daily consumption habits. In many countries, discussions about the new bottle caps have gained traction on social media platforms.

a UK resident expressed frustration, tweeting, "We have had them in the UK for most of last year. It is definitely high up there in the most annoying inventions the world has ever seen. It's great to try and drink with the cap wedged up your nostril."

In Spain, users voiced similar frustrations on social media. On Facebook, one person commented, "A good idea in theory but they are terrible!" Another user reminisced about past packaging changes, noting, "They did it with ring-pulls on drinks cans in 1989 and it reduced waste. We all got used to that, same here I think."

Reflecting a more adaptable perspective, another comment said, "Once you get used to them they are fine, it's happened now, so we might as well get used to it."

### Tiny Caps, Massive Pollution

The hope with the new EU directive is that caps, which could easily be lost or littered, will now stay attached to the bottle, reducing pollution. Despite seeming small, this change can significantly impact the more than 850 million tonnes of greenhouse gases released due to plastic waste in 2019, according to Euronews.

As the implementation date nears, the conversation around sustainability and practical usability continues to evolve in Europe. This shift marks a pivotal moment in the region's Green Deal efforts to address plastic pollution and its environmental impact.



## News Snippets ...

### Sniffer Dogs Join Spain's Turtle Watch Campaign

For the first time, sniffer dogs are being used to locate turtle nests along Spain's Mediterranean coast. Trained by marine biologists at the Oceanogràfic sea life centre, these dogs will help protect nests in 80 coastal municipalities. This innovative approach aims to enhance the efficiency and accuracy of nest detection, ensuring better conservation of endangered turtle populations. The Turtle Watch campaign hopes this method will set a new standard for wildlife protection efforts.



### Perros Detectores se Unen a la Campaña de Vigilancia de Tortugas en España

Por primera vez, se están utilizando perros detectores para localizar nidos de tortugas a lo largo de la costa mediterránea de España. Entrenados por biólogos marinos en el centro de vida marina Oceanogràfic, estos perros ayudarán a proteger los nidos en 80 municipios costeros. Este enfoque innovador tiene como objetivo mejorar la eficiencia y precisión en la detección de nidos, asegurando una mejor conservación de las poblaciones de tortugas en peligro de extinción. La campaña de Vigilancia de Tortugas espera que este método establezca un nuevo estándar en los esfuerzos de protección de la vida silvestre.

## News Snippets ...

### Major Raid Seizes Millions of Fake Football Kits

Madrid's Guardia Civil and Tax Agency have seized millions of counterfeit football kits during the Euro 2024 finals and Copa America.

Authorities raided Madrid warehouses, recovering 4.5 tons of fake goods, including many counterfeit football shirts.

A tip-off from one of the 30 affected brands led to coordinated raids at five locations. The investigation seeks to uncover the full counterfeit network and identify more suspects.

People caught buying fake items from street vendors, often referred to as "lookie lookie men," by undercover police will face heavy fines.



## Clients Comments ...

### Nieves Romero

"Expresamos nuestro agradecimiento por todo el tiempo y esfuerzos durante todo el proceso.

Plena confianza en Gloria, por su impecable mediación.

Detallista, resolutiva y diligente.

Emocionados y felices en nuestro hogar.

Qué importante es poner Corazón al trabajar.

¡Gran equipo y mejores personas, Gloria & Jorge!



*Thank you for  
your kind words*

### Translated by Google

We express our gratitude for all the time and efforts during the whole process.

Full confidence in Gloria, for her impeccable mediation.

Detailed, decisive and diligent.

Excited and happy in our home.

How important it is to put heart into your work.

Great team and better people, Gloria & Jorge!

## News Snippets ...

### June 2024: Spanish Second-Hand Home Prices Hit Record High

In June 2024, Spain's second-hand housing prices surged by 7.5% year-on-year, marking the largest increase since 2007, according to idealista. This price hike affected all autonomous communities, with the Balearic Islands, the Canary Islands, and Madrid seeing the most significant rises.

### Junio de 2024: Los precios de las viviendas de segunda mano en España alcanzan un récord histórico

En junio de 2024, los precios de las viviendas de segunda mano en España aumentaron un 7.5% interanual, marcando el mayor incremento desde 2007, según idealista. Este aumento de precios afectó a todas las comunidades autónomas, siendo las Islas Baleares, las Islas Canarias y Madrid las que experimentaron las subidas más significativas.

## The Truth About Golf: Not Everyone Hits 17 Miles ...

Golf is often associated with long drives and powerful shots, thanks to the highlight reels of professional tournaments and the seemingly superhuman abilities of top-tier golfers. However, the reality for most golfers is quite different.

Understanding the average distances for various clubs can help manage expectations and improve one's game.

Each club in a golfer's bag has an average range that, while shorter than professional distances, is perfectly adequate for playing a good game.

Embracing these realistic distances can help golfers improve their game, set achievable goals, and enjoy the sport more fully.

So, next time you're on the course, remember that not every shot needs to be a record-breaker. Focus on consistency, accuracy, and understanding your own capabilities. This approach will likely lead to better scores and a more enjoyable experience on the greens.

Driver	201 metres	6 Iron	137 metres
3 Wood	187 metres	7 iron	128 metres
5 Wood	178 metres	8 Iron	119 metres
7 Wood	170 metres	9 Iron	105 metres
3 Hybrid	175 metres	Pitching Wedge	96 metres
3 Iron	165 metres	Gap Wedge	87 metres
4 Iron	155 metres	Sand Wedge	73 metres
5 Iron	146 metres	Lob Wedge	64 metres



El golf a menudo se asocia con largos golpes y tiros poderosos, gracias a los videos destacados de torneos profesionales y las habilidades casi sobrehumanas de los golfistas de primer nivel. Sin embargo, la realidad para la mayoría de los golfistas es bastante diferente.

Comprender las distancias promedio para varios palos puede ayudar a manejar las expectativas y mejorar el juego.

Cada palo en la bolsa de un golfista tiene un rango promedio que, aunque más corto que las distancias profesionales, es perfectamente adecuado para jugar bien.

Aceptar estas distancias realistas puede ayudar a los golfistas a mejorar su juego, establecer metas alcanzables y disfrutar más del deporte.

Así que, la próxima vez que estés en el campo, recuerda que no todos los golpes necesitan ser récords. Enfócate en la consistencia, precisión y comprensión de tus propias capacidades. Este enfoque probablemente conducirá a mejores puntuaciones y una experiencia más placentera en el green.

# New Safety Measures for Electric Scooters in Spain ...

Spain's General Traffic Regulations (DGT) is on the brink of finalizing new measures that will enhance the safety of electric scooter users. These measures include mandatory helmet use and a minimum age requirement of 16 years for riders.

## Key Changes in Traffic Regulations

The draft reform, currently in the public information phase, introduces significant changes aimed at protecting vulnerable road users:

**Mandatory Helmets:** All electric scooter riders will be required to wear helmets.

**Minimum Age Requirement:** Riders must be at least 16 years old to use electric scooters.

**Luminous and Reflective Gear:** During conditions of poor visibility, scooter users must wear luminous elements and reflective vests.

**Urban Area Restriction:** Electric scooters will be restricted to urban areas only.

## Response to Traffic Accident Data

These reforms are a direct response to the alarming traffic accident statistics from the previous year. In 2022, there were a total of 1,815 traffic-related deaths in Spain, as reported by Statista.

### Promoting Sustainable Mobility

To further promote sustainable mobility, the following measures will be implemented:

**Pedestrian Priority on Pavements:** Pavements will be reserved exclusively for pedestrians, with local municipalities regulating two-wheeled vehicle parking to prevent obstruction of pedestrian traffic.

**Bicycle Lane Prioritization:** Bicycles will be given priority in the center of the lane on urban roads, and cyclists will be allowed to overtake motor vehicles during traffic jams.

**Cycling Against Traffic Flow:** On single-lane streets with a 30 km/h speed limit, cyclists will be permitted to travel against the traffic flow.

## Additional Safety Measures

The reform also includes stricter regulations on alcohol consumption for specific drivers:

**Lower Blood Alcohol Limits:** The permissible blood alcohol levels



for beginner and professional drivers will be lowered to 0.20 grams per litre of blood and 0.10 milligrams per litre of expired air.

## Next Steps for the Draft Reform

The draft reform will now undergo a thorough review process by the Council of State, the Ministry of the Interior, and other relevant departments. The final approval will be sought from the Council of Ministers.

Stay informed and stay safe on the roads with Alenda Golf Life Magazine, your source for the latest in sustainable and safe urban mobility.

# UK Drivers don't need IDPs ...

Since Brexit, there have been ongoing controversies about the necessity for UK visitors to the EU to carry International Driving Permits (IDP).

The British Embassy in Madrid has consistently stated that British visitors do not need an IDP, although many drivers were incorrectly fined in 2022 for not having one.

As the summer holiday season approaches, the [N332 organisation](#) in Spain has shared the latest information on the requirement to show proof of having passed the UK driving test when visiting Spain.

It has been confirmed that UK residents visiting EU member states, Switzerland, Iceland, and Liechtenstein only need to present a full and valid UK driving license, with no need to obtain an IDP.

However, this rule only applies to UK license holders. Other non-EU license holders will almost certainly need to present an IDP.

There are some exceptions to this rule: you may need an IDP for the EU and Norway if you still hold a paper license or if your license was issued in Gibraltar, Guernsey, the Isle of Man, or Jersey.

Specifically for Spain, there is no need for an IDP for periods of up to six months.

If you plan to drive for a longer period, you may need to exchange your UK license for a Spanish one.

**Click Image For More information.!**



# Alenda Golf Walk Regularly ... ..

## Can Walking Help You Lose Weight?

Walking, often overlooked as a form of exercise, can indeed be a valuable tool in your weight loss journey. This simple activity burns calories, contributing to a calorie deficit essential for shedding those extra pounds. On average, walking just one mile can burn around 100 calories.

Incorporating 30 minutes of brisk walking into your daily routine can help you burn an additional 150 calories per day. However, the extent of weight loss you experience will depend on the duration and intensity of your walks, as well as your dietary habits. Pairing physical activity with a calorie-restricted diet tends to be more effective for weight loss than exercise alone.

Beyond weight loss, regular walking can help you maintain a healthy weight and reduce body fat. It also offers numerous health benefits, such as preventing or managing heart disease, stroke, high blood pressure, cancer, and type 2 diabetes.

Walking can enhance cardiovascular fitness, strengthen bones and muscles, boost energy levels, and improve mood, cognition, memory, sleep quality, balance, coordination, and the immune system.

Additionally, it's a great stress reliever. The faster, farther, and more frequently you walk, the greater the benefits you'll reap.

For those just starting, beginning with short walks or light-intensity walks is advisable. Gradually increase your duration and intensity to achieve longer walks or more vigorous sessions. Integrating more walking into your daily routine can significantly contribute to your overall physical activity goals. To stay motivated, consider joining a walking group or scheduling specific times for your walks.

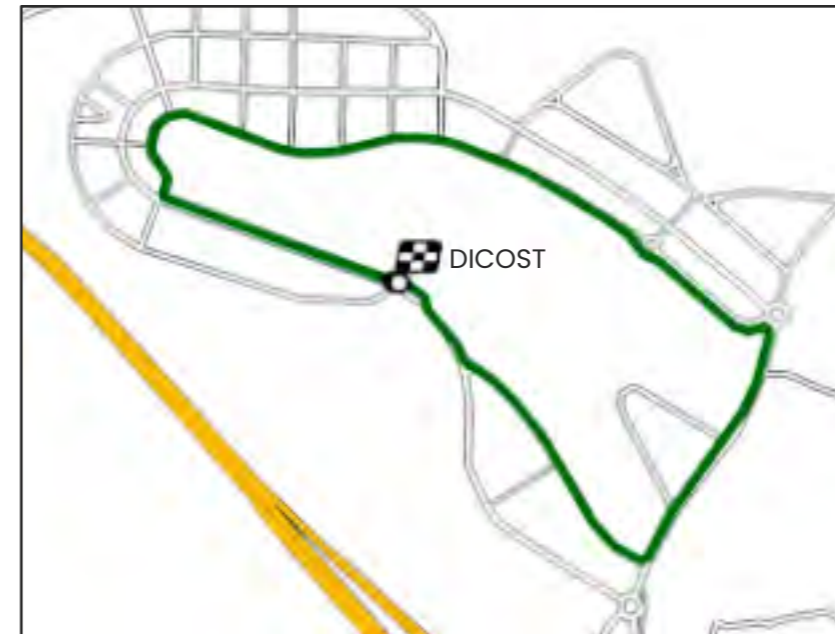
One excellent way to incorporate walking into your routine is by exploring the scenic walking routes provided by Alenda Golf. These well-maintained paths offer a beautiful and serene environment, making your walks more enjoyable and motivating. Walking on these routes not only provides the physical benefits discussed but also allows you to connect with nature, which can further enhance your mental well-being.

Walking on Alenda Golf's walking routes can help you stay consistent with your exercise routine due to the appealing surroundings. The varied terrain and well-designed paths ensure you get a good workout, improving your cardiovascular health and muscle strength.

The peaceful environment can also reduce stress and improve your mood, making your walks a holistic experience for both body and mind.

Walking is a simple, accessible way to enhance your health and support weight loss. So, lace up your walking shoes, head to Alenda Golf's beautiful walking routes, and start reaping the many benefits today!

More walking routes to follow  
 Más rutas a pie por seguir



Start at Dicost Supermarket

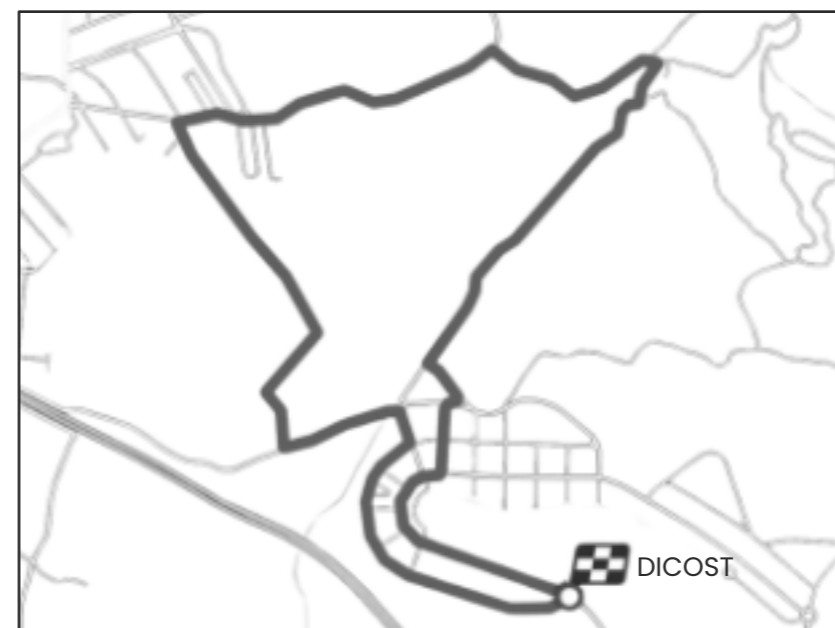
### Hug the Course Route

Walk 6.0 km/h  
 Distance 3.00 km  
 Target Time 30.00mins



### Outside Course Route

Walk 5.5 km/h  
 Distance 4.45 km  
 Target Time 48.32mins



### Up & Over

Walk 5.5 km/h  
 Distance 6.42 km  
 Target Time 69.00mins



# Building Plots For Sale ...



*Great Location with Clear Views over the Golf Course Towards the Mountains*

Discover a world where your dream of golf-front living merges seamlessly with the opportunity for an exceptional investment.

Nestled in the heart of the picturesque Alicante region, Alenda Golf presents an exclusive chance to own a piece of paradise on frontline golf land. This isn't just any land; it's your canvas to create a home that embodies your aspirations, life style, and love for space.



Plot prices of this elite community start from just €95,000 plus IVA, extending up to €175,000 plus IVA for the most expansive plot.

Plots range from 603.03 m<sup>2</sup> to 1028.96 m<sup>2</sup>, and are advantageously placed between the 7th and 8th fairways, ensuring every homeowner enjoys uninterrupted views of the lush fairways and the majestic Sierra de Las Aguilas mountains.

Number	Sq Mtrs	Price
42.01	605.93	120.00
42.02	603.17	120.00
42.03	603.98	120.00
42.04	651.81	125.00
42.05	746.10	130.00
42.06	840.38	145.00
42.07	834.60	160.00
42.08	1028.84	175.000
42.09	615.85	105.000
42.10	615.87	105.000
42.11	673.18	115.000
42.12	834.51	125.000
42.13	658.20	100.000
42.14	632.03	95.000
42.15	661.76	100.000
42.16	622.55	95.000
42.17	1028.96	175.000
42.18	834.70	160.000
42.19	840.41	145.000
42.20	746.34	130.000
42.21	651.88	125.000
42.22	603.90	120.000
42.23	603.07	120.000



*Excelente Ubicación Con Vistas Claras Sobre El Campo de Golf Hacia Las Montañas*

Descubre un mundo donde tu sueño de vivir frente a un campo de golf se fusiona a la perfección con la oportunidad de realizar una inversión excepcional.

Anidado en el corazón de la pintoresca región de Alicante, Alenda Golf presenta una oportunidad exclusiva de poseer un pedazo de paraíso en terrenos de primera línea de golf. Este no es simplemente cualquier terreno; es tu lienzo para crear un hogar que encarne tus aspiraciones, estilo de vida y amor por el espacio.



Los precios de los terrenos de esta comunidad de élite comienzan desde solo €95,000 más IVA, extendiéndose hasta €175,000 más IVA para la parcela más grande.

Las parcelas varían de 603.03 m<sup>2</sup> a 1028.96 m<sup>2</sup> y están ventajosamente ubicadas entre los hoyos 7 y 8, asegurando que cada propietario disfrute de vistas ininterrumpidas de las exuberantes calles y las majestuosas montañas de la Sierra de Las Aguilas.

# Alenda Golf: Esfuerzos Comunitarios para un Mejor Entorno

Ubicado a los pies de una impresionante cadena montañosa, Alenda Golf es más que un hermoso campo de golf de 18 hoyos; es una vibrante comunidad dedicada a mantener su entorno sereno. Como residentes y propietarios, todos jugamos un papel crucial en la preservación de la tranquilidad y belleza de nuestro entorno. Aquí hay algunas prácticas clave que podemos adoptar para garantizar que Alenda Golf siga siendo un lugar idílico para vivir y visitar.

## Conducción Responsable

Conducir a exceso de velocidad por nuestras carreteras representa una amenaza significativa para la seguridad y la tranquilidad. Al respetar los límites de velocidad y conducir con precaución, protegemos no solo a nosotros mismos, sino también a los peatones, mascotas y la vida silvestre. Conducir más despacio también reduce la contaminación acústica, contribuyendo a un entorno más pacífico para todos.

## Separación y Recogida de Basura

Una gestión adecuada de los residuos es esencial para mantener nuestros alrededores limpios e higiénicos. Se anima a los residentes a separar su basura para la recogida, asegurando que los reciclables, los desechos orgánicos y la basura general se dispongan correctamente. Esta práctica no solo reduce los vertederos, sino que también fomenta el reciclaje, beneficiando al medio ambiente en general.

## Gestión de Residuos de Mascotas

Nuestras mascotas nos brindan alegría y compañía, pero es importante gestionar sus desechos de manera responsable. Asegurarse de recoger y desechar adecuadamente los excrementos de las mascotas previene la basura desagradable y los peligros para la salud. También mantiene la limpieza de nuestras áreas comunes, haciéndolas agradables para todos los residentes.

## Control de la Contaminación Acústica

Aunque todos disfrutamos de un buen momento, es crucial ser conscientes de los niveles de ruido, especialmente la música alta. El ruido excesivo puede molestar a los vecinos, perturbar la vida silvestre y restar valor a la atmósfera tranquila que hace tan especial a Alenda Golf. Manteniendo el ruido al mínimo, especialmente durante las horas tardías, contribuimos a una comunidad armoniosa.

## Responsabilidad Colectiva

La belleza de Alenda Golf es una responsabilidad colectiva. Cada pequeña acción, desde reducir la velocidad hasta gestionar los residuos y controlar el ruido, suma impactos positivos significativos. Trabajando juntos y siendo considerados entre nosotros, aseguramos que nuestra comunidad siga siendo un lugar hermoso y sereno para vivir y disfrutar.

Alenda Golf prospera gracias al compromiso de sus residentes para mantener y mejorar su belleza natural. Adoptando hábitos responsables y animando a otros a hacer lo mismo, todos podemos contribuir a un entorno más limpio, seguro y pacífico. Sigamos trabajando juntos para mantener Alenda Golf como una comunidad prístina y acogedora para todos.

# Alenda Golf: Community Efforts for a Better Environment

Nestled at the foothills of a stunning mountain range, Alenda Golf is more than just a beautiful 18-hole golf course; it's a vibrant community dedicated to maintaining its serene environment. As residents and property owners, we all play a crucial role in preserving the tranquillity and beauty of our locale. Here are some key practices we can adopt to ensure Alenda Golf remains an idyllic place to live and visit.



## Responsible Driving

Speeding around our roads poses a significant threat to safety and tranquillity. By adhering to speed limits and driving carefully, we protect not only ourselves but also pedestrians, pets, and wildlife. Slower driving also reduces noise pollution, contributing to a more peaceful environment for everyone.

## Rubbish Separation and Collection

Proper waste management is essential in keeping our surroundings clean and hygienic. Residents are encouraged to separate their rubbish for collection, ensuring recyclables, organic waste, and general waste are disposed of correctly. This practice not only reduces landfill but also promotes recycling, benefiting the broader environment.

## Pet Waste Management

Our pets bring joy and companionship, but it's important to manage their waste responsibly. Ensuring pet mess is picked up and disposed of properly prevents unsightly litter and health hazards. It also maintains the cleanliness of our common areas, making them enjoyable for all residents.

## Managing Noise Pollution

While we all enjoy a good time, it's crucial to be mindful of noise levels, especially loud music. Excessive noise can disturb neighbours, disrupt wildlife, and detract from the peaceful atmosphere that makes Alenda Golf so special. By keeping noise to a minimum, especially during late hours, we contribute to a harmonious community.

## Collective Responsibility

The beauty of Alenda Golf is a collective responsibility. Each small action, from reducing speed to managing waste and controlling noise, adds up to significant positive impacts. By working together and being considerate of each other, we ensure our community remains a beautiful, serene place to live and enjoy.

Alenda Golf thrives on the commitment of its residents to maintain and enhance its natural beauty. By adopting responsible habits and encouraging others to do the same, we can all contribute to a cleaner, safer, and more peaceful environment.

# Coloured lines on the side of Spanish roads ...

## Understanding Road Line Colours in Spain

When driving on Spanish roads, you might notice various coloured lines painted on the sides. These colours aren't just for show; each one conveys specific parking rules and restrictions. Here's a quick guide to help you understand what each colour signifies:

### White Lines

**Parking Allowed:**

White lines indicate areas where you can park your vehicle without time restrictions or payment. However, some white-lined spots might be reserved for disabled drivers only.

### Yellow Lines

**No Parking Zone:**

A continuous yellow line means parking is prohibited, although you might be allowed to stop briefly to load or unload if the yellow line is interrupted at the curb.

### Special Zones

Yellow zig-zag lines designate areas reserved for specific purposes like bus stops, taxi stands, or delivery zones. Private vehicles cannot stop here. Parking on a yellow line can result in a fine of €200.

### Blue Lines

**Paid Parking:**

Blue lines allow parking but require a parking ticket to be displayed. Many areas offer free parking during lunchtime, nighttime, weekends, or national holidays. Some places provide free parking for electric vehicles. Always check the roadside ticket machines for specific rules.

### Orange Lines

**Residents Only:**

Orange lines signify parking areas reserved for local residents during certain times. Signs will indicate the specific rules.

### Red Lines

**Similar to Orange:**

Red lines follow the same rules as orange lines, indicating parking restrictions for non-residents.

### Green Lines

**Reserved and Short-Term Parking:**

Green lines denote parking reserved for local residents, but anyone can park for up to two hours if they pay a fee. These lines can also indicate short-term parking for services like taxis.



## General Parking Rules

- Pavement Parking: Never park on or partly on a pavement unless a sign permits it.
- Opposite Direction Parking: Parking in the opposite direction to the traffic flow can lead to fines.

## Special Cases

**Middle of the Road Lines:**

Coloured lines in the middle of the road have different meanings. There's an ongoing experiment with continuous green lines on certain motorways to encourage drivers to slow down.

Understanding these colour codes can help you navigate parking regulations and avoid fines while driving in Spain.

## News Snippets ...

### Mercadona's Summer Campaign: 115 Million Kilos of Watermelons

Mercadona launched its 2024 summer campaign, acquiring 115 million kilos of watermelons for its 1,616 Spanish supermarkets. Highlighting the nutritional and hydrating benefits of watermelons, Mercadona emphasized their low caloric content and essential vitamins for a balanced diet.

Local suppliers from Murcia and Andalusia, including Agricola Navarro de Haro in Almeria, are key providers. A video on Mercadona's YouTube channel detailed the journey of the watermelons from orchards to stores.

Reaffirming their quality commitment, Mercadona stated, "We prefer not to have anything rather than sell something of poor quality."

### Campaña de Verano de Mercadona: 115 Millones de Kilos de Sandías

Mercadona lanzó su campaña de verano 2024, adquiriendo 115 millones de kilos de sandías para sus 1,616 supermercados en España. Destacando los beneficios nutricionales e hidratantes de las sandías, Mercadona subrayó su bajo contenido calórico y las vitaminas esenciales para una dieta equilibrada.

Proveedores locales de Murcia y Andalucía, incluyendo Agricola Navarro de Haro en Almería, son los principales suministradores. Un video en el canal de YouTube de Mercadona mostró el recorrido de las sandías desde los huertos hasta las tiendas.

Reafirmando su compromiso con la calidad, Mercadona declaró: "Preferimos no tener nada antes que vender algo de mala calidad."



## Perros ...

Los perros son hermosos, inteligentes y quieren saber ¿por qué algunos de sus dueños en Alenda Golf no recogen después de ellos? Recoger los excrementos de su perro es lo correcto

Dogs are beautiful, intelligent and want to know why some of their owners at Alenda Golf don't pick up after them? Pick up after your dog It's the right thing to do



## Dispositivos Anti-Ladridos

LadRAR no siempre significa que algo esté mal y no siempre se corrige con entrenamiento. Algunos perros son naturalmente dramáticos y ladran ante cualquier emoción. Si has intentado todo y necesitas tranquilidad, los dispositivos anti-ladridos pueden ayudar. A menudo se pasan por alto, pero son la solución más efectiva para manejar el ruido.

Barking doesn't always mean something is wrong and isn't always corrected through training. Some dogs are naturally dramatic and bark at any emotion. If you've tried everything and need peace, anti-barking devices can help. They are often overlooked but are the most effective solution for managing noise.



## Pick Up Pets Waste ...



Picking up your pet waste in the Alenda Golf area is crucial for the local environment because it reduces the spread of harmful bacteria, and maintains a clean and healthy community.

Additionally, unattended pet waste can attract pests and contribute to unpleasant odors, detracting from the beauty and enjoyment of the Alenda Golf area.

By responsibly picking up after pets, individuals contribute to a cleaner, safer, and more sustainable environment for everyone in this beautiful community.

Recoger los desechos de tus mascotas en el área de Alenda Golf es crucial para el medio ambiente local, ya que reduce la propagación de bacterias dañinas y mantiene una comunidad limpia y saludable.

Además, los desechos de mascotas no recogidos pueden atraer plagas y contribuir a malos olores, lo que resta belleza y disfrute al área de Alenda Golf.

Al recoger responsablemente después de las mascotas, las personas contribuyen a un entorno más limpio, seguro y sostenible para todos en esta hermosa comunidad.

## Keeps Dogs Safe in Heatwaves ...

### Keeping Your Dog Safe During the Spanish Heatwave

With temperatures in Spain expected to soar up to 44°C this summer, it's essential for pet owners to take extra precautions to keep their furry friends safe. Here's a comprehensive guide to help you ensure your dog stays cool and healthy during this extreme weather.

#### Do dogs suffer from heat stroke?

Yes, dogs can suffer from heat stroke, just like humans. Not all breeds handle heat equally well. Factors such as coat type, age, and weight significantly affect a dog's ability to withstand high temperatures. Climate change is worsening these effects, particularly in Mediterranean countries like Spain.

#### Heat-Related Risks

- Dehydration: Ensure your dog has access to fresh water at all times.
- Burns and cracked paw pads: Hot pavement can cause serious injuries.
- Heat stroke: Symptoms include excessive panting, drooling, and lethargy.

#### Adjust Walking Schedules:

- Avoid walking your dog during the hottest parts of the day.
- Opt for early morning or late evening walks when temperatures are cooler.

#### Increase Hydration:

- Ensure your dog has constant access to fresh water.
- Carry a portable water bottle and bowl during walks.

#### Regular Brushing:

- Brush your dog regularly to remove excess fur.
- Avoid shaving their coat as it can lead to sunburn and other skin issues.

#### Check the Road Surface:

- Asphalt and concrete can become extremely hot and burn your dog's paws.
- Test the temperature of the road with the palm of your hand; if it's too hot for you, it's too hot for your dog.

#### Additional Recommendations from the Royal Canine Society of Spain (RSCE)

- Apply Sunscreen: Use sunscreen on sensitive areas like the muzzle and ears.
- Use an Umbrella: Protect your dog with an umbrella if spending extended time outdoors.

#### New Animal Protection Law

This summer marks the first with Spain's new animal protection law in effect, which imposes heavy penalties for neglect. Pet owners must ensure their animals are not exposed to extreme heat and that their living conditions prevent thermal stress.



## Recogida de Enseres ...

Recogida gratuita de muebles y electrodomésticos

¿Tienes muebles o electrodomésticos para desechar?

Ofrecemos un servicio de recogida cómodo y rápido, ¡absolutamente gratis!

Contacta con nosotros vía WhatsApp o llama con tu dirección: 654 897 984

Disponibles de lunes a viernes de 09:00 a 14:00 horas.

Nota: El incumplimiento de las ordenanzas municipales puede dar lugar a multas que oscilan entre 600 € y 30.000 €, según la infracción.

Ayuntamiento de Monforte del Cid

**Recogida de enseres**  
CÓMODO, RÁPIDO ¡Y GRATUITO!

*Si tienes muebles o electrodomésticos de los que quieras deshacerte:*

Envía un WhatsApp o llama indicando tu dirección al: **654 897 984**

De Lunes a Viernes de 09:00 a 14:00

El no cumplimiento de la Ordenanza Municipal puede acarrear sanciones entre 600€ y 30.000 € según la infracción.

Ayuntamiento de **MONFORTE DEL CID**

## Collection of Old Belongings ...

Free Furniture and Appliance Pickup

Do you have furniture or appliances to dispose of?

We offer a convenient and fast pickup service, absolutely free!

Contact us via WhatsApp or call with your address: **654 897 984**

Available Monday to Friday, 09:00 to 14:00.

Note: Non-compliance with municipal ordinances can result in fines ranging from €600 to €30,000, depending on the violation.

**Monforte del Cid Town Hall**



## Teléfonos de Interés

### Servicios Públicos

Farmacia Jesús Juana Roa, C/Castro Richart,12, Tel. 965620034 Farmacia

Javier Llopico, C/Vinalopó 2b, 1, Tel. 965621754

Farmacia-Ortopedia Charo Ayela, C/ Hermanos Kennedy, 3, Tel. 965620364 –

Centro De Salud, C/ Agost,52, Tel. 966908050

Correos Y Telégrafos, Avda. De Aspe, 17 Bajo, Tel. 965620285

Coop. Agrícola, Camino Agozador, 2, D. Manuel Ramón Fernández, Tel. 965620281 Comunidad De

Regantes, Avda. De Alicante, 123, D. Carlos Ibarra, Tel. 965620330 C.P. Jorge Juan, Enrique Santos, S/N, Tel. 965 620 130

Colegio S.Alberto Magno, Avda. De Levante, 10, Tel. 965625200

IES Monforte, Avda. Miguel Candela, S/N, Tel. 96 6908125 / 96 5621492 Campo Golf Alenda, Avda. Del Mediterráneo, 52, Tel. 965620521

Campo Golf Font Del Llop, Ctra. Alicante-Aspe Cv 847 Km 3,5, Tel. 966126767



VIDEO

## Ayuntamiento

Policía Local, Plaza De España, 3, Tel. 965620239/609903189

Oficina Guardia Civil, Plaza De San Pascual, Tel. 966195756

Casa Consistorial, Plaza De España, 1, Tel. 965620025/6

Oficina De Turismo, Plaza De España, 1, Tel. 965626417

Museo Íbero, Plaza Bonifacio Amorós,10, Tel. 966186345

Servicios Sociales, C/ Joan Miró, 13 Bajo, Tel. 965621828

Biblioteca, C/Juan De La Torre, 8, Tel. 966195733

Fpa Monforte, C/ Joan Miró, 13, Tel. 966195780

Club 3ª Edad, Avda. De Alicante, 43, Tel. 965620787

Hotel De Asociaciones, C/ Colombia S/N, 965620043

Escuela Infantil, C/ Vicente Blasco Ibáñez, 2, Tel. 965621443

Televisión Monforte, C/ Ramón Y Cajal, 9 1º, Tel. 965626422

Pabellón Municipal, Ronda Maestro Rodrigo, S/N Tel. 966195757

Polideportivo, Avda. Jaime I, S/N, Tel. 965621266

Campo De Fútbol, C/ Eusebio Sempere, S/N, Tel. 966180215

Centro De Información Juvenil, C/ Colombia S/N, Tel. 965621190

Zona Acampada Orito, Subida Vehículos Hacia Cueva, Tel. 965620025/6

Casa De La Música, C/ Guillén Gras, 6, Tel. 965620710/678623547

**Monforte Del Cid**



## Subsidised Holidays Scheme ... ..

What is Spain's IMSERSO subsidised holidays scheme for pensioners? Pensioners in Spain are being offered a gift that many can only dream of. Millions of older adults – both Spanish nationals and foreigners residing in Spain – are eligible for significantly subsidised trips, with prices starting from as little as €115 for short breaks and €455 for longer holidays. Initiated in 2021 by the Spanish government, the scheme has been gaining momentum, particularly following the increase in travel after the COVID pandemic.

The Institute for the Elderly and Social Services (IMSERSO) is a government body tasked with overseeing social services, with one of its primary goals being to enable the elderly in Spain to enjoy affordable holidays.

The rationale is that by assisting pensioners with taking cost-effective holidays, there will be improvements in their health and quality of life, which, in turn, benefits social care budgets. The scheme is also seen as a means to boost self-sufficiency among this demographic.

Moreover, the initiative is advantageous for the economy and the tourism sector, as most of the subsidised holidays occur during the off-peak season – typically from October to June. This timing ensures that employment within the industry is sustained for extended periods.

An IMSERSO spokesperson stated, "The Imsero tourism programme supports active ageing and the promotion of active lifestyles, while fostering intergenerational solidarity, generating employment and economic activity, and promoting inter-territorial solidarity through travel between different regions."

Eligibility for Spain's subsidised holidays extends beyond Spanish citizens to include the country's large expatriate community, which is among the most sizeable in Europe. Legal residents can also benefit from the scheme, including those who are:

- Retired and in receipt of a Spanish public pension
- Aged 55 and above, receiving a widow or widower's pension
- Aged 60 or over, and receiving unemployment benefits or subsidies
- Aged 60 or above and part of Spain's Social Security System



However, applying does not automatically guarantee acceptance. The government gives precedence to the elderly, those with limited financial resources, individuals with disabilities, and members from large families. Preference is also given to first-time applicants and those willing to travel during the low season.

Accepted individuals may travel alone or with a spouse, common-law partner, or disabled child, even if they do not meet the eligibility criteria.

The programme primarily offers domestic trips, with a few options extending to Portugal. Short breaks, costing around €115, typically last for about four days in inland provinces, while €455 holidays allow for 10-day stays in coastal areas or on Spanish islands such as the Canaries and Balearics.

These prices may be further reduced for those on very low incomes, covering all transport, accommodation, and meals, alongside access to group insurance and a socio-cultural programme.

For the 2023/4 season, a total of 886,269 places are available, marking an increase of 70,000 from the previous year. The scheme has expanded to include more provinces, ten new cultural circuits, 19 new nature routes, and an increased allocation for single-occupancy rooms – rising from 2% to 10%.

Travellers heading to areas of special cultural interest can anticipate itineraries filled with literary, musical, theatrical, or gastronomic themes.

To apply for the IMSERSO low-cost holiday scheme, participants can book their trips via the official website – [www.turismosocial.com](http://www.turismosocial.com) – using their ID card. Bookings can also be made at travel agencies authorised by the IMSERSO Tourism Programme, with just an ID card required. While securing a spot is not guaranteed, the budget for the 2023/4 season has significantly increased to €300 million, enabling more individuals to access these holidays.

## Holiday Rental



Modern and spacious house for rent during holiday seasons. The house is a 2 floors terrasse house situated in centre of Alenda Golf, providing best facility for golf lovers and not limited to, easy to reach Alicante within less than 15 minutes, as well a great communal facilities such as 2 pools, one for children's and one for adults.

It self the house provides you with 3 bright and big bedrooms (double-rooms), a spacious living room as well full equipped kitchen, 3 bathrooms (one service bathroom and 2 main bathrooms), a spacious terrasse as well one balcony to enjoy the weather while relaxing 'home'. Call + 453 1230954 | melissa\_anca@yahoo.com

Furthermore, the house is fully furnished with a touch of Danish design, comfortable and modern furniture's from BoConcept to leverage the cozy'ness of your stay in Spain-Alenda.

# Golf Page ...

## How to Play Skins: A Simple Guide

### Objective:

The game of Skins is straightforward: if you have the lowest score on a hole compared to your group, you win a Skin. A full round consists of 18 holes, hence 18 Skins are up for grabs. The primary decisions to make before starting are the euro (or cent) value per hole and the number of shots each player gets off the low handicap player in the group.

### Setting the Stakes:

Suppose your group decides on €1 per hole and you have four players. Each hole/Skin is then worth €4 (€1 per person). Over 18 holes, this totals €72, or €18 per person. The maximum a player can lose is €18. To simplify, each player should contribute their €18 at the start, with one person designated to hold the total €72 pot and distribute it at the end.

### Gameplay Mechanics:

If two players tie a hole, everyone ties. For example, if Player A and Player B both make pars while Player C and Player D make bogeys on Hole 1, no one wins the Skin. It then carries over to the next hole, making the second hole worth two Skins (€8).

Skins can continue to carry over if players keep tying holes. For instance, in a game with three players, if the first seven holes are tied, the 8th hole will be worth 8 Skins (€24). The pressure builds with each carry over, giving a lesser player the chance to win a significant amount with just one hole.

Once a carry over hole is won, the next hole is worth one Skin again.

**Example Outcome:** After 18 holes, let's say the results are as follows:

<b>The Winners</b>	<b>The Payout</b>
Player A wins 10 Skins	A receives €40 (10x4=€40)
Player B wins 4 Skins.	B receives €16 (4x4=€16).
Player C wins 3 Skins.	C receives €12 (3x4=€12).
Player D wins 1 Skin.	D receives €4 (1x4=€4).

To streamline this process, it's recommended to have cash ready and put it all in the pot before starting, ensuring an easy payout at the end.

Skins is a fantastic game that adds excitement and competition to your round of golf. With these simple rules and variations, you can enjoy a thrilling and engaging experience on the course.



## Cómo Jugar a Skins: Una Guía Simple

### Objetivo:

El juego de Skins es sencillo: si tienes el puntaje más bajo en un hoyo en comparación con tu grupo, ganas un Skin. Una ronda completa consiste en 18 hoyos, por lo tanto, hay 18 Skins en juego. Las decisiones principales a tomar antes de comenzar son el valor en euros (o céntimos) por hoyo y el número de golpes que cada jugador recibe del jugador con el hándicap más bajo del grupo.

### Estableciendo las Apuestas:

Supongamos que tu grupo decide €1 por hoyo y tienes cuatro jugadores. Cada hoyo/Skin vale entonces €4 (€1 por persona). Durante 18 hoyos, esto suma €72, o €18 por persona. El máximo que un jugador puede perder es €18. Para simplificar, cada jugador debe contribuir con sus €18 al inicio, designando a una persona para mantener el total de €72 y distribuirlo al final.

### Mecánica del Juego:

Si dos jugadores empatan en un hoyo, todos empatan. Por ejemplo, si el Jugador A y el Jugador B hacen pares mientras que el Jugador C y el Jugador D hacen bogeys en el Hoyo 1, nadie gana el Skin. Este se acumula para el siguiente hoyo, haciendo que el segundo hoyo valga dos Skins (€8).

Los Skins pueden seguir acumulándose si los jugadores siguen empatando en los hoyos. Por ejemplo, en un juego con tres jugadores, si los primeros siete hoyos están empatados, el 8º hoyo valdrá 8 Skins (€24). La presión aumenta con cada acumulación, dando a un jugador menos habilidoso la oportunidad de ganar una cantidad significativa con solo un hoyo.

Una vez que un hoyo acumulado se gana, el siguiente hoyo vuelve a valer un Skin.

**Ejemplo de Resultado:** Después de 18 hoyos, supongamos que los resultados son los siguientes:

Para simplificar este proceso, se recomienda tener el dinero en efectivo listo y ponerlo todo en el bote antes de comenzar, asegurando un pago fácil al final.

Skins es un juego fantástico que añade emoción y competencia a tu ronda de golf. Con estas reglas simples y variaciones, puedes disfrutar de una experiencia emocionante y atractiva en el campo.

### Los Ganadores

Jugador A gana 10 Skins  
 Jugador B gana 4 Skins.  
 Jugador C gana 3 Skins.  
 Jugador D gana 1 Skin.

### Los Jugadoras

A recibe €40 (10x4=€40)  
 B recibe €16 (4x4=€16).  
 C recibe €12 (3x4=€12).  
 D recibe ceives €4 (1x4=€4).



# Alenda Golf Property Page ...



## More About How We Do What We Do!

With over 18 years of experience assisting clients in purchasing their dream homes, Alenda Golf Property stands out in eliminating the common uncertainties and headaches that come with buying a property.

Whether you're looking for an investment, a holiday home, or a primary residence, we ensure your new home meets all your needs and expectations.

We guide you through the essential legal procedures to complete your buying or selling process, including registering your new property and transferring utilities. Alenda Golf Property makes the entire process straightforward and secure.

Moreover, we offer financial solutions, including opening bank accounts and introducing you to banks that match your financial needs, mortgage brokers, and mortgage intermediaries.

If you need to transfer currencies for a purchase or sale, we can connect you with leaders in the foreign exchange market, offering favorable and competitive exchange rates for significant savings.

Our additional client support includes assistance with NIE applications and translation services. We don't just sell properties; we accompany you throughout the entire process. Our goal is to provide an unparalleled, comprehensive, and superior level of service. You can see what our customers say on our Alenda Golf Property website.

Should you need to purchase furniture, curtains, decor, or install lighting, we can provide you with a list of professional providers. If you are out of the country, our Project Management Service ensures that all works are completed to your satisfaction.

As dual citizens bilingual in both English and Spanish, we understand the cultures and expectations of both British and Spanish clients.

With previous experience in the City of London, including a role as a Personal Assistant to the Managing Director of Investment Banking at Morgan Stanley, we bring considerable expertise in the Spanish real estate market. This positions us uniquely to help our clients navigate any linguistic and legal challenges they may encounter in Spain.



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## ¡Más sobre cómo hacemos lo que hacemos!

Con más de 18 años de experiencia ayudando a clientes a comprar la casa de sus sueños, Alenda Golf Property se destaca por eliminar las incertidumbres y dolores de cabeza comunes que vienen con la compra de una propiedad.

Ya sea que esté buscando una inversión, una casa de vacaciones o una residencia principal, nos aseguramos de que su nuevo hogar cumpla con todas sus necesidades y expectativas.

Lo guiamos a través de los procedimientos legales esenciales para completar su proceso de compra o venta, incluyendo el registro de su nueva propiedad y la transferencia de servicios públicos. Alenda Golf Property hace que todo el proceso sea sencillo y seguro.

Además, ofrecemos soluciones financieras, incluyendo la apertura de cuentas bancarias y la presentación a bancos que se ajusten a sus necesidades financieras, así como a corredores e intermediarios hipotecarios.

Si necesita transferir divisas para una compra o venta, podemos conectarlo con líderes en el mercado de cambio de divisas, ofreciendo tipos de cambio favorables y competitivos para ahorros significativos.

Nuestro soporte adicional al cliente incluye asistencia con aplicaciones de NIE y servicios de traducción. No solo vendemos propiedades; lo acompañamos durante todo el proceso. Nuestro objetivo es proporcionar un nivel de servicio incomparable, integral y superior. Puede ver lo que dicen nuestros clientes en nuestro sitio web de Alenda Golf Property.

Si necesita comprar muebles, cortinas, decoración o instalar iluminación, podemos proporcionarle una lista de proveedores profesionales. Si está fuera del país, nuestro Servicio de Gestión de Proyectos asegura que todos los trabajos se completen a su satisfacción.

Como ciudadanos duales bilingües en inglés y español, entendemos las culturas y expectativas tanto de los clientes británicos como españoles.

Con experiencia previa en la City de Londres, incluyendo un rol como Asistente Personal del Director General de Banca de Inversión en Morgan Stanley, aportamos una considerable experiencia en el mercado inmobiliario español. Esto nos posiciona de manera única para ayudar a nuestros clientes a navegar cualquier desafío lingüístico y legal que puedan encontrar en España.

## Un Proceso Seguro y Sencillo.

## Clients Comments ...

"When we made a decision to sell our property In Alenda Golf, being based in Birmingham we were unsure of what way to proceed.

Looking online we came across **Alenda Golf Properties** and sent an email. In a very short time frame I receive a response from George and we arranged a call.

From this initial call we were so impressed with his courtesy and professionalism that we had no qualms with asking him to carry out the sale of our property for us.

When we next visited Spain we arranged to meet up and go through everything that we needed to do. On this visit we also meet Gloria and instantly felt comfortable, this visit filled us with even more confidence that we had made the right choice .

Over the following months we were kept informed of every step of our sale and we were able to submit any required paperwork as and when needed, everything was handled with professionalism and ease.

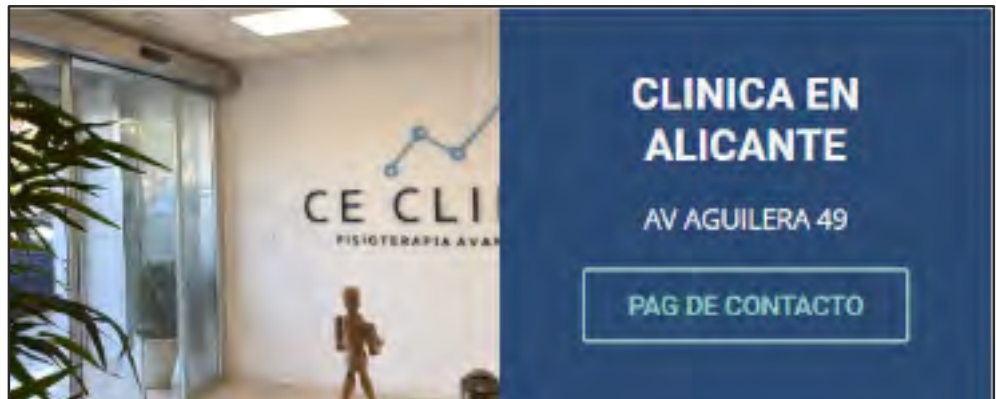
George & Gloria were both available and attentive to all our requests and issues (we had a few ) they responded quickly putting us at ease..... absolutely nothing was any bother to them.

Our selling process was ultimately smooth, efficient and fast, all down to a perfect team

If you are looking for an agent to assist with your sale, do not hesitate to contact Alenda Golf Properties, they are amazing people."

**Patricia Minnock | Birmingham | UK**

*¿Tienes  
una  
lesión de  
golf?*



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